

ARE YOU READY FOR IKM-MANNING SPORTS?

2011-2012 SPORTS PHYSICALS

www.manningclinic.com

The providers of the Manning Regional Healthcare Clinic, (Dr. Kahl, Dr. Myer, Dr. McLaws, Nancy Danner, P. A.-C., Kecia Cowden, A.R.N.P., and Ryan Sharp, P.A.) are pleased to offer special fall sports physical opportunities at the Manning Regional Healthcare Clinic located at 321 Center Street, Manning, Iowa 51455.

As in the past, we are offering two (2) options for the type of physical available for your student:

1. ROUTINE YEARLY WELLNESS EXAM- for those that have insurance coverage for annual well child exams-insurance will be filed. See “*Wellness vs. Sports Physical*” article for further details. Many policies now offer wellness benefits-so please call your insurance company to verify coverage.

2. SPORTS PHYSICAL ONLY- for those that DO NOT have insurance coverage for annual well child exams-discounted price of \$35.00, must be paid at the time of the appointment. See “*Wellness vs. Sports Physical*” article for further details.

And **RECOMMENDED CHILDHOOD IMMUNIZATIONS-** See “*Teenage Immunizations*” information regarding the Meningitis vaccine, the Adacel vaccine and the Gardasil * **New Info*** vaccine.

▶ **Advance appointments are necessary- but before you call:**

- Call your insurance for:
 1. Verification of coverage for annual wellness exams;
 2. Contract limits on wellness exams and immunizations;
 3. AND coverage for the Meningitis, Adacel and Gardasil vaccines. Codes for these immunizations are on the accompanying information sheets. PLEASE USE THOSE SO YOU GET ACCURATE INSURANCE INFORMATION!

▶ **YOU WILL BE ASKED FOR THIS INFORMATION WHEN YOU CALL FOR YOUR APPOINTMENT!**

▶ **PLEASE CALL THE OFFICE TO SCHEDULE AN APPOINTMENT FOR YOUR CHOICE OF EXAM and IMMUNIZATION NEEDS DURING REGULAR BUSINESS HOURS:** **** 8:00 a.m. to 5:00 p.m. Monday through Friday.****

▶ **What MUST be brought to the appointment or the exam will NOT be completed:**

- Physical exam form that is completed on the front side and signed on the back side by the parent;
- Signed and completely filled in “Physical Exam Options” sheet;
- Payment for co-pay or \$35.00 for sports physical;
- Urine Sample;
- Current Insurance Card.

SCHOOL IS SCHEDULED TO START THE MIDDLE OF AUGUST 2010. PHYSICALS MUST BE DONE PRIOR TO PARTICIPATION IN FOOTBALL OR VOLLEYBALL PRACTICE, SO BE SURE TO PLAN FOR YOUR PHYSICAL NOW!! A physical now is good for the entire year, so you can go out for any sport throughout the year on this physical exam.

Dr. Kahl, Dr. Myer, Dr. McLaws, Nancy Danner, P. A.-C., Kecia Cowden, A.R.N.P., and Ryan Sharp, P. A.