

YEARLY WELLNESS EXAM VS. SPORTS PHYSICAL ONLY

The healthcare providers of the Manning Family Healthcare Clinic recommend yearly wellness exams for your child.

A **YEARLY WELLNESS EXAM** includes a comprehensive exam long with teen education, self-screening instructions, a urinalysis, complete blood count and completion of the sports physical form. **For young women who need pap smears as well, please try to schedule both the pap smear and the yearly wellness exam at the same time as most insurance plans only pay for ONE yearly wellness exam in a year.** IF YEARLY WELLNESS EXAMS are covered by your insurance plan and your child has not had a wellness exam in the last year, this would be a good option for you to choose. THERE WILL BE NO DISCOUNTED FEES FOR THIS EXAM and all charges will be submitted to your insurance plan. YOU WILL BE RESPONSIBLE TO PAY YOUR CO-PAY, IF APPLICABLE, AT THE TIME OF THE SERVICE. If you are unsure what your insurance plan covers or what your co-pay is, please check with your insurance company PRIOR to choosing an option and scheduling your child's appointment. If you chose for your child to have a yearly wellness exam and DO NOT have insurance coverage for this, the entire amount will be due at the time of the exam.

We realize that not all insurance plans pay for yearly wellness exams so we offer a second option of sports physical only. This helps those with no insurance coverage or a high deductible to get a physical exam at a reduced price.

A **SPORTS PHYSICAL ONLY** allows your child to receive the sports physical exam along with testing of the urine for infection and a simple blood test for anemia. Your student should bring a urine sample when she/he comes for their physical along with payment of \$35.00. THIS WILL NOT BE SENT TO YOUR INSURANCE.