



1550 6th St.

Manning, IA, 51455

Community Health Needs Assessment Report and Implementation Strategy

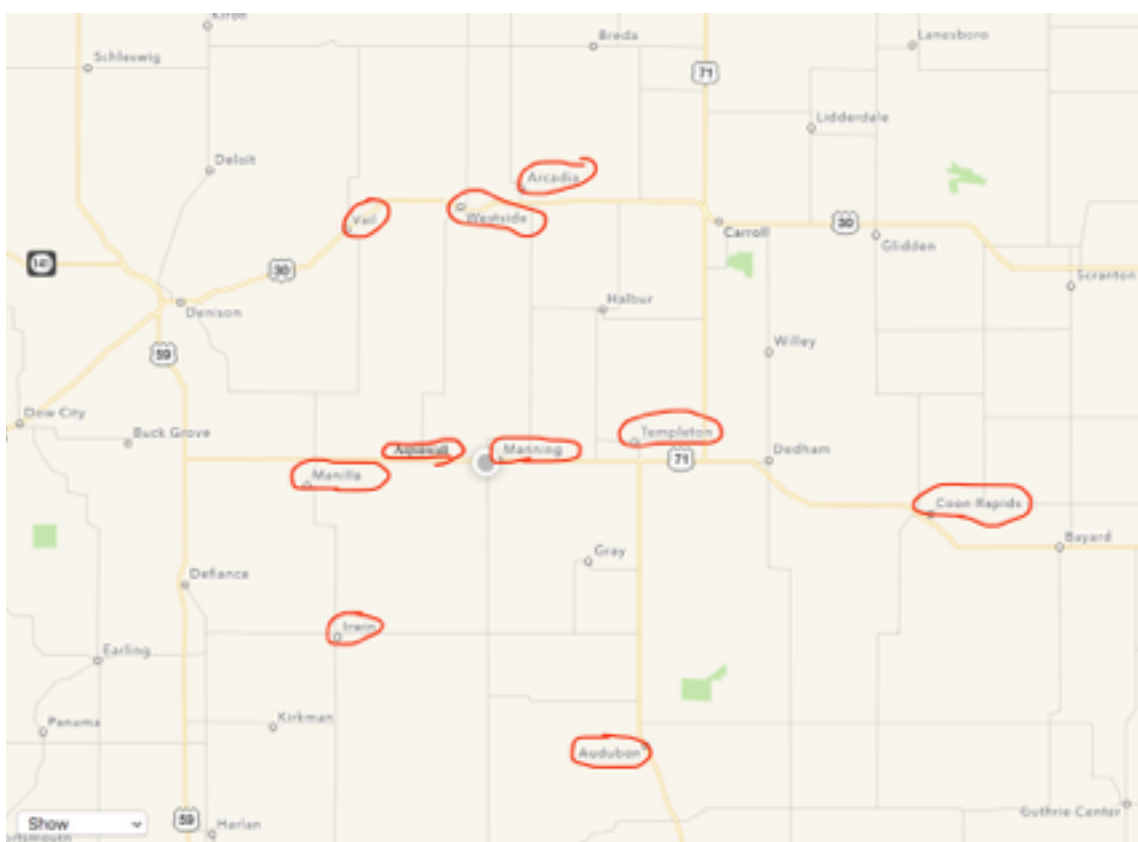
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About Manning Regional Healthcare Center (MRHC)

The Manning Regional Healthcare Center (MRHC), a non-profit hospital, is located in Manning, West central Iowa. MRHC is a four-part healthcare system consisting of a general hospital/emergency room, clinic, Manning Family Recovery Center, and Manning Plaza. Each of these parts play an important role in rural Iowa, providing health care services from medical and trauma emergencies to chronic illnesses. Manning and its neighboring, rural towns are approximately 80 miles from any major city (Omaha or Des Moines) and thus, the need for a Community Health Needs Assessment (CHNA) is important for the county, as well as surrounding communities.

MRHC Service Network



The above map is of the MRHC patient service network, including communities the survey, both paper and digital versions, was made available to. According to the US Census, the

most recent Carroll County population, in 2013, was recorded as 20,598. Crawford County's population is 17,434, last recorded in 2013. The community was determined by the MRHC network and those patients that reside in either Carroll or Crawford counties.

Code 501(c)(3) of the Internal Revenue Service

The 2013 proposed regulations provided that, to assess the health needs of its community, a hospital facility must identify the significant health needs of its community, prioritize those health needs, and identify potential measures and resources (such as programs, organizations, and facilities in the community) available to address the health needs. For these purposes, the 2013 proposed regulations stated that health needs include requisites for the improvement or maintenance of health status both in the community at large and in particular parts of the community (such as particular neighborhoods or populations experiencing health disparities). The preamble added that requisites for the improvement or maintenance of health status in a community may include improving access to care by removing financial and other barriers to care, such as a lack of information regarding sources of insurance designed to benefit vulnerable populations. Numerous commenters asked for clarification that the term "health needs" also encompasses needs in addition to access to care, such as access to proper nutrition and housing, the mitigation of social, environmental, and behavioral factors that influence health, or emergency preparedness. In response to these comments, the final regulations expand the examples of health needs that a hospital facility may consider in its CHNA to include not only the need to address financial and other barriers to care but also the need to prevent illness, to ensure adequate nutrition, or to address social, behavioral, and environmental factors that influence health in the community. The Treasury Department and the IRS note that the list of possible health needs in the final regulations is only a list of examples, and a hospital facility is not required to identify all such types of health needs in its CHNA report if all such types are not determined by the hospital facility to be significant health needs in its community.

The 2013 proposed regulations provided that a hospital facility may use any criteria to prioritize the significant health needs it identifies, including, but not limited to, the burden, scope, severity, or urgency of the health need; the estimated feasibility and effectiveness

of possible interventions; the health disparities associated with the need; or the importance the community places on addressing the need.¹

Community Health Needs Assessment (CHNA) Introduction

Per regulation, from the Internal Revenue Service (IRS), non-profit hospitals are required to conduct a service project, otherwise known as a Community Health Needs Assessment (CHNA). The assessment measures the health and well-being of the community/county through a health survey. The feedback from the health survey provides additional health services if needed, including educational events, fairs, and workshops made available to the community. An evaluation of their individual health as well as the community's and demographic information is included in the survey.

The survey was open to all residents in our health care service area, the majority being in Carroll and Crawford counties. A total of 97 surveys were completed from addresses throughout our service area. The survey itself is in Appendix B, and began December 18, 2015, and ended January 18, 2016. It was then extended until January 28, 2016.

Methods Conducting the CHNA

During late November 2015 to early December 2015, flyers were distributed to towns in surrounding counties that reached the MRHC network, informing the community of the upcoming survey (Appendix F). The survey was made public on December 18th via [surveymonkey.com](https://www.surveymonkey.com), a tool and service for creating surveys, and during that time, paper copies of the survey were also distributed. From December 18, 2015 - January 18, 2016, surveys online and paper surveys were completed. It was then extended until January 28, 2016. After the survey officially closed on January 28, feedback was reviewed and analyzed to observe trends (Appendix C). On February 10, 2016, and March 3, 2016, the first two CHNA meetings were held discussing the results of the CHNA. On March 30, 2016, a third CHNA meeting was held to identify and to prioritize significant community health needs. The implementation plan, composed of 6 goals (separated into committees) complemented with strategies on how to complete said goals, focused on: Cancer: Prostate and Breast; Wellness: Obesity and Nutrition; Wellness: Immunizations and Vaccinations; Wellness: Stroke; Safe Drinking Water; and Mental Health. From the March

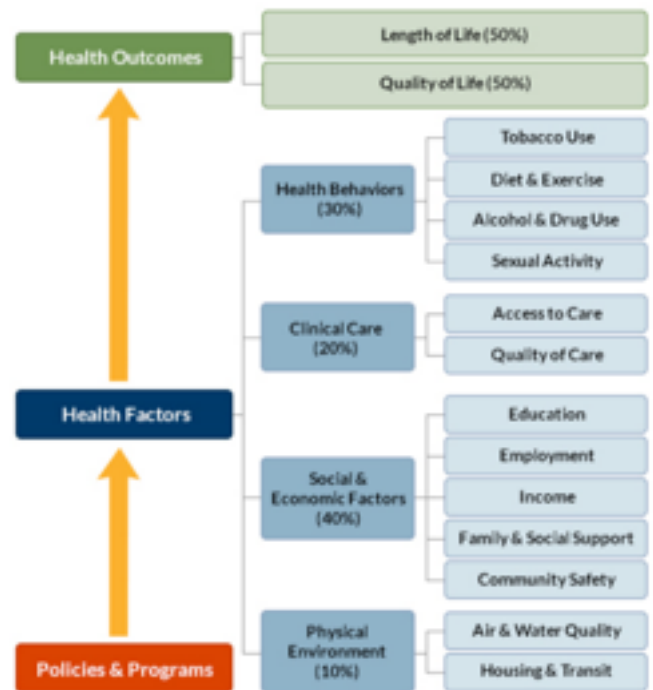
¹ <https://www.federalregister.gov/articles/2014/12/31/2014-30525/additional-requirements-for-charitable-hospitals-community-health-needs-assessments-for-charitable#h-28>

30th CHNA meeting and two to three weeks ahead, goals and strategies were finalized by the committees, giving birth to the 2016 CHNA Implementation Plan (Appendix C). The CHNA committees are led by experts in the field: Linn Block, Amy McLaughlin, John O'Brien, Michelle Andersen, Julie Hodne, and Jill Arp.

Other resources and stakeholders included local community members, Public Health, and other area non-profits, such as New Opportunities. The six committees for the CHNA collectively decided to meet quarterly, in June. Prior to the June quarterly meeting, each committee met individually at their discretion.

County Health Rankings

Displayed on the right is a graphic showing the health indicators of the 2015 County Health Rankings. These findings helped organize, along with the survey, to develop our Community Health Needs Assessment/Health Improvement Plan.



Community Health Status

The table below shows the total amount of days a patient stayed at the hospital for any inpatient service offered through MRHC. This will help us to identify access to health care and disease processes that are important for health care delivery. Charity care is the total amount of care given, measured in dollars, to patients who were unable to pay for their medical bills, otherwise known as financial assistance. This type of care is important for a community hospital and shows the demand for financial assistance.

	2013	2014	2015
Patient Days (includes OB, inpatient emergency, surgery, detox; anything overnight)	689	448	503
Charity Care	\$142,595	\$105,490	\$111,364

Below is a table showing patient discharges from area hospitals within our network including Audubon, Carroll, and Crawford Counties. Inpatient discharges (include medical, detox, pediatrics, OB and nursery, and skilled nursing care) and are separated by patient's age.

Discharge is defined as the process from admission to dismissal. This table helps us determine the access to health care to drive our Community Health Needs Assessment.

	2013 FY							2014 FY							2015 FY							Total	Total %
	<18	18-44	45-64	65-74	75+	Total	%	<18	18-44	45-64	65-74	75+	Total	%	<18	18-44	45-64	65-74	75+	Total	%		
Atlantic - Cass County Memorial Hospital	21	18	6	4	14	63	1.9%	16	19	3	5	14	57	1.7%	30	30	5	5	9	79	2.3%	199	2.0%
Audubon - Audubon Co. Memorial Hospital		4	13	22	70	109	3.2%	0	8	16	25	85	134	4.0%	1	4	25	19	115	164	4.8%	487	4.0%
Carroll - St. Anthony Regional Hospital	296	372	226	234	592	1,720	51.1%	305	361	240	225	569	1,700	51.0%	321	354	263	204	570	1,712	49.6%	5,132	50.6%
Council Bluffs - CHI Health Mercy Council Bluffs	20	30	39	37	35	161	4.8%	26	34	31	27	41	159	4.8%	26	35	44	24	24	153	4.4%	473	4.7%
Denison - Crawford County Memorial Hospital	121	97	55	57	168	498	14.8%	137	129	48	69	154	537	16.1%	131	122	69	64	177	563	16.3%	1,588	15.7%
Des Moines - Mercy Medical Center-Des Moines	23	40	76	82	93	314	9.3%	23	46	89	61	102	321	9.6%	28	44	121	60	84	337	9.6%	972	9.6%
Des Moines - UnityPoint Health - Iowa Meth	49	22	43	30	30	174	5.2%	44	24	55	19	25	167	5.0%	47	29	55	29	23	183	5.3%	824	5.2%
Harlan - Myrtue Medical Center	9	11	9	7	22	58	1.7%	14	14	5	7	14	54	1.6%	11	13	18	3	19	64	1.9%	176	1.7%
Lake City - Stewart Memorial Comm. Hospital	6	7	5	1	12	31	0.9%	9	12	9	1	9	40	1.2%	9	9	3	1	14	36	1.0%	187	1.1%
Manning - Manning Regional Healthcare Center	36	42	26	28	108	240	7.1%	21	29	22	23	68	163	4.9%	21	24	30	18	65	158	4.6%	561	5.5%
Total	581	643	498	582	1,144	3,348		595	676	518	482	1,081	3,332		625	664	633	427	1,100	3,449		10,149	
Patient Location: Audubon, Carroll, Crawford Counties																							

CHNA Survey Results

Appendix C explains the 2016 Community Health Needs Assessment survey results. 97 surveys were taken and completed. The page number matches the page number in the results, under Appendix C.

Page 2 (97 responses): Cancer (57%), mental health (48%), and heart disease and stroke (45%) were the top three in promoting healthy living

Page 3 (91 responses): When preventing injuries, 82% viewed emergency medical services as most important. 49% of takers chose fall prevention. Third was disability at 42%

Page 4 (88 responses): To prevent epidemics, immunizations and vaccinations (81%), disease control and surveillance (41%), and sexually transmitted disease prevention (28%) and education are the three most important categories for the community and county

Page 5 (85 responses): Drinking water protection (68%), food safety (45%), and healthy homes (34%) are beneficial for environmental hazard protection, according to the community's responses

Page 6 (83 responses): The bases for public health emergencies include emergency response (76%), planning (64%), and communication networks (34%). The public requests that better and more improved plans be created for planning, responding, and communicating before, during, and post emergency

Page 7 (79 responses): In order to strengthen the health infrastructure the county and community are wanting quality healthcare (61%) and better health insurance (42%)

Page 8 (76 responses): According to the survey, 55% people believe they live in a somewhat healthy community and 38% perceived it as a healthy community or town

Page 9 (76 responses): Most important for a healthy community/county are access to healthcare and other services (64%), good jobs and healthy economy (51%), and family health (41%)

Page 10 (76 responses): 55% of people believe they are healthy and 30% believe they are somewhat healthy

Page 11 (76 responses): Additional services needed in our community are Dentist/Orthodontist, after school programs, and exercise/nutrition programs. 45%, 41%, and 41%, respectively

Pages 12 & 13 (75 responses): More than half of respondents (61%) say they did not need healthcare at the time and when they did need them but didn't get the services, it was because of a long wait before their doctor's appointment (16%) and/or they could not get the appointment (11%)

Page 14 (67 responses): Most people responded they have private insurance or medicare and supplemental insurance (93%)

Page 15 (67 responses): Most (68%) can afford their medications and 17% can still afford them, but it is financially difficult

Pages 16-20 (Demographics): 23% were males and 76% were female survey takers, who were mostly all white/Caucasian (98%). One taker is Asian and the other American Indian/Alaska Native. 30% are between ages 56-65, 28% were 46-55, and 16% are 26-35. 26% of respondents are 142-162 lbs, 20% are 163-183, and 15% are 184-204. 32% have a household income of 50,000-75,000, 21% 100,000 or more, and 20% of 75,000-100,000

The 2016 CHNA Implementation Plan, comprised of the committee goals and the associated strategies are in Appendix D

Based on the feedback from the survey, committees were created: Cancer: Prostate and Breast, Wellness: Obesity and Nutrition, Wellness: Immunizations/Vaccinations, Wellness: Stroke, Safe Drinking Water, and Mental Health. Underneath each committee lies a set goal with strategies so the goal is successful.

The findings from the survey related to emergency service, response, and planning were found to be in the top percentages for the community under headings Preventing Injuries and Prepare for, Respond to, and Recover from Public Health Emergencies. However, the Emergency Management System of Carroll County has been proactive in promoting education and increasing communication networks, thus MRHC will not be addressing those needs at this time.

The first two meetings were in February and March 2016. The third CHNA meeting included breaking off into committees and evaluating each goal and its strategies. Afterward, each committee met on their own time, individually, and sent their meeting minutes and changes to their plan. Based on the community's feedback, Crawford County and Carroll County, 2016 CHNA focuses on educating the community and county about the available resources as well as continue with past efforts, from the 2013 CHNA, encouraging community members to focus on their well-being and nutrition, regularly seeing their physician, and taking necessary action (treatment and remedies) for their health. Once the survey completed, the AmeriCorps member assigned to this project analyzed the results, read through comments, and observed trends.

Grant Funded Service Work through AmeriCorps

Drake University in Des Moines, IA has partnered with the Healthiest State Initiative to have AmeriCorps, a national service organization that helps communities throughout the United States, non-profit organizations, and local governments in various fields, from trail maintenance in a national park to mentoring children and teenagers. This particular program employed someone for a year at Manning Regional Healthcare Center (MRHC) in Manning, IA to conduct the counties' Community Health Needs Assessment from survey publishing, result analysis and review, plan implementation, report writing; following the first year of the CHNA process. This current individual stationed at MRHC has no affiliation with the health care center itself.

MRHC applied through the Iowa Commission on Volunteer Service to be a host site to station the AmeriCorps member for the Iowa Community Health AmeriCorps Program (ICHAP). The Iowa Commission on Volunteer Service's supervisor is the Corporation for National and Community Service. One of their programs is AmeriCorps.

Carroll County and Crawford County Cultural Differences

Ethnicity/Race	Crawford	Carroll
Caucasian	92%	97%
Black or African American	2.6%	1%
Native American Indian or Alaska Native	1.4%	0.3%
Asian	2.1%	0.5%
Hispanic or Latino	27.4	2.3%
Total 2015 Populations	17,094	20,498

Source: US Census, 2015

CHNA Stakeholders

There are several parties involved on the Community Health Needs Assessment.

- Hospital staff at the Manning Regional Healthcare Center
- Community members of the Manning Chamber of Commerce,
- Manning Town Council: Beth Swearingen, Cory Arp, and Dawn Rohe
- Manning Rotary Club: Kevin Boyle
- Carroll County Wellness Coalition: Laura Shaefer

- Small Business Owners in the community
- New Opportunities
- Carroll County Public Health
- Carroll Area Nursing Service
- Manning Food Pantry
- Crawford County Memorial Hospital: Don Luensmann
- Main Street Manning: Ron Reischl

Having several parties involved assists with such projects like this because various parties are able to tap into different resources and contacts, which then moves the project along faster and makes this a smoother process. Additionally, the different parties allows us to bring contrasting perspectives and ideas to discussions and meetings. This makes more interesting and productive interactions. All of these non-profits and resources are available to the public for assistance in their own health, well-being, and education. Most residents in the rural towns around Manning, including Manning itself, are unaware of the resources available to them, which makes education and encouragement to use these resources important.

Committee Meeting Minutes

In Appendix D are each of the committees meeting minutes, organized by committee and meeting date. Each individual committee met every two months. All six committees met for the quarterly meetings to follow-up with goal and strategy fulfillment, strategies that are being worked on presently, and those that have been completed.

Summary and Concluding Statements

The Community Health Needs Assessment (CHNA) is beneficial to rural communities and is not intended to stop after the three years; it's sole purpose is to grow and develop and optimally have varying goals and strategies from one CHNA to the next, focusing on the public's feedback regarding their health and health care. The CHNA is directly related, however, on how hospitals operate: focusing on the patient and majority, providing services for those who need it. Everyone, regardless of financial status, ethnicity, race, background, or orientation, deserves quality medical care because the intended purpose for medical care is to preserve life, encourage wellness, and provide education for the public. This is what Community Health Needs Assessment does. It takes what the majority feels and transforms those feelings and experiences, both past and present, into action

through education, programs, fairs, remedies the public can use at their leisure, and the extensive treatments MRHC can provide.

The CHNA advocates for preventative care and “pushes down” the sick care principle. The preventative care principle advocates for preventing possible diseases, conditions, or the common cold/flu and is becoming more widely used, saving on healthcare costs for both the patient and the facility. As always, the assessment is continuously developing, from one to the next, and from that, the hospital can bring various services, education and outreach programs, and remedies to help the public become more involved in their own health care and well-being. The implementation plan has been revised and will be continuously re-examined so all strategies are met or exceeded. Attached to this report are available resources for anyone’s use focusing on significant health needs (an extension from the 2016 CHNA), including mental health, counseling, other health care services, education, county public health departments, crises centers, day care centers, job corps, and much more. These are also separated by county. There is one for Carroll County and another for Crawford County.



Community Health Needs Assessment 2016

Deadline: 18 January 2016

Every three years, the Internal Revenue Service (IRS) requires non-profit organizations, including hospitals, to conduct a Community Health Needs Assessment, which analyzes the overall health of the surrounding community through a health survey. Our goal with this survey is to measure the health of our community and county, continue developing the assessment, and continue educating you, the public. Some of the questions presented will seem personal, but please keep in mind that we are conducting this survey purely in a professional manner so that we can better help the community and county regarding health and wellness, and that all results will be kept confidential by individuals not affiliated with this project. Please take your time to effectively complete this survey so that we can help serve your health needs better. The better the answers, the more we can do for you. If necessary, you are able to go back and change/edit or add to your responses. The survey will primarily be published online but there will be a paper version as well for convenience in Vail, Westside, Arcadia, Manilla, Aspinwall, Manning, Templeton, Dedham, Irwin, and Audubon. Thank you; your participation helps us tremendously.

Please go to www.mrhcia.com or www.surveymonkey.com/r/Community_Health_Needs_Assessment_MRHC2015 to access the survey or, if you prefer, a paper version is accessible below.

SURVEY IS DUE 18 JANUARY 2016!!



Appendix B

2015 Community Health Needs Assessment

Manning Regional Healthcare Center

Community Health Needs Assessment Introduction

Important information: Please read!

Every three years, the Internal Revenue Service (IRS) requires non-profit organizations, including hospitals, to conduct a Community Health Needs Assessment, which analyzes the overall health of the surrounding community through a health survey. Our goal with this survey is to measure our community's health as well as continue developing the assessment and continue educating you, the public. Some of the questions presented will seem personal, but please keep in mind that we are conducting this survey purely in a professional manner so that we can better help the community and county and that all results will be kept confidential by individuals not affiliated with this project. Please take your time to effectively complete this survey so that we can help serve your health needs better. The better the answers, the more we can do for you. If necessary, you are able to go back and change/edit or add to your responses. Thank you; your participation helps us tremendously.

1. If you understand the above, go to the next screen. If you do not understand or you have questions or other inquiries regarding this survey, contact Justin Abrams or Julie Hodne at 712.655.2072



**MANNING REGIONAL
HEALTHCARE CENTER**

Your Trusted Experts Close To Home

2015 Community Health Needs Assessment

Manning Regional Healthcare Center

1. Promoting Health Living

Includes such health services as the prevention and treatment of addictive behaviours (tobacco, drugs, alcohol, other drugs, gambling) and chronic disease (mental health, heart disease and stroke, cancer, asthma, diabetes, arthritis, etc.); elderly wellness; family planning; infant, child and family health; nutrition; oral health; physical activity; and pregnancy and birth

* 2. How important are these services to you?

☐

Very Important

☐

Important

☐

Not Important

* 3. If you answered important or higher, which 3-5 services do you think should be considered a priority?

☐

Tobacco

☐

Asthma or Respiratory disease

☐

Nutrition

☐

Alcohol and Other Drugs

☐

Diabetes

☐

Oral Health

☐

Gambling

☐

Arthritis

☐

Physical Activity

☐

Mental Health

☐

Elderly Wellness

☐

Pregnancy and Birth

☐

Heart Disease and Stroke

☐

Family Planning

☐

Obesity

☐

Cancer

☐

Infant, Child, and Family Health

☐

Prescription Drugs

☐

Other (please specify)

* 4. Of those you chose above, please explain why you selected the above options? What is your relation with the choices you selected?



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2015 Community Health Needs Assessment

Manning Regional Healthcare Center

2. Preventing Injuries

Includes such services as brain injury prevention, disability, Emergency Medical Services, intentional injuries (violent and abusive behavior, suicide), occupational health and safety, and unintentional injuries (motor vehicle crashes, falls, poisoning, drowning, etc.)

* 5. How important are these services to you?

☐

Very Important

☐

Important

☐

Not Important

* 6. If you answered important or higher, which 3-4 services do you think should be considered a priority?

☐

Brain Injury

☐

Suicide

☐

Poisoning

☐

Disability

☐

Occupational Health and Safety

☐

Drowning

☐

Emergency Medical Services

☐

Motor Vehicle Crashes

☐

Violent and Abusive Behavior

☐

Falls

☐

Other (please specify)

* 7. Of those you chose above, please explain why you selected the above options? What is your relation with the choices you selected?



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2015 Community Health Needs Assessment

Manning Regional Healthcare Center

3. Preventing Epidemics

Includes such services as child and adult immunizations/vaccinations and surveillance and control of infectious diseases including: HIV/AIDS, influenza, sexually transmitted diseases, tuberculosis (TB) and other reportable diseases

* 8. How important are these services?

☐

Very Important

☐

Important

☐

Not Important

* 9. If you answered important or higher, which 1-2 services should be considered a priority?

☐

Disease Investigation

☐

Sexually Transmitted Disease

☐

Disease Control and Surveillance

☐

Tuberculosis (TB)

☐

HIV/AIDS

☐

Immunizations/Vaccinations

☐

Other (please specify)

10. Of those you chose above, please explain why you selected the above options? What is your relation with the choices you selected?



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2015 Community Health Needs Assessment

Manning Regional Healthcare Center

4. Protecting Against Environmental hazards

Includes such concerns as drinking water protection, food safety, food waste, hazardous materials, hazardous waste, healthy homes, lead poisoning, nuisances such as noise and litter, onsite wastewater systems, radon, radiological health, soil erosion, and vector (disease-carrying animals and insects) control

* 11. How important are these services?

☐

Very Important

☐

Important

☐

Not Important

* 12. If you answered important or higher, which 1-3 services should be considered a priority?

☐

Drinking Water Protection

☐

Hazardous Waste

☐

Vector (disease-carrying animals and insects) Control

☐

Food Safety

☐

Healthy Homes

☐

Radiological Health

☐

Food Waste

☐

Lead Poisoning

☐

Soil Erosion

☐

Hazardous Materials

☐

Radon

☐

Carbon Monoxide

☐

Other (please specify)

* 13. Of those you chose above, please explain why you selected the above options? What is your relation with the choices you selected?



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2015 Community Health Needs Assessment

Manning Regional Healthcare Center

5. Prepare for, Respond to and Recover from Public Health Emergencies

Includes such concerns as communication networks, emergency planning, emergency response, individual preparedness, recovery planning, risk communication (communication before, during, and after a crisis), and surge capacity (the capacity to continue normal duties during emergencies)

* 14. How important are these services?

☐

Very Important

☐

Important

☐

Not Important

* 15. If you answered important or higher, which 1-3 services should be considered a priority?

☐

Communication Networks

☐

Risk Communication (communication before, during, and after a crisis)

☐

Emergency Planning

☐

Surge Capacity (the capacity to handle an emergency along with regular services)

☐

Emergency Response

☐

Recovery Planning

☐

Individual Preparedness

☐

Other (please specify)

* 16. Of those you chose above, please explain why you selected the above options? What is your relation with the choices you selected?



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2015 Community Health Needs Assessment

Manning Regional Healthcare Center

6. Strengthen the Health Infrastructure

(the framework to support being healthy): includes topics such as access to quality health services, community engagement, evaluation, food security, food systems, food and nutrition assistance programs such as SNAP and WIC, health facilities, health insurance, medical care, organizational capacity, planning, quality improvement, social determinants (e.g. education and poverty levels), transportation, and workforce (e.g., primary care, dental, mental health, public health), workforce development, and an equal opportunity to live a long, health life regardless of income, education of ethnic background

* 17. How important are these services?

☐

Very Important

☐

Important

☐

Not Important

* 18. If you answered important or higher, which 1-4 services should be considered a priority?

☐

Access to quality health services

☐

Food and Nutrition Assistance (SNAP, WIC)

☐

Transportation

☐

Community Engagement

☐

Health Facilities

☐

Workforce Development

☐

Evaluation

☐

Equal Opportunity

☐

Workforce (such as primary care, dental, mental health, public health)

☐

Food Security

☐

Health Insurance

☐

Education

☐

Food Systems

☐

Medical Care

☐

Poverty Levels

☐

Other (please specify)

* 19. Of those you chose above, please explain why you selected the above options? What is your relation with the choices you selected?



**MANNING REGIONAL
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Your Trusted Experts Close To Home

2015 Community Health Needs Assessment

Manning Regional Healthcare Center

Opinion on Community/County Health

- * 20. What would a healthier community/county look like? Think of words, phrases, or principles you or someone you know follows.

- * 21. What do you see as barriers to prevent your community/county from becoming healthier? What does an unhealthy county look like?

- * 22. How would you rate the health of the community/county you are living in?

- | | |
|--|--------------------------------------|
| <input type="radio"/> Very healthy | <input type="radio"/> Unhealthy |
| <input type="radio"/> Healthy | <input type="radio"/> Very unhealthy |
| <input type="radio"/> Somewhat healthy | |

* 23. Select up to 4 items that you believe are most important for a healthy community/county.

- | | | |
|---|---|---|
| <input type="checkbox"/> Access to health care and other services | <input type="checkbox"/> Low level of domestic violence | <input type="checkbox"/> Good jobs and healthy economy |
| <input type="checkbox"/> Low crime/safe neighborhoods | <input type="checkbox"/> Clean environment | <input type="checkbox"/> Strong family life |
| <input type="checkbox"/> Affordable housing | <input type="checkbox"/> Parks and recreation | <input type="checkbox"/> Good schools |
| <input type="checkbox"/> Low death and disease rates | <input type="checkbox"/> Community involvement | <input type="checkbox"/> Tolerance for diversity |
| <input type="checkbox"/> Art and cultural events | <input type="checkbox"/> Religious or spiritual values | <input type="checkbox"/> Healthy behaviors and lifestyles |
| <input type="checkbox"/> Other (please specify) | | |

* 24. How would you rate your own personal health? (Consider your nutrition/food intake, activity level, sleep cycle, day-to-day feeling, and/or if you are experiencing any medical conditions, diseases, or illnesses)

- | | |
|--|--------------------------------------|
| <input type="radio"/> Very healthy | <input type="radio"/> Unhealthy |
| <input type="radio"/> Healthy | <input type="radio"/> Very unhealthy |
| <input type="radio"/> Somewhat healthy | |

Any medical conditions, diseases, or illnesses? If so, explain treatments/remedies taken. If not, write NA.



**MANNING REGIONAL
HEALTHCARE CENTER**

Your Trusted Experts Close To Home

2015 Community Health Needs Assessment

Manning Regional Healthcare Center

Health Care Services

* 25. In your opinion, what 3-5 additional health services are needed in our community/county?

- | | | |
|--|--|--|
| <input type="checkbox"/> Additional child/adult day care | <input type="checkbox"/> Senior retirement housing | <input type="checkbox"/> Cardiac Rehabilitation |
| <input type="checkbox"/> HeadStart | <input type="checkbox"/> Clubs/leagues | <input type="checkbox"/> Urgent care clinic |
| <input type="checkbox"/> Psychiatrist | <input type="checkbox"/> Pastoral counselor | <input type="checkbox"/> More Cancer treatment |
| <input type="checkbox"/> Assisted living facility | <input type="checkbox"/> Social Worker | <input type="checkbox"/> Immunization Clinics |
| <input type="checkbox"/> Mental health services | <input type="checkbox"/> Exercise/nutrition programs | <input type="checkbox"/> Homeopathic services |
| <input type="checkbox"/> Psychologist | <input type="checkbox"/> Pediatrician | <input type="checkbox"/> More specialists (please specify which one/s) |
| <input type="checkbox"/> After school programs | <input type="checkbox"/> Substance Abuse counselor | |
| <input type="checkbox"/> Marriage and Family therapist | <input type="checkbox"/> Dentists /orthodontist | |

Specialists or Other

* 26. In the past 3 years, was there a time when you or a member of your household thought you needed health care services but did not get or delayed getting the necessary medical services?

- ☐ Yes
- ☐ No (Skip to question 30)
- ☐ If yes, describe the health care services you thought were needed. If no, skip to question 27

* 27. If yes, what were the 1 or 2 most important reasons on why you did not receive health care?

- | | | |
|--|--|--|
| <input type="checkbox"/> Could not get an appointment | <input type="checkbox"/> Needed a Mental Health Provider | <input type="checkbox"/> Unsure if services were covered |
| <input type="checkbox"/> It cost too much | <input type="checkbox"/> Wanted a Medical Doctor | <input type="checkbox"/> No insurance |
| <input type="checkbox"/> Office wasn't open | <input type="checkbox"/> Didn't know where to go | <input type="checkbox"/> No one to care for children |
| <input type="checkbox"/> Too long to wait for an appointment | <input type="checkbox"/> Language barrier | <input type="checkbox"/> Afraid or anxious |
| <input type="checkbox"/> Could not get off work | <input type="checkbox"/> It was too far to go | |
| <input type="checkbox"/> Transportation issues | <input type="checkbox"/> Don't like doctors | |
| <input type="checkbox"/> Other (please specify) | | |



**MANNING REGIONAL
HEALTHCARE CENTER**

Your Trusted Experts Close To Home

2015 Community Health Needs Assessment

Manning Regional Healthcare Center

Insurance & Prescriptions

* 28. What is your healthcare insurance status?

- | | |
|---|---|
| <input type="radio"/> Private insurance | <input type="radio"/> Medicare and Medicaid |
| <input type="radio"/> Medicare and supplemental insurance | <input type="radio"/> Medicaid only |
| <input type="radio"/> Medicare only | <input type="radio"/> No insurance |

* 29. If you do NOT have medical insurance, why? (Select the most applicable)

- | | |
|--|---|
| <input type="radio"/> Not applicable, I have medical insurance | <input type="radio"/> Cannot afford to pay for medical insurance |
| <input type="radio"/> Choose not to get medical insurance | <input type="radio"/> Can't get medical insurance due to medical issues |
| <input type="radio"/> Other (please specify) | |

* 30. Are you able to afford prescription medications if you need them?

- | | |
|---|---|
| <input type="radio"/> I do not require prescription medications at this time | <input type="radio"/> No, I cannot afford medications despite having insurance |
| <input type="radio"/> Yes, I can afford my medications with insurance | <input type="radio"/> No, I cannot afford medications because I do not have insurance |
| <input type="radio"/> Yes, I can afford my medications with insurance, but it is a financial hardship | |
| <input type="radio"/> Other (please specify) | |



**MANNING REGIONAL
HEALTHCARE CENTER**

Your Trusted Experts Close To Home

2015 Community Health Needs Assessment

Manning Regional Healthcare Center

Demographics

* 31. What is your zip code?

* 32. What is your gender?

☐ Male

☐ Female

* 33. What is your race?

☐ White

☐ American Indian or Alaska Native

☐ Hispanic or Latino

☐ Black or African American

☐ Asian

☐ Other (please specify)

* 34. What is your age range?

☐ 18-25

☐ 56-65

☐ 26-35

☐ 66-75

☐ 36-45

☐ 76-85

☐ 46-55

☐ 86 +

2016 Community Health Needs Assessment Survey Results

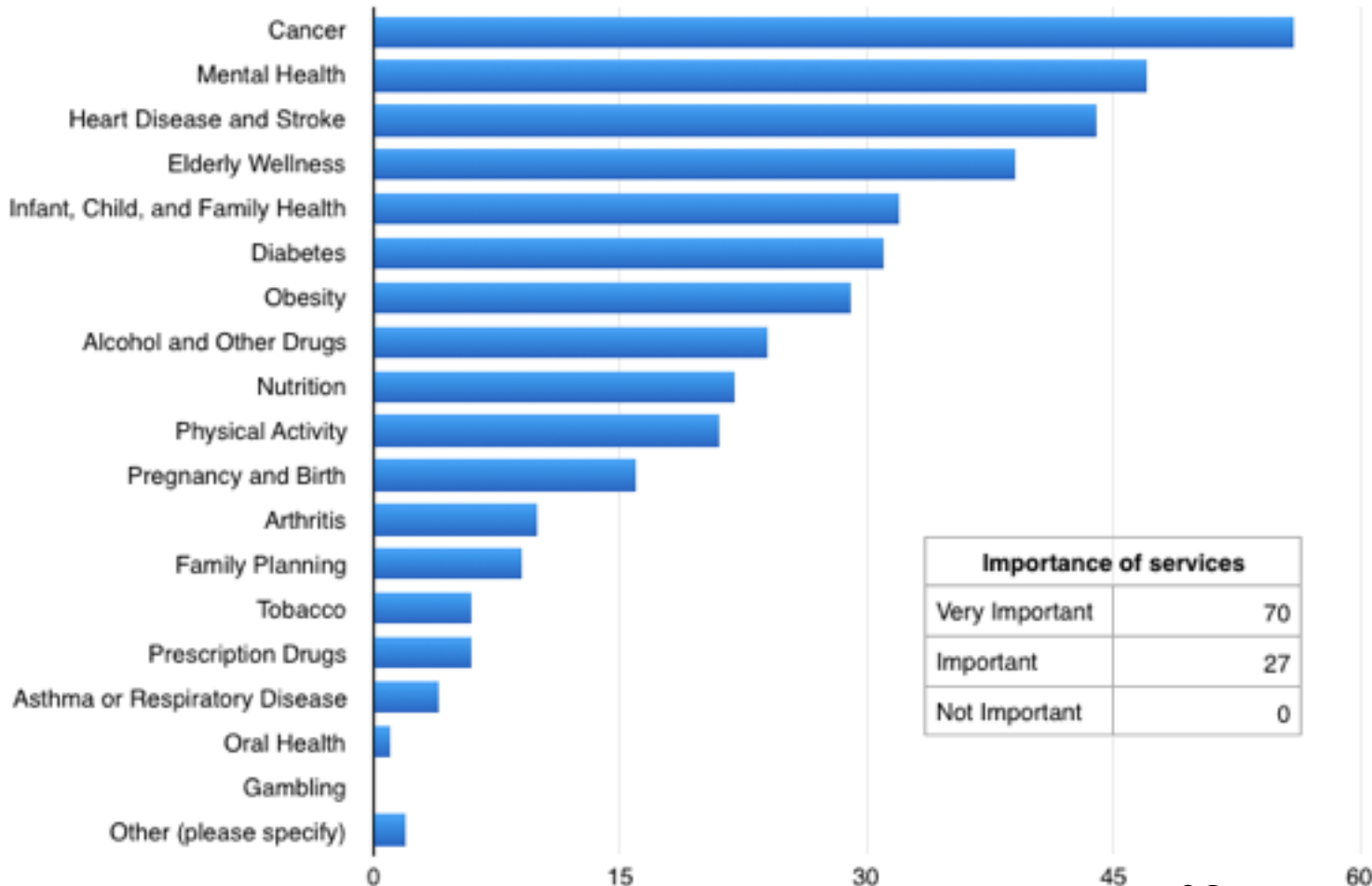
Justin Abrams, CHNA Liaison and
Coordinator



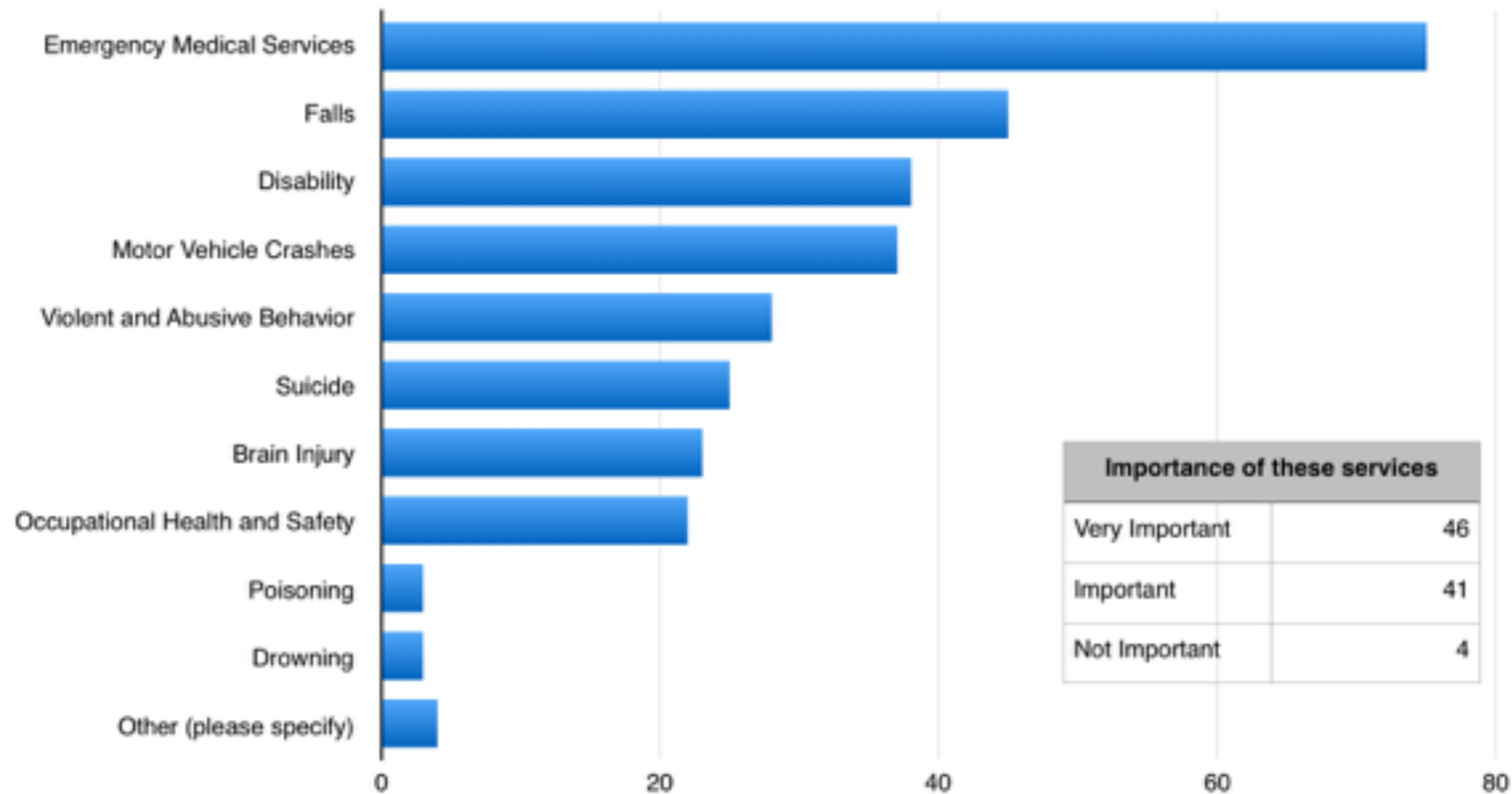
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Promoting Healthy Living



Preventing Injuries

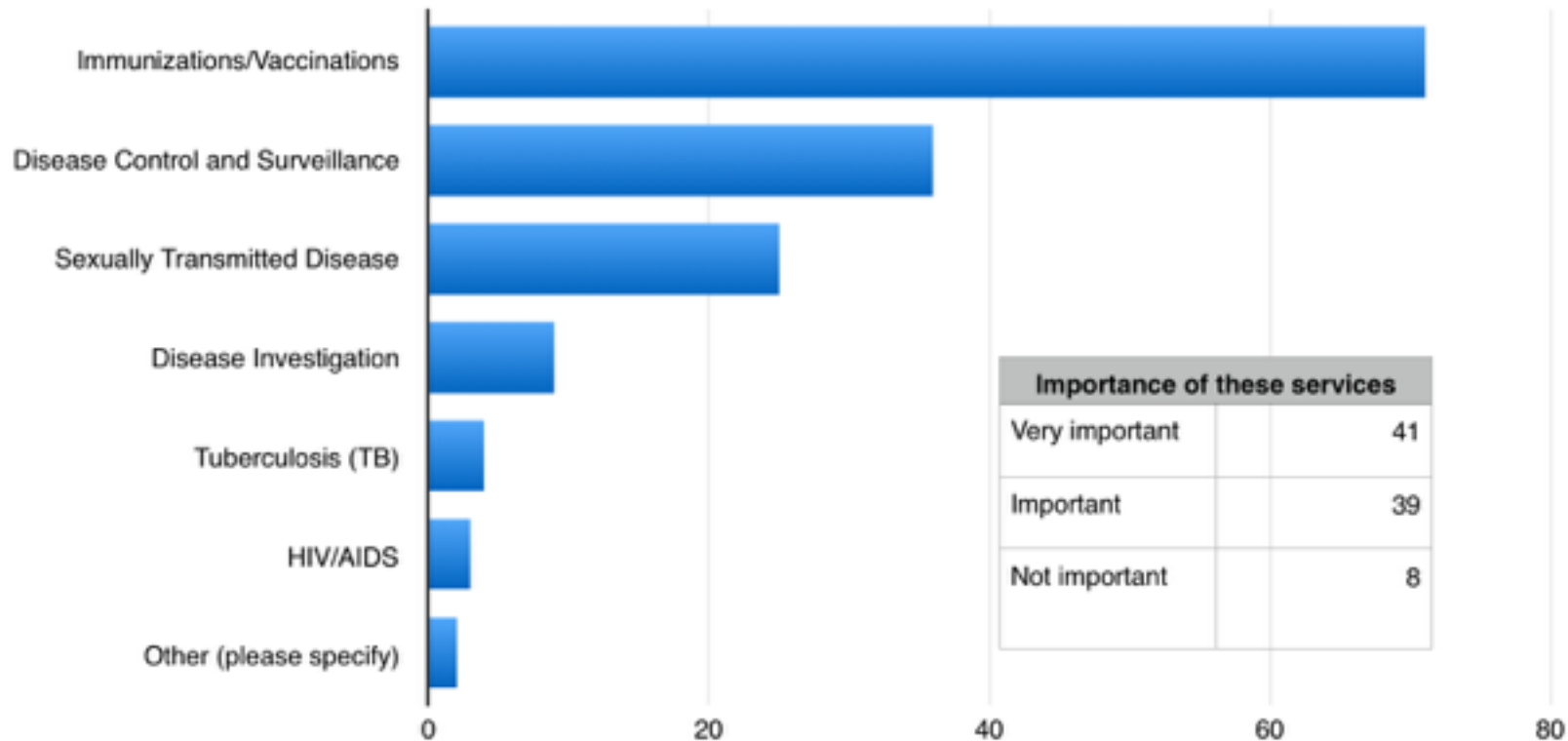


Importance of these services	
Very Important	46
Important	41
Not Important	4

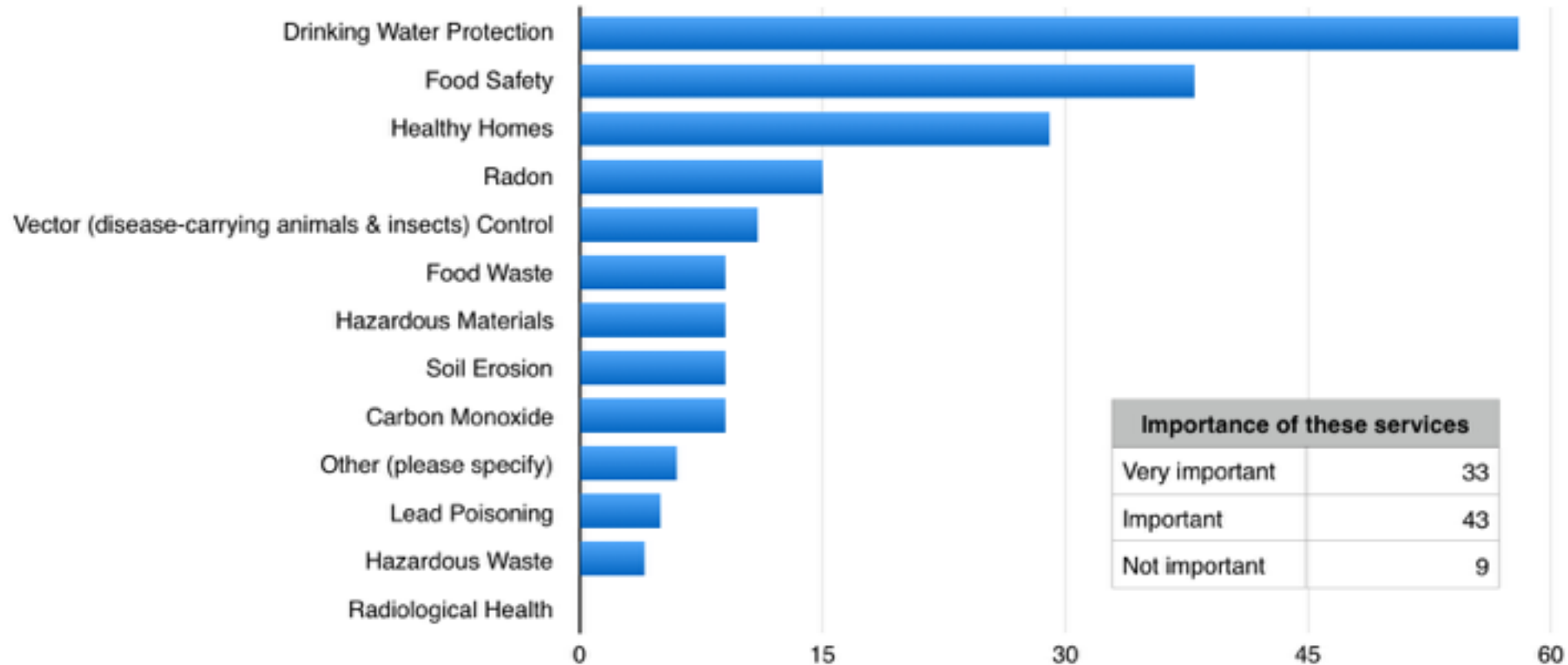


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Preventing Epidemics

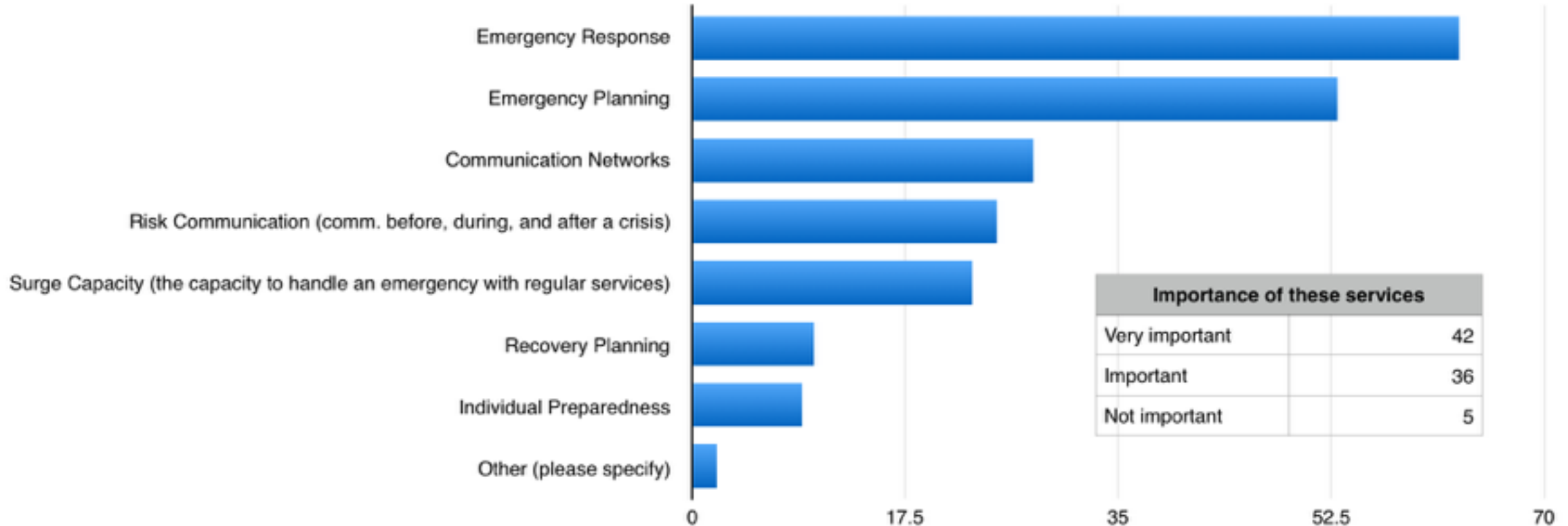


Protecting Against Environmental Hazards



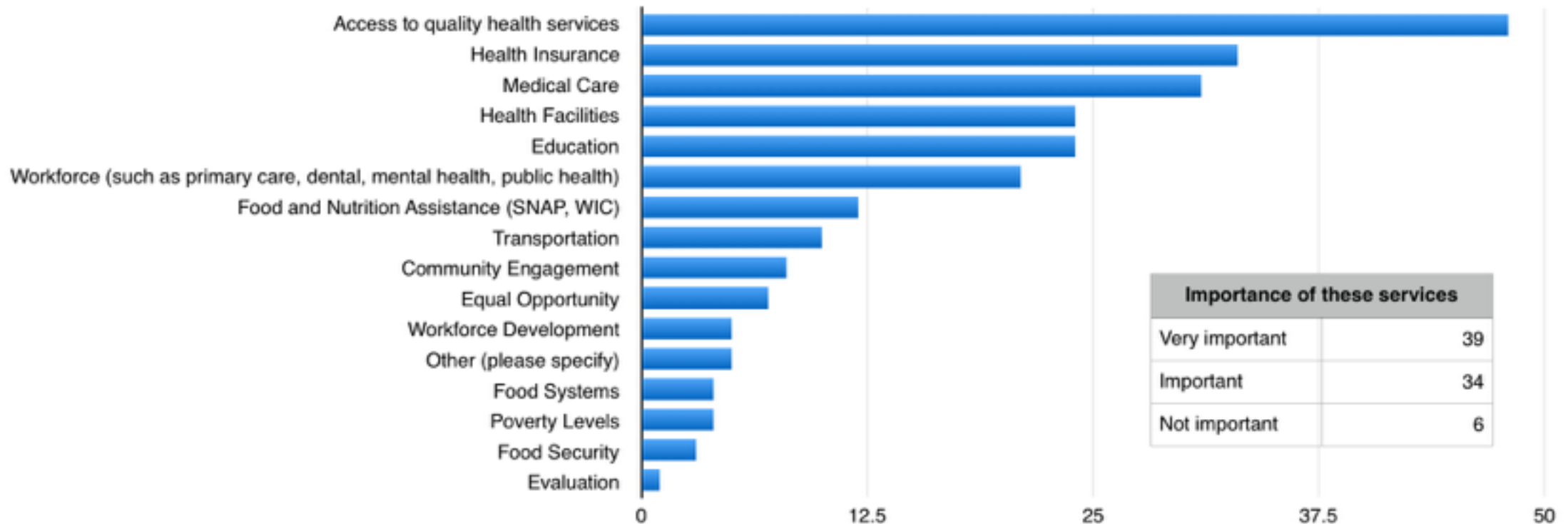
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Prepare for, Respond to and Recover from Public Health Emergencies



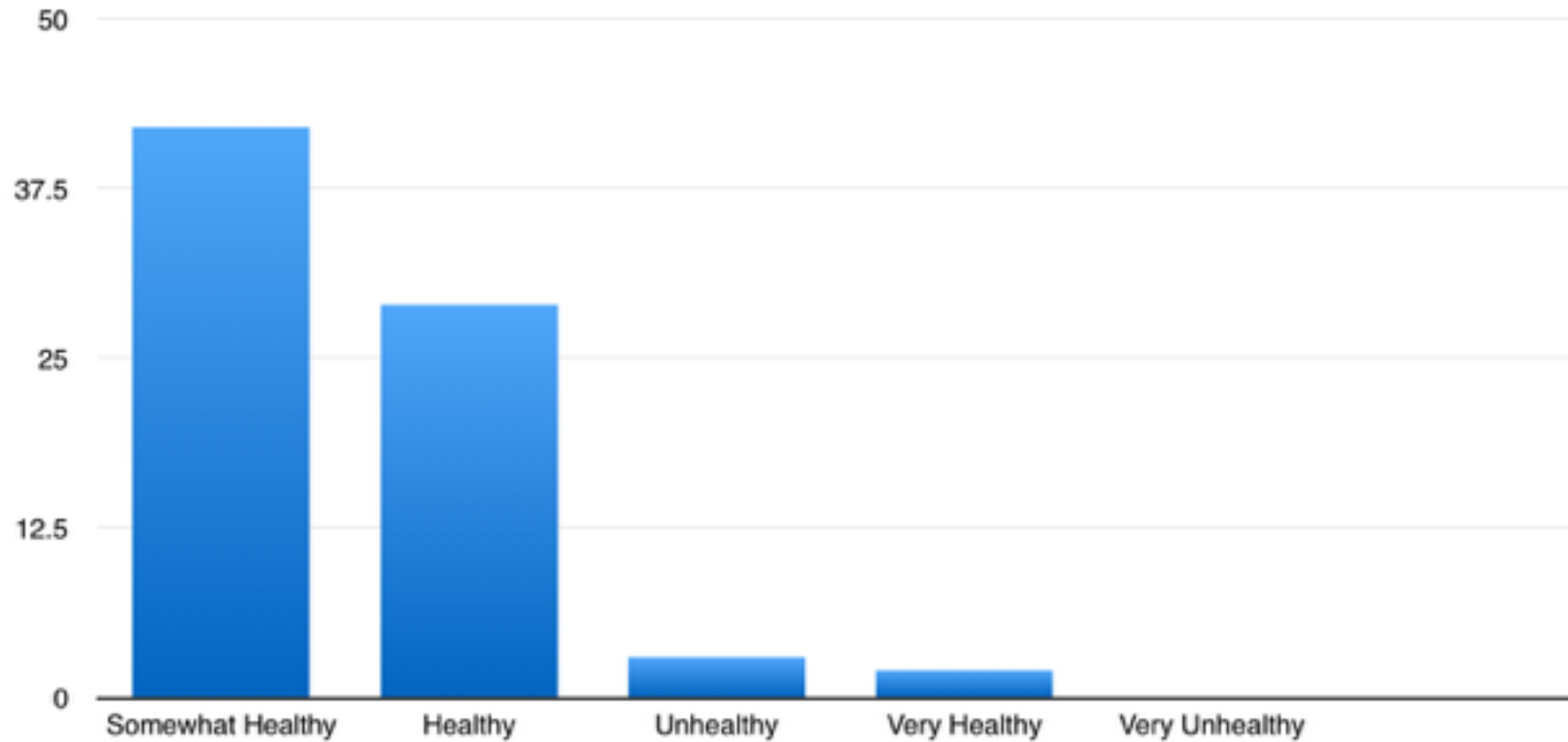
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Strengthen the Health Infrastructure

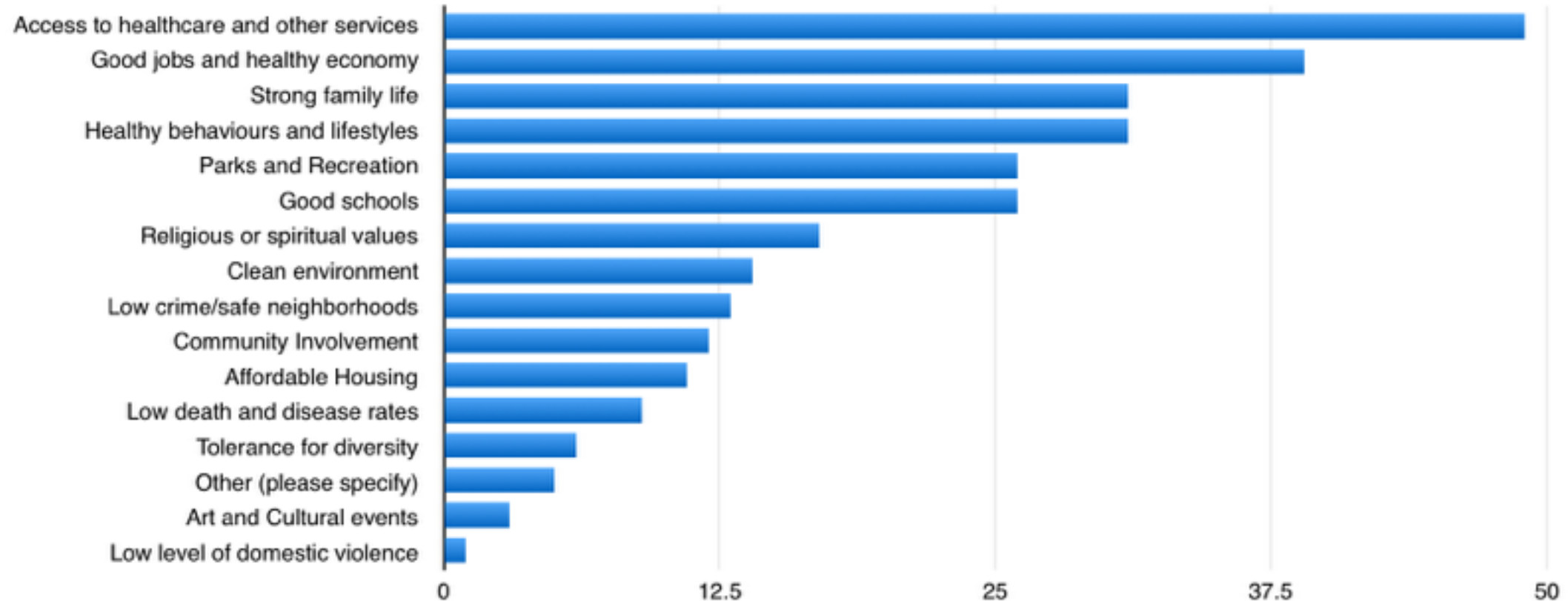


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Health of the Resident's Community or Town

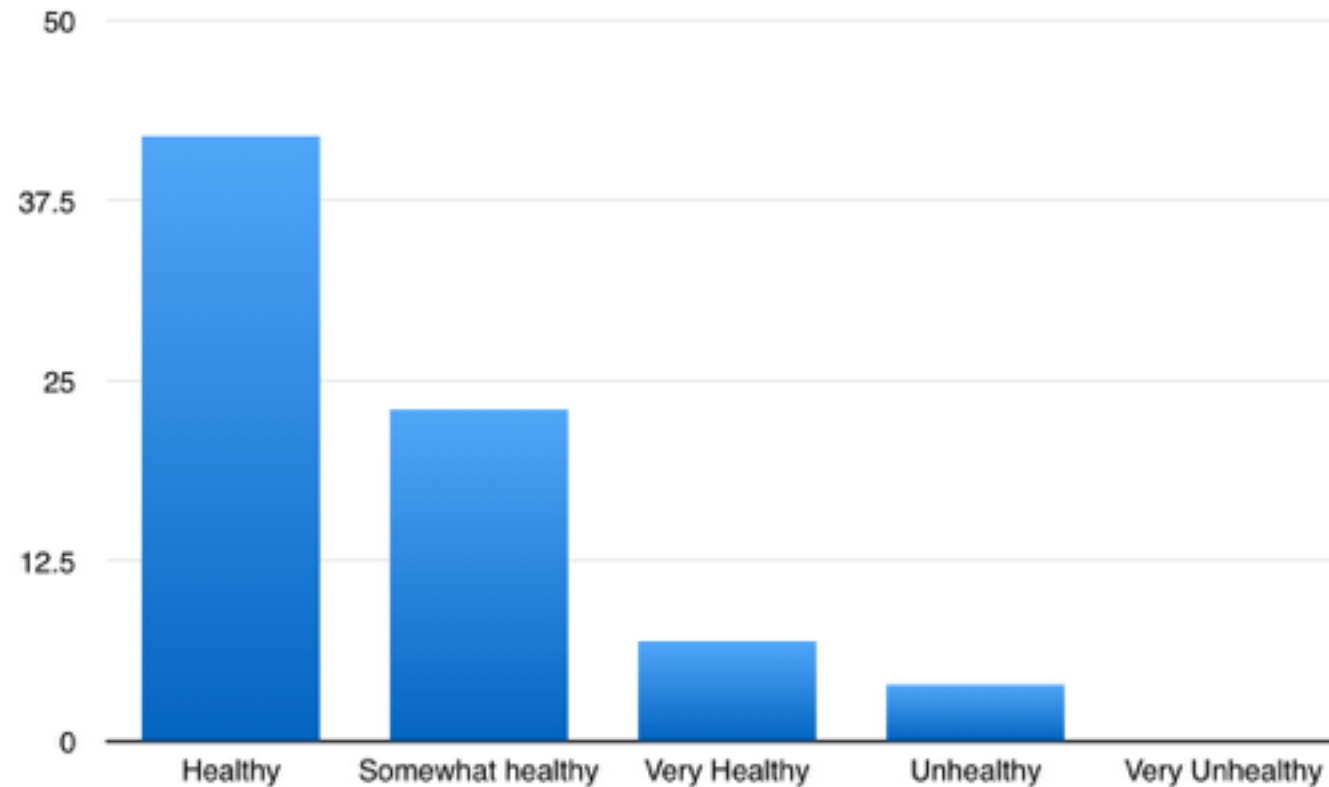


Items Public Believe to be Most Important for a Healthy Community/County

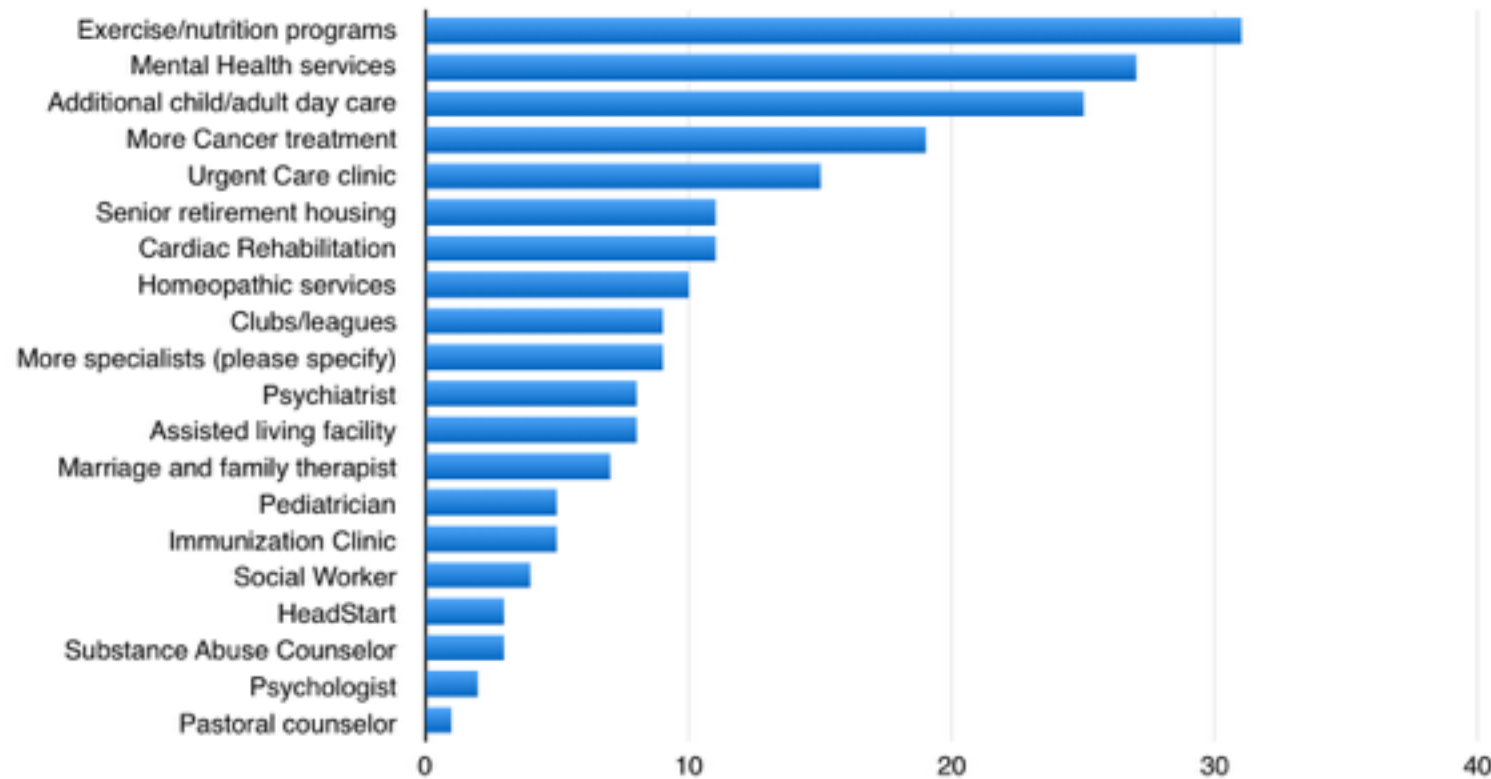


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Personal Individual Health Rating

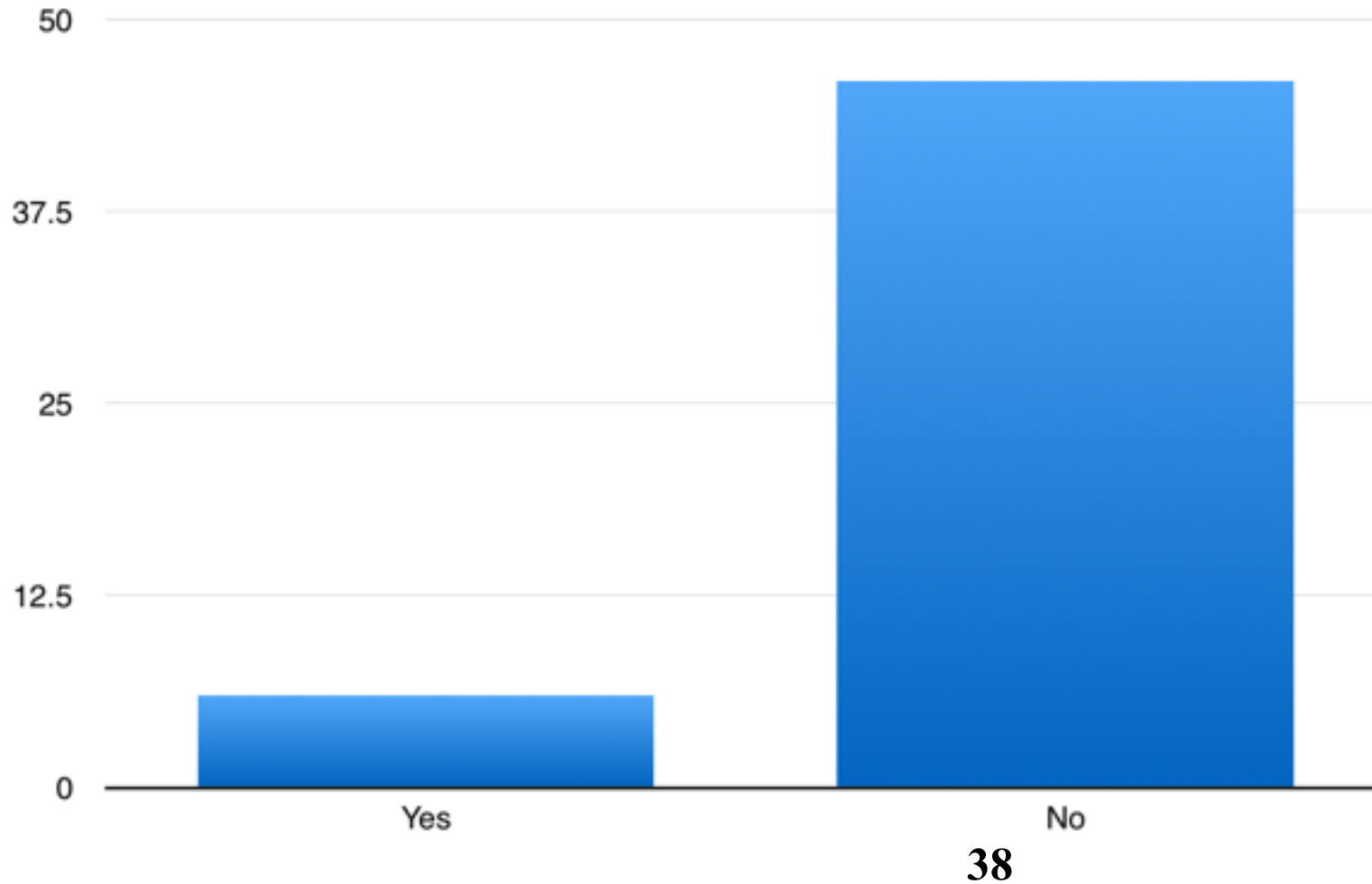


Additional Services Needed in Our Community/ County



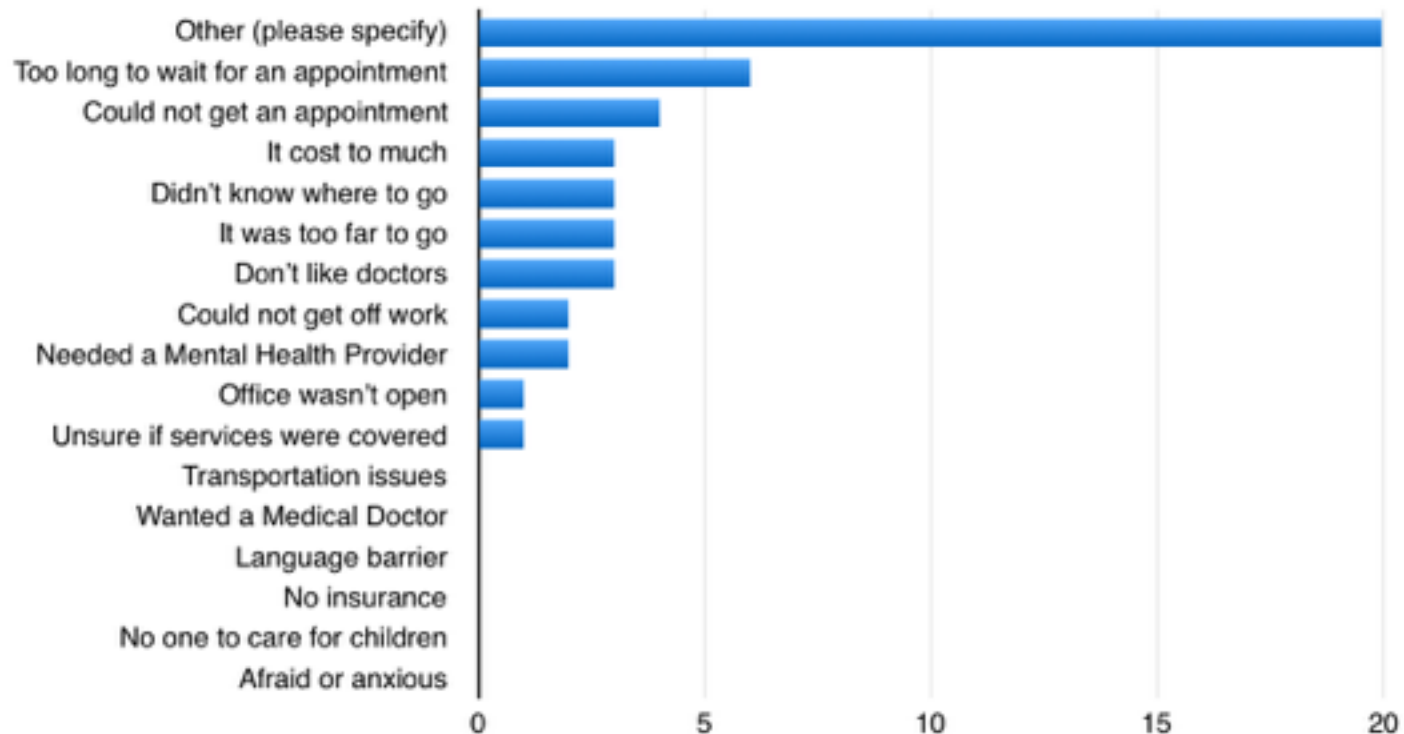
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Thought You Needed Healthcare But Did Not Get



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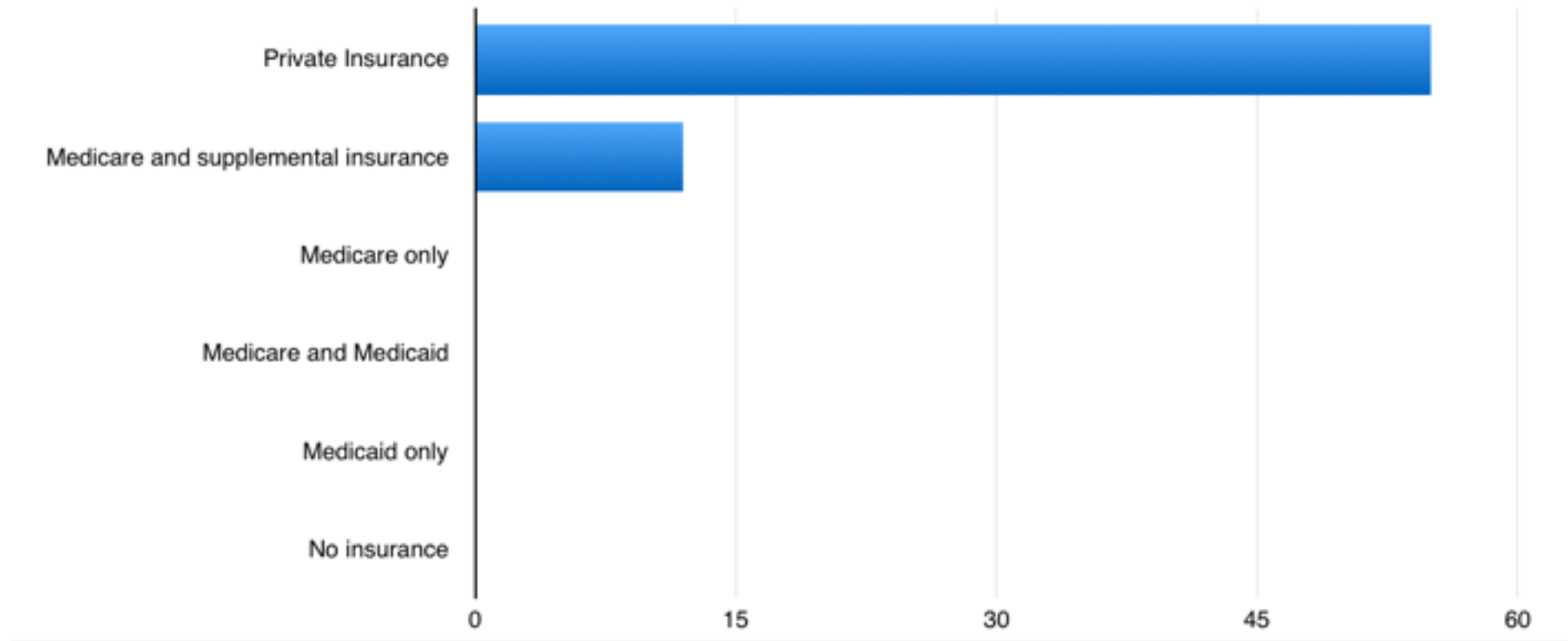
1 or 2 Important Reasons Why You Didn't Receive Healthcare



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Insurance and Prescriptions

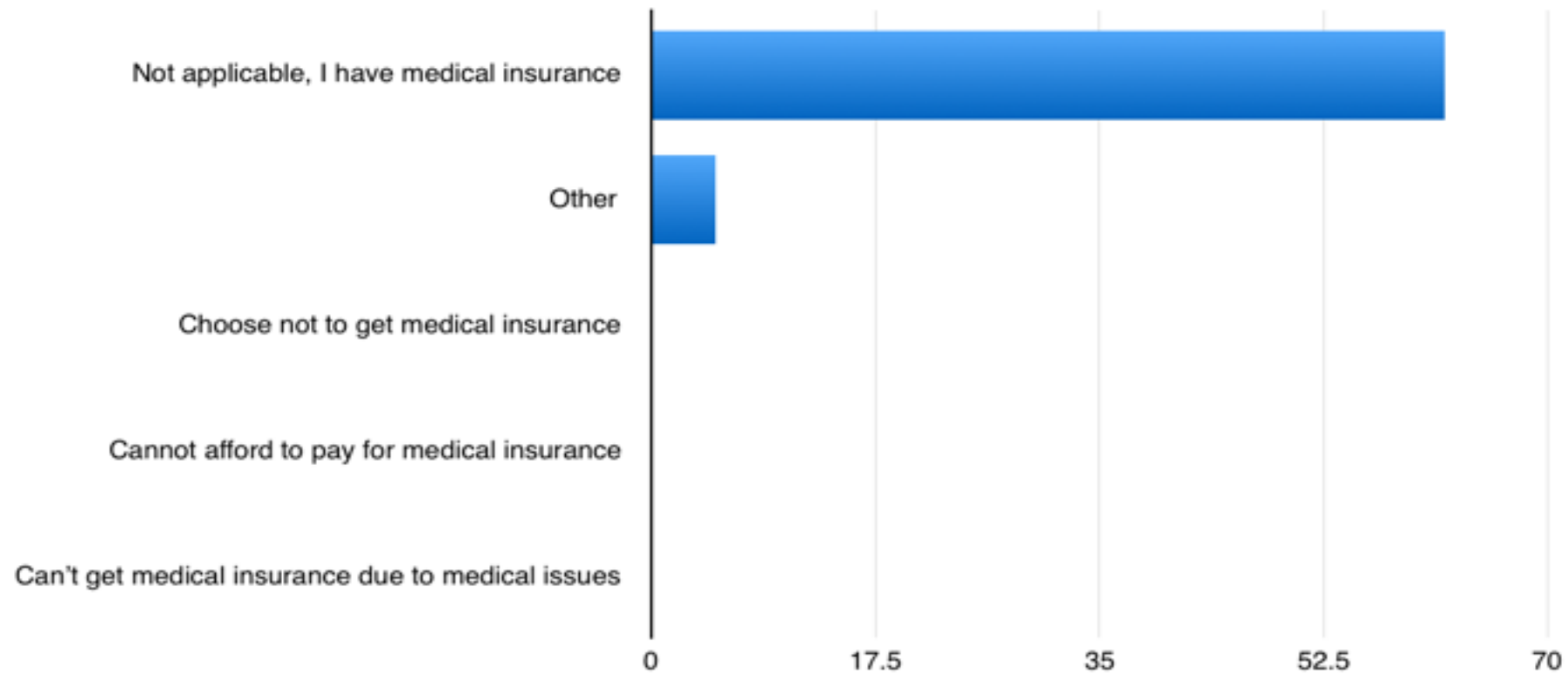
What kind of insurance do you have?



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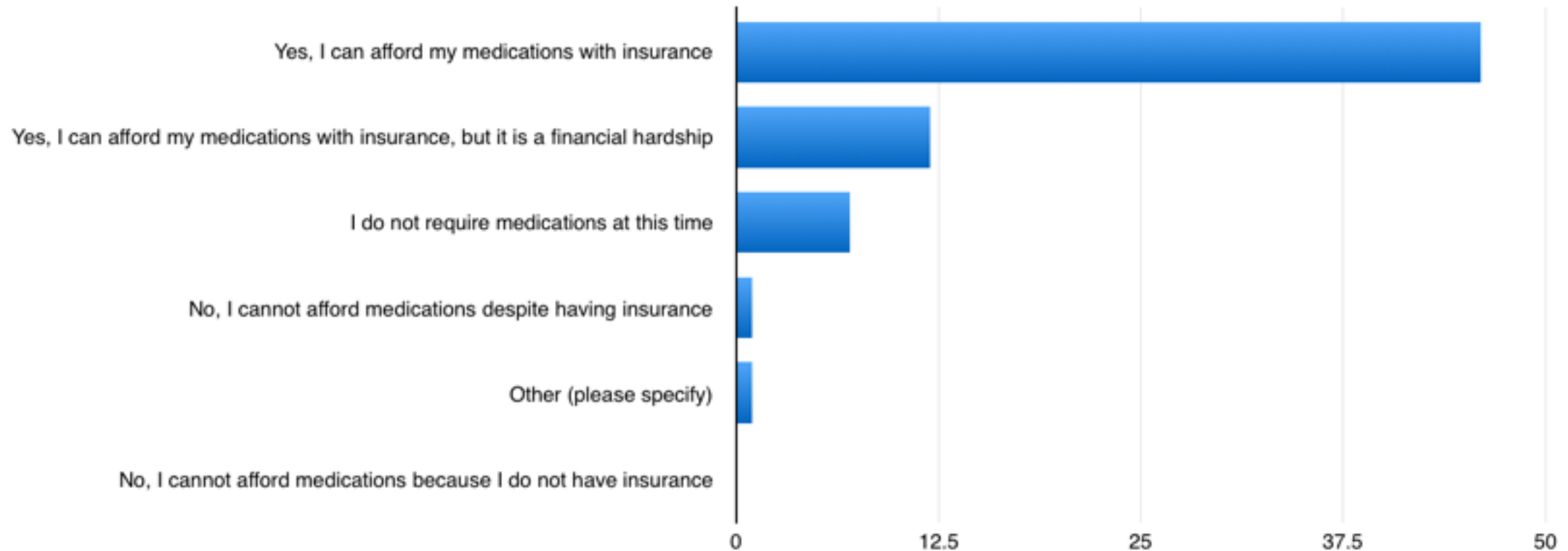
Insurance and Prescriptions cont.

Reason(s), if any, for not having health insurance



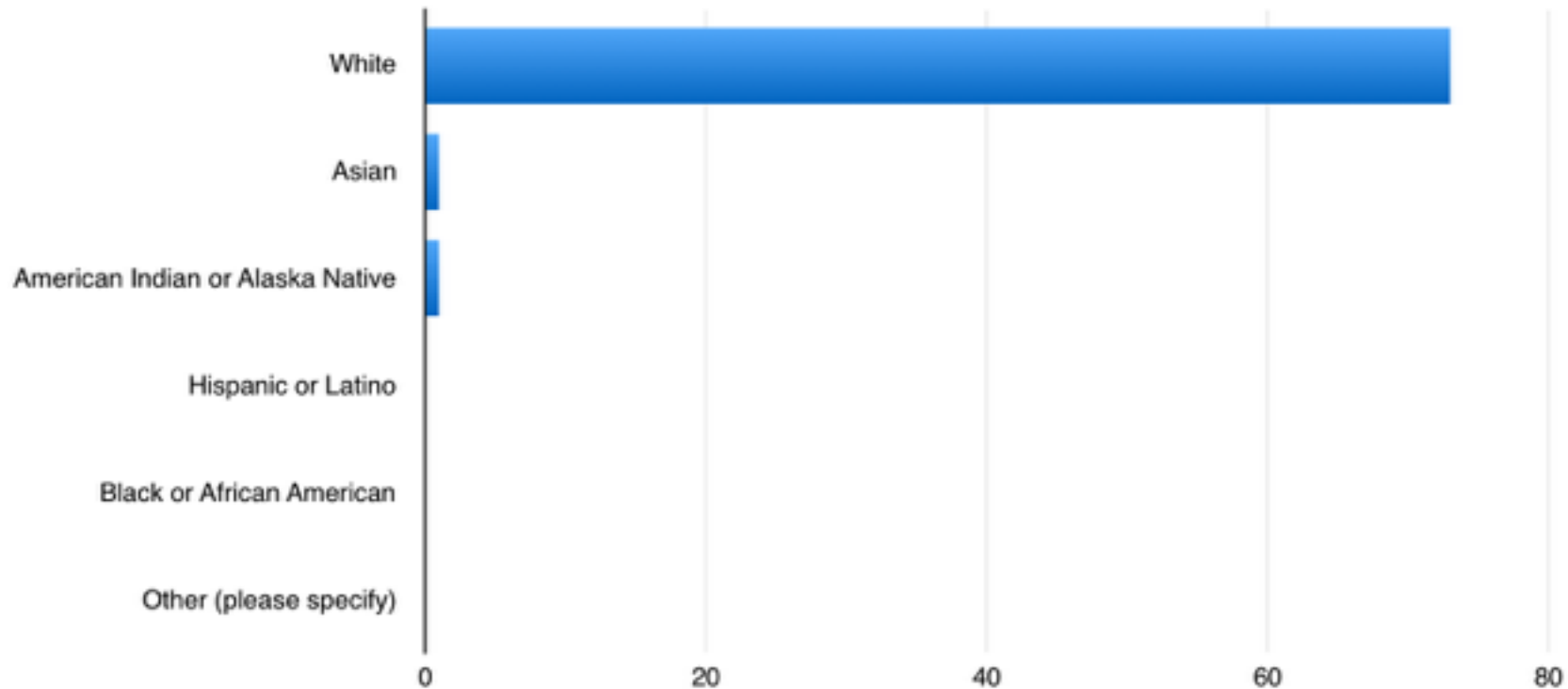
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Being Able to Afford Needed Medications



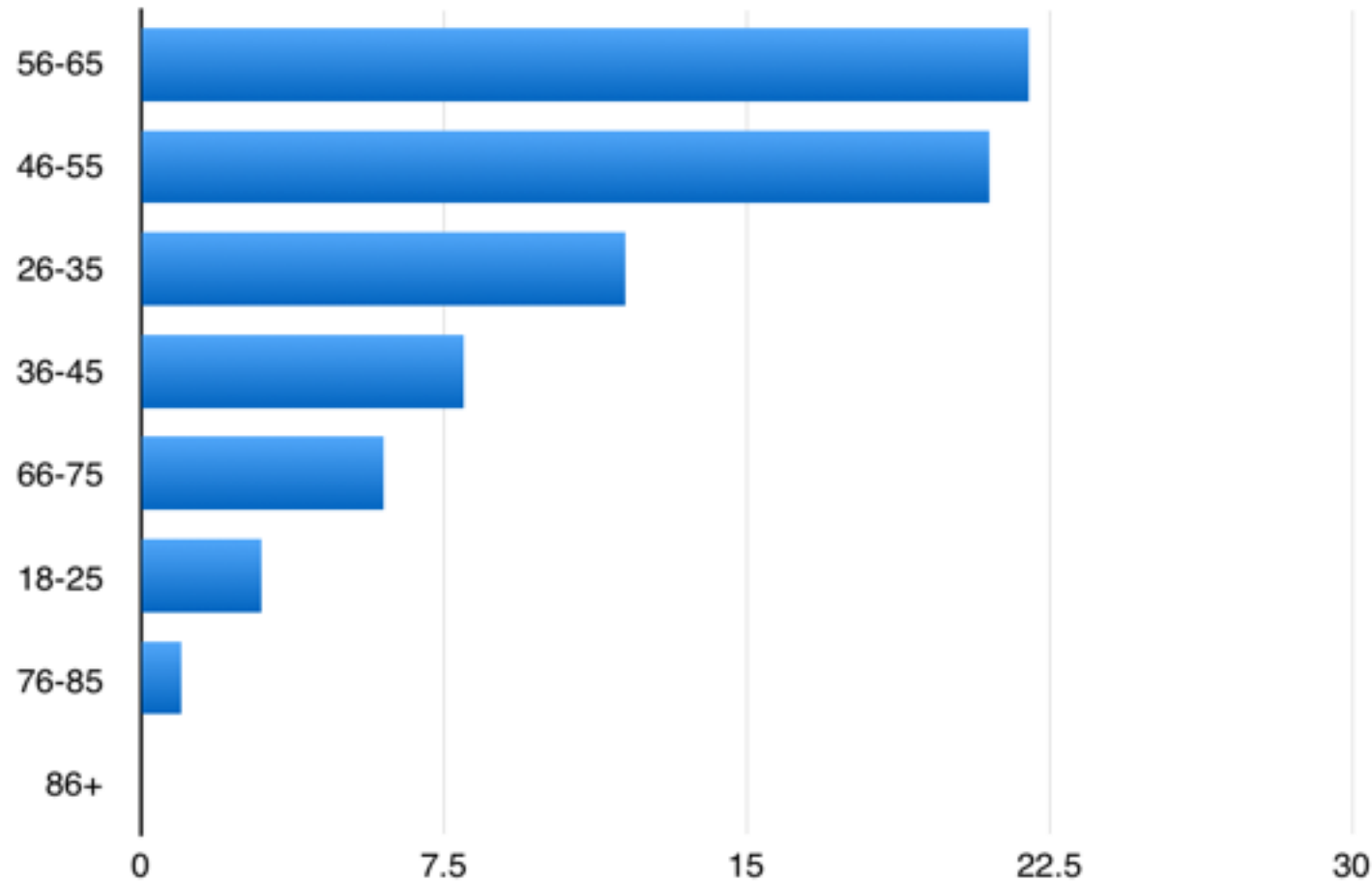
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Demographics: Race/Ethnicity

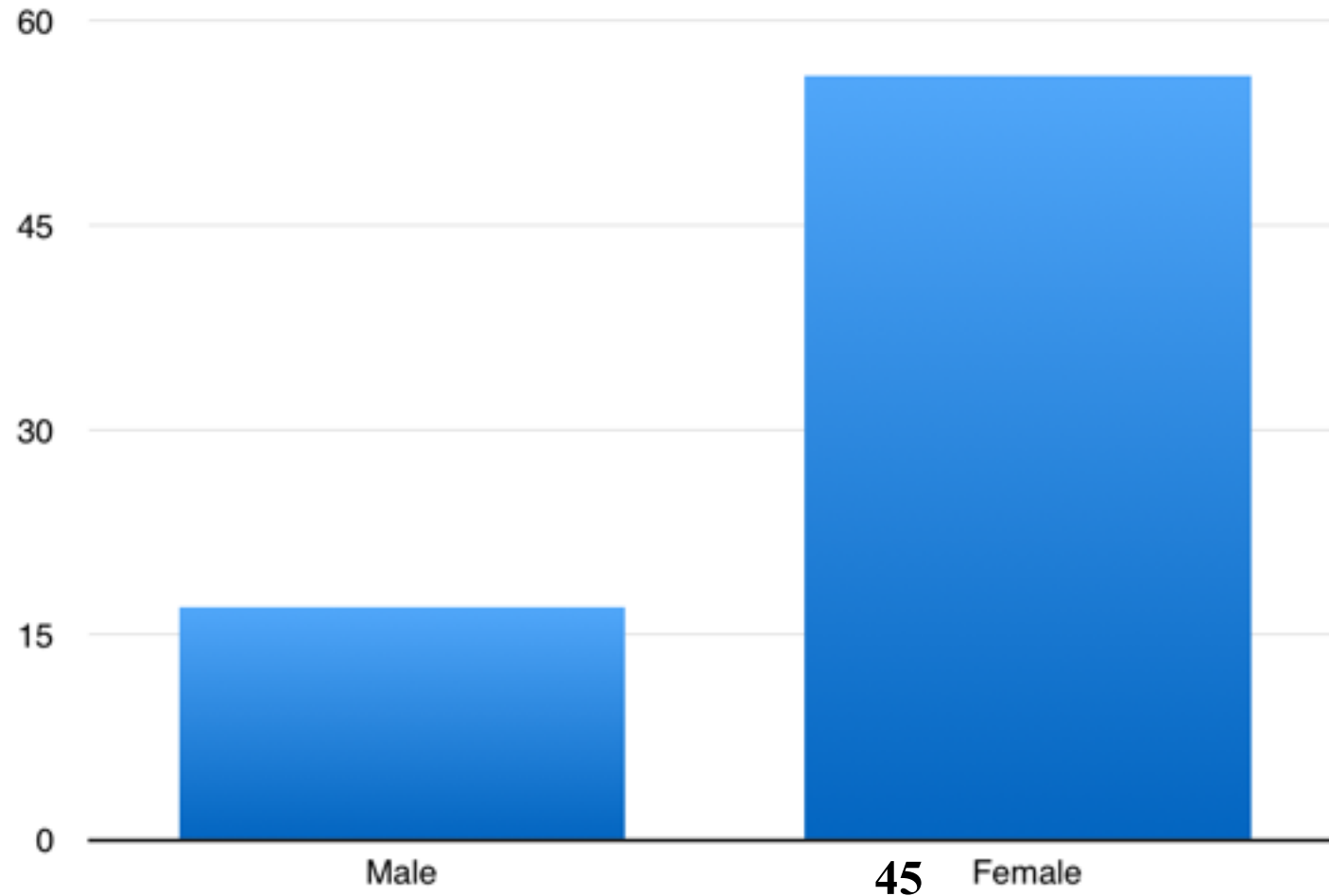


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Demographics: Age Range

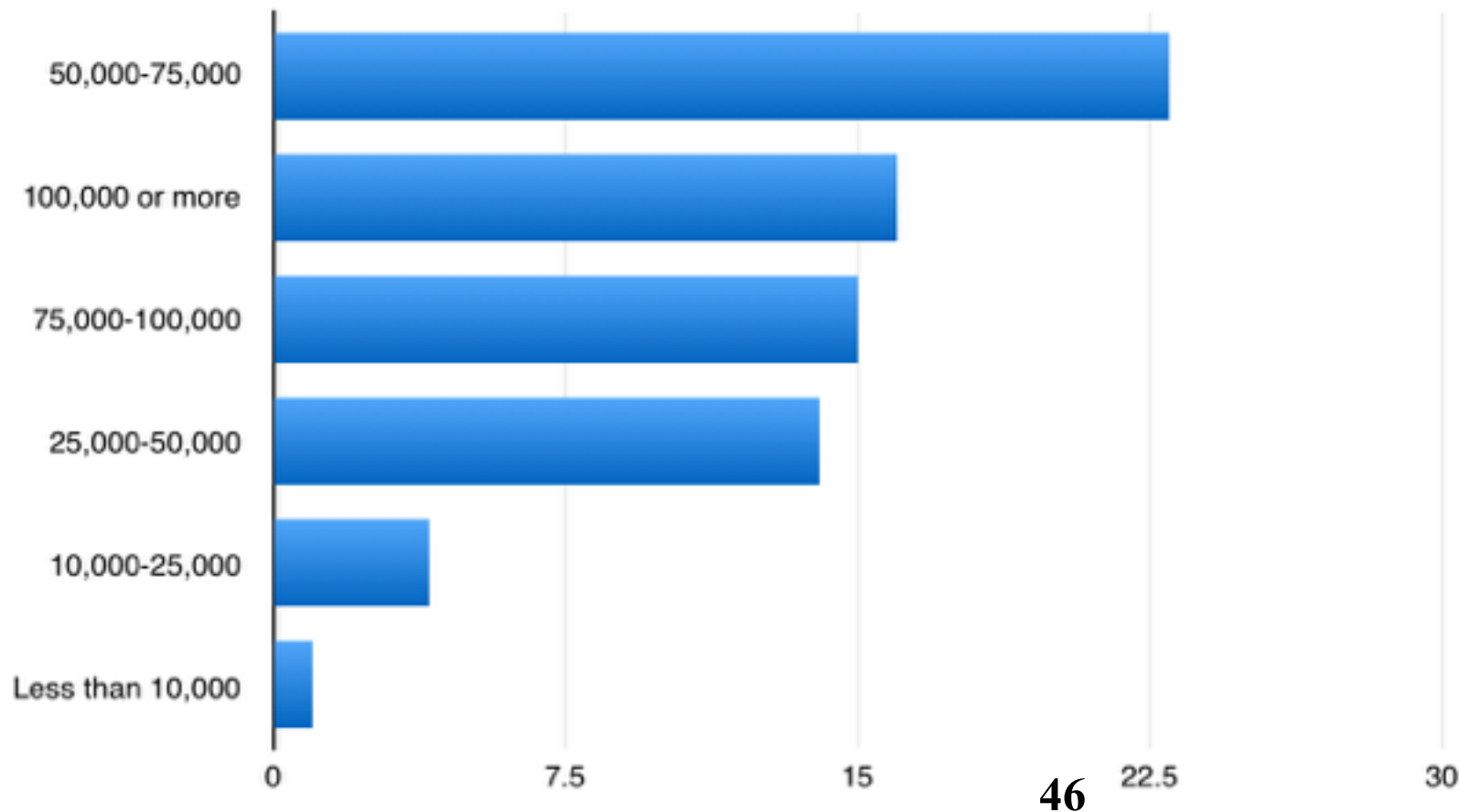


Demographics: Gender



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Demographics: Annual Household Income



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Questions?



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2016 CHNA Survey Key Responses

Note: Below have trending responses from sections of the 2016 CHNA Survey in matters of health, environmental hazards, other services the community needs, and injury prevention.

Promoting Healthy Living:

- alcohol and drugs--a problem in every community, Mental health--having a diagnosis of clinical depression, it is important for me to have professional health people close by, arthritis--cases of arthritis are numerous among senior citizens. Programs for this would be helpful.
- I think cancer plagues this area--more than most areas. I think that obesity and physical activity should be linked, but obesity continues to be a problem for our country. In the rural midwest we are especially guilty of relying on cars and not having as much natural physical activity such as walking places. Mental Health was one of the top-ranking ones for me because I think it is often undiagnosed
- I don't think mental health is adequately serviced and there is a strong need. I think people need more education on infant and child health, specifically developmental expectations and healthy living, and I think obesity is an epidemic in our country and we need to address it on every level.

Preventing Injuries:

- Maintain emergency services - vital to our community. Occupational health and safety and falls relevant to farming and aging community.
- We need emergency medical services (urgent care would be great!). I think violent and abusive behavior flies under the radar frequently. And I think suicide is related to the mental health comments I made before. People need someone they can call or a place they can go when they are struggling with suicidal thoughts or mental health issues.
- strong EMS system with enough volunteers important for community. no one in local area has a safety program

Preventing Epidemics:

- vaccinations are very important. I also think it is a wonderful idea to inform people about sexually transmitted diseases
- I feel that STD'S could be prevented. Immunizations are the best way we can prevent Communicable Diseases.
- I believe every person needs to be vaccinated. There needs to be more education on why we should vaccinate.

Protecting Against Environmental Hazards

- Drinking water is very important and with the issues Flint MI is having, we should make sure ours is safe
- We have to keep our water and food safe in order to have a healthy home. Related as I drink the water and eat the food, trying to project healthy habits to my son

Prepare for, Respond to, and Recover from Public Health Emergencies:

- In a blink of an eye, an emergency situation can occur and we should be ready for it. Natural disasters, community disaster etc
- I believe that Emergency Planning should include ALL of the above
- You can never prepare for an Emergency/national disaster so the better prepared, better handling one if one does occur

- A healthy community needs to be ready for the disaster we hope never comes. Trying to deal with a situation that was never planned for takes too much time and people when the disaster is in progress unnecessarily costing lives and money.
- More preventative health focus. Important I have access to quality care in town
- Need to have Quality Health Services and Medical care close to home in case of an emergency, equal pay/good pay to live comfortably and health insurance to pay for it. Relation is I have medical things that need to be treated and don't want to have to drive out of town
- I would like to see more public health services offered in our area.
- Ensuring that all members of the community are being active and helping to better themselves.

Question 20: What would a healthier community/county look like? Think of words, phrases, or principles you or someone else follows.

- more people visibly out and about exercising
- Healthy menus, Exercise, Weight Control, Quality healthcare
- If there were sidewalks to the grocery store and hospital, more people could use them without needing to find a ride to them

Question 21: What do you see as barriers to prevent your community/county from becoming healthier? What does an unhealthy county look like?

- Not enough time in the day
- We battle a generation that grew up eating whatever they wanted. A lot remember having a mother at home that cooked 3 huge meals a day. A generation that was taught "finish your plate before you leave the table." No matter what the food choice was.
- Laziness technology slow down
- People's food choices are horrible. Schools regularly hand out candy for prizes/treats/party favors etc. It's cheap and easy, but it's killing us! We need more trail options that give people a variety of walking options. We need to educate on healthy cooking and move away from all the processed foods.

Question 23: Select up to 4 items that you believe are most important for a healthy community/county.

- "Other responses": healthy food option

Question 25: Health Care Services (What 3-5 services are needed in our community?)

- A Psychologist or a Psychiatrist would be nice to add to our specialty clinics.
- Neurologist, Psychiatrist or psychiatric nurse practitioner. psychologist that could give programs on parenting.
- Neurologists, more MDs for primary care, internal medicine Cancer investigations!! Why do we have a higher than average rate of cancer here????

Appendix D

Manning Regional Healthcare Center (MRHC) CHNA - HIP FY2016			
The MRHC CHNA - HIP FY16 addresses the community wide health needs and priorities as identified during the community health needs assessment process initiated in 2013.			
Community Health Improvement Plan			
GOAL	Strategies	Who is responsible?	When? (Timeline)
Cancer - Breast - Will offer education opportunities for breast cancer at least twice a year.	• Collaborate with New Opportunities (Paula Klocke) with care for yourself program.	Michelle Anderson	2017
	• Health coach notifies physician when patients due for mammogram during medicare wellness visits.	Shelby Dickson	Throughout 3 years
	• Will have PR advertise mammo for misses. Will hang posters/ give out pamphlet at check in for physician clinic during breast cancer awareness month (October). Will give the information in a pink bag during this month.	Sarah Foley	October 2017 and each October through plan timeframe
	• Breast cancer/awareness at county fair.	Committee	Each summer during timeframe
	• Add to mini series demonstration of self breast exam.	Sarah Foley	2018
	• Explore having breast cancer survivor talk at mammo for misses.	Jackie Blackwell	2018
	• Clinic staff notifies patients when mammogram is due.	Clinic staff	Throughout the 3 years
GOAL	Strategies	Who is responsible?	When (Timeline)
Cancer - Prostate - Will offer education opportunities for prostate cancer to male patients 50 years and older twice a year.	• Prostate education at annual wellness screening	Committee	2017
	• Prostate education at county fairs	Committee	Throughout 3 years
	• Will have PR print posters/information pamphlet at check in for physician clinic during prostate cancer awareness month (September). Will give the information in a blue bag during this month.	Sarah Foley	September 2017, then each September throughout plan timeframe
	• Health coach/clinic nurse does chart review on medicare wellness visits and alerts physician if prostate check is needed.	Shelby Dickson	Throughout 3 years
	• Will explore offering prostate education in one of the mini series	Sarah Foley	Throughout 3 years

GOAL	Strategies	Who is responsible?	When? (Timeline)
Wellness: Obesity and Nutrition - Maintain or improve the “Health Factors Ranks” for our neighboring counties on the Iowa County Health Rankings.	<ul style="list-style-type: none"> Collaborating with MOM’s group, Trail to No Where (bikeiowa.com), Manning REC Center 	Committee and Dawn Rohe and Cory Arp	Ongoing
	<ul style="list-style-type: none"> Offer more walk and runs throughout the year, Kinderfest (Robert Cast), 	Committee and Robert Cast	June 2016 and yearly
	<ul style="list-style-type: none"> Age themed events at the REC Center to get people moving. 	Committee and Cory Arp	Ongoing
	<ul style="list-style-type: none"> Provide educational opportunities related to physical fitness and nutrition around the county. 	Shelby Dickson and Sarah Foley and Committee	Ongoing
	<ul style="list-style-type: none"> Carroll County Wellness Coalition: LHI 5K (Swan Lake) and Fresh Tour 	Laura Schaefer and Paula Klocke and Committee	April 2016 and yearly
GOAL	Strategies	Who is responsible?	When? (Timeline)
Wellness cont.: Immunizations/Vaccinations - <u>Goal #1:</u> Upon admission to acute care, before discharge, or at the post hospitalization clinic visit (7-14days), 85% of MRHC patients will receive screening along with vaccination if appropriate for pneumococcal and zostavax immunizations. <u>Goal #2:</u> Offer immunizations to all patients regardless of payer status by becoming a VFC provider of all vaccines.	<u>Strategies for #1:</u> <ul style="list-style-type: none"> Education: newspaper article, speaking at the senior center. Education of importance to MRHC staff. Vaccination administration: Clinic staff recognizing it is important to check paper chart and IRIS for previous vaccinations and immunizing if needed. Documentation into IRIS Documentation into EMR, including refusal of immunization Offer public health services – immunization dates, funding 	Committee and Julie Hodne and Sarah Foley	August 2016 and yearly
	<u>Strategies for #2:</u> <ul style="list-style-type: none"> Keeping all vaccines on hand for use with VFC patients. Education: ads in newspaper, handouts for patients explaining this is new service we offer for Medicaid patients, education of clinic staff that we now offer this service Vaccination administration: Clinic staff recognizing it is important to check IRIS for vaccinations and immunizing if needed. 	Committee and Karen Nelson and Sarah Foley	August 2016 and ongoing

GOAL	Strategies	Who is responsible?	When? (Timeline)
Wellness cont.: Stroke - Educate the community 2 times a year on identifying signs and symptoms and the importance of early diagnosis and prompt treatment	<ul style="list-style-type: none"> Karen and Shelby will research what is available for stroke awareness month; posters and hand outs, Shelby has some \$\$\$ in her budget 	Karen Nelson and Shelby Dickson	May 2016 and yearly
	<ul style="list-style-type: none"> Have a medical mini-series on S&S of stroke and the importance of early diagnosis and prompt treatment. Go to the Dr early it's a medical emergency. 	Committee and Providers	April 2017
	<ul style="list-style-type: none"> Focus on risk factors and life style 	Shelby Dickson	Ongoing
	<ul style="list-style-type: none"> Provide updated education for nurses at MRHC and at the plaza 	Committee and Julie Hodne	April 2017 and yearly
	<ul style="list-style-type: none"> Radio ad; May is Stroke Awareness month 	Committee and Providers (?)	May 2016 and yearly
	<ul style="list-style-type: none"> Fair booth for all CHNA projects? 	Committee and Sarah Foley	July 2016 and yearly
	<ul style="list-style-type: none"> Hand out cards with S&S of stroke with life savors taped to them at the clinic during May. 	Committee and Sarah Foley	May 2016 and yearly
	<ul style="list-style-type: none"> Do education in small community groups on S&S, prevention, treatment: Chamber, Senior Center, Snack bar, Rec Center, PCE, Co-ops, Schools, Sporting events 	Committee and Sarah Foley	May 2017
GOAL	Strategies	Who is responsible?	When? (Timeline)
Safe Drinking Water - Educate public on safe drinking water practices in county (2x a year)	<ul style="list-style-type: none"> Obtain materials on safe drinking water practices to promote within the community 	Committee and Dawn Rohe and John Odhe	June 2016 and yearly
	<ul style="list-style-type: none"> Identify community members already participating in safe practices and thank them/encourage continued participation 	Committee and Sarah Foley	March 2017
GOAL	Strategies	Who is responsible?	When? (Timeline)
Mental Health Group - Improve mental health and mental health awareness in county by reaching 100 people per year or providing education 2x a year, whichever comes first	<ul style="list-style-type: none"> Investigate tele psychiatry 	John O'Brian	April 2017
	<ul style="list-style-type: none"> Hold a mental health day(s). Include in one of these days ACES training 	Ashleigh Weiderin	April 2017
	<ul style="list-style-type: none"> Support the youth rally to prevent suicide because of bullying. This is scheduled for the late summer 	Jen Morris	August 2016
	<ul style="list-style-type: none"> Identify different methodologies for screening for depression 	Shelby Dickson	October 2016 and yearly
	<ul style="list-style-type: none"> Identify ways to support members of the community who wish to apply for insurance including Medicaid and other insurance markets. 	Laurie Bruck	October 2016 and yearly

Cancer Committee meeting minutes - February/March

Prostate Cancer:

Will offer education opportunities for prostate cancer to male patients 50 years and older twice a year.

Strategies:

- Prostate education at annual wellness screening
- Prostate education at county fairs
- Will have PR print posters/information pamphlet at check in for physician clinic during prostate cancer awareness month (September). Will give the information in a blue bag during this month.
- Will explore offering prostate in one of the mini series
- Health coach/clinic nurse does chart review on medicare wellness visits and alerts physician if prostate check is needed.

Breast Cancer:

Will offer education opportunities for breast cancer at least twice a year.

Strategies:

- Collaborate with New Opportunities (Paula Klocke) with care for yourself program.
- Health coach notifies physician when patients due for mammogram during medicare wellness visits.
- Clinic staff notifies patients when mammogram is due.
- Will have PR advertise mammo for misses. Will hang posters/give out pamphlet at check in for physician clinic during breast cancer awareness month (October). Will give the information in a pink bag during this month.
- Explore having breast cancer survivor talk at mammo for misses.
- Add to mini series demonstration of self breast exam.
- Breast cancer/awareness at county fair.



Community Health Needs Assessment Partnership / Planning Meeting Minutes



Date: 6-1-16

Location: Michelle Office

Present: Linda Croghan, Shelby Dickson, Jackie Blackwell

Topic	Discussion	Next Step / Responsible Party	Progress to Completion
Breast Cancer	Talked about who will be working the stand at Crawford Fair. Thought it would be beneficial to utilize social media more to get awareness/activities out there.	Contact Sarah: see what can be done using social media, checking fair sign up sheet: Michelle Andersen	Will be addressed by 6-7-16
	Talked about health coach visiting with patients during medicare wellness visits about need for mammogram. Linda will monitor mammograms that are done.	This is being done with each visit. Will monitor with xray/health coach: Linda/Shelby	ongoing
Colon Cancer	Having “cash for service” for blood work targeting men. Offering this once or twice a year.	Discussing with Clinic manager, getting Dr Miller/Dr Mcclaws on social media during colon cancer awareness week: Shelby Dickson	will be addressed with all parties: 7-1-16

The mental health group met on March 22, 2016 at 11:00 a.m. Attending were John O'Brien, Jen Morris, Shelby Dickson, Marie Sharon, Ashley Wiederin, Laurie Bruck, Shannon Mahannah, and Jennifer Tornow. The group agreed that they wanted to change the goal. A draft goal was to improve access to mental health services within our communities. The group developed 9 potential strategies/ tactics. They plan to meet in 2 weeks to finalize the strategies with the goal of having 3 or 4. The strategies/ tactics that were discussed include:

1. Identify mental health services available in the area
2. Investigate the use of tele-psychiatry
3. Hold a mental health day(s). Include in one of these days ACES training
4. Support the youth rally to prevent suicide because of bullying. This is scheduled for the late summer
5. Identify different methodologies for screening for depression
6. Identify ways to support members of the community who wish to apply for insurance including Medicaid and the markets
7. Look at how we can better serve patients with dual diagnoses
8. Look at access to inpatient beds and partial hospitalization for the members of our community needing these services
9. Investigate the use of mobile crisis centers

At our next meeting, our group will meet to refine these strategies/ tactics. Shannon was going to check to see if any of the mental health counselors would be free to attend. The meeting adjourned at approximately 11:50 a.m.

John O'Brien

The community health needs assessment for mental health group met on April 7, 2016. Attending were John O'Brien, Shelby Dickson, Marie Sharon, Shannon Mahannah, and Jennifer Tornow. The group met to review and prioritize the 9 potential strategies/tactics that had been developed at the last meeting. After discussion the following was decided:

1. Identify mental health services available in the area
Result- This goal has been deleted because it is already done in Carroll County Resources.
2. Investigate the use of tele-psychiatry
Result- This is being reviewed by the hospital currently and John will be responsible for it.
3. Hold a mental health day(s) include in one of these days ACES training
Result- The group decided mental health days are being handled by other resources. They did decide that ACES training should be done and that Ashleigh Wiederin would lead the group. John volunteered the hospital as a potential location.
4. Support the youth rally to prevent suicide because of bullying.
Result- This is already in process with Jen Morris coordinating the program.
5. Identify different methodology for screening for depression
Result- Shelby will lead this initiative.
6. Identify ways to support members of the community who wish to apply for insurance including Medicaid and the markets
Results- The group felt this was important but some of it is already being done. Laurie Bruck has been asked to review and report back to the group on this initiative.
7. Look at how we can better serve patients with dual diagnoses.
Result- The group felt that this was outside of their sphere of influence.
8. Look at access to inpatient beds and partial hospitalization for the members of our community needing these services.
Result- The group felt that this was outside of their sphere of influence.
9. Investigate the use of mobile crisis centers
Result- The group felt that this was outside their sphere of influence.

The group also discussed our goal and chose to change it to "Provide at least 3 mental health services to the community by July 1, 2017. The group decided they would like to meet again in approximately two weeks.

The meeting adjourned at 11:45 a.m.

The community health needs assessment for mental health group met on April 18, 2016. Attending were John O'Brien, Shannon Mahannah, Jennifer Tornow, Jen Morris, Ashley Wiederin, and Laurie Bruck. The goal of the meeting was to take the revised projects and look at what was needed to implement them.

1. Identify mental health services available in the area.

Result- Although this goal had been deleted, it was felt that it was a good idea to publicize that the information is available through Carroll County Resources. This information is on the Carroll County Webpage and we are asking that Sarah put it on our site. This information is updated every two years.

2. Investigate the use of Tele-psychiatry.

Result- John is following up on this with Dave Hickman at Mercy. This is probably a longer term goal.

3. ACES Training.

Result- Ashley Wiederin is going to lead this. There was discussion on whether this should be done for the staff or the community. The feeling of the group is that this information is probably more valuable to medical professionals. Ashley will coordinate this program.

4. Support the youth rally to prevent suicide from bullying.

Result- Justin shared the design for this program. It is scheduled for Sunday, August 14 at 5:00 p.m. at the City Park. The plan is to have food from 5-6 and then a speaker at 6. There will be an opportunity for MRHC to have a booth. MRHC has agreed to donate towards the cost to this program.

5. Identify different mythology for screening for depression.

Result- Shelby is leading this initiative.

6. Identify ways to support members of the community who wish to apply for insurance including Medicaid and the Markets.

Result- The group talked about possibly having a day or days where we might have navigators to help people utilize the market as well as the SHIP be available to help people apply for or change their insurances.

The group discussed how often they should be meeting now that the program is underway. The feeling was that getting together once a month would be fine, with additional meetings if needed. The meeting adjourned at 10:40.

The community health needs assessment for mental health group met on June 14, 2016 at 9:00 a.m. The group met to review the five strategies/tactics that were discussed at the previous meeting.

1. Tele psychiatry- John O'Brien

John reported that the hospital has met with Mercy- Des Moines twice. They are looking at utilizing a call center and having a psychiatry clinic via telemedicine. Next steps involve discussion with the medical staff.

2. ACES Training- Ashleigh Wiederin

ACES training is available. John will talk to Linn about have a day at MRHC

3. Youth Rally to prevent suicide because of bullying- Jen Morris

Program is set for August.

4. Support members of the community who wish to apply for insurance including Medicaid and the markets.

Taya Vonnahme and some members of the nursing and recovery staff have been helping patients with their application. The next step would be for the Business Office to become involved.

5. Identify different methodologies to screen for depression. – Shelby Dickson

Shelby reported on the process in depression screening in the clinic and with post-partum moms. We are also including children 11 and above as well as the MFRC clientele.

The group will be meeting monthly. The meeting adjourned at 9:45 a.m.

John O'Brien

Community needs assessment group for mental health met on July 12, 2016 at 9 AM. At this monthly meeting the group met to review the five strategies/tactics that have been discussed in previous meetings.

1. Tele-psychiatry--John O'Brien. John reported that the hospital is in continuing discussions with Mercy/Des Moines. We are currently looking at two programs. One involves I tele-psychiatry with a clinic held once or twice a month. The second involves the use of the Mercy call center to assist with patients needing placement. Contracts are being reviewed and we hope the program will be up in the next several months.
2. ACES training – Ashleigh Wiederin—Ashleigh talked about the uses of ACES and how it is applicable for traumatic situations with children and also how I can look at why a patient is being noncompliant. She also described the use and availability of the ASQ-SE2 kit for children from 0 to 5. This topic needs more discussion at a future date.
3. Youth rally to prevent suicide because of bullying – – Jen Morris. The program is set for August. Members had seen some of the advertising brochures in the community.
4. Support members of the community who wish to apply for insurance including Medicaid and the markets. – – Laurie Bruck. The business office and nursing are looking at systems to improve this process. There have been changes in presumptive eligibility which hopefully we should be up to do online. There is also additional technology that would fall toward unit clerks. This program continues.
5. Identify different methodologist is to screen for depression – – Shelby Dixon. Depression screening continues at the clinic and with postpartum moms. Shelby is having meeting conflict issues. We may be looking at changing the day for this meeting to allow her to attend.

The group will continue to meet monthly. The meeting adjourned at approximately 9:40 AM

John O'Brien

Appendix E: Safe Drinking Water



Community Health Needs Assessment

Partnership / Planning Meeting Minutes



Date: 3/17/2016

Location: MRHC

Present: Amy Benton, Amy McLaughlin, Kim Jahn, Justin Abrams, Dawn Rohe

Topic	Discussion	Next Step / Responsible Party	Progress to Completion
Set Goals/ Timelines	The team discussed what we should finalize as our CHNA goals for the Water Committee. We brainstormed what is achievable and took into consideration what the city of Manning is already doing to keep our water safe so that we do not duplicate efforts. We determined two goals and timelines for each.	Each member to reach out to various known resources and try to obtain materials that could be handed out to community members as informational material.	n/a - first meeting



Community Health Needs Assessment Partnership / Planning Meeting Minutes



Date: 6/2/2016

Location: MRHC

Present: Amy Benton, Amy McLaughlin, Kim Jahn, Justin Abrams, Dawn Rohe

Topic	Discussion	Next Step / Responsible Party	Anticipated Completion
Kinderfest	Plan to hand out water bottles with MRHC logo and statement that tap water in Manning is safe at Kinderfest booth	Amy B: Will look at cost of pre-printed labels. If too expensive, will work with Sarah Foley to buy adhesive labels instead. Will also work with Sarah on design for water label.	Week of June 6th

	Plan to have fun facts questionnaire at Kinderfest booth.	<p>All committee members will email any fun facts.</p> <p>Kim: Will inform committee information he receives from Dean Lorenzen.</p> <p>Dawn: Will email Manning water fun facts.</p> <p>Justin: Will compile questionnaire and answer sheet.</p> <p>Amy B: Will purchase fun water toys as raffle prizes.</p> <p>Amy M: Will contact Carroll County Sanitarium to see if they have materials to hand out.</p>	Week of June 6th
Harvest Lunches	Committee would like to hand out water bottles and educate farmers on safe practices (e.g. Filter Strips & Wetlands) during MRHC's Harvest Lunch campaign	Amy M: Will contact Carroll County Sanitarium to see if they have materials to hand out.	By next committee meeting in July
		<p>Dawn: Will call Carroll times to try to find out who recently was in the news for these practices to use as a best practice example.</p> <p>Will Also talk to John Ohde to see if there are additional resources.</p>	By next committee meeting in July

County Fairs – 2017	Committee would like to have a booth at fairs in Summer of 2017 with demonstrations regarding rural vs. well water. Will plan to ask city and NSCS (Clint Miller) if interested in participating.	Will assign duties at future meeting after Kinderfest.	Summer 2017



Community Health Needs Assessment Partnership / Planning Meeting Minutes



Date: 8/16/2016

Location: MRHC

Present: Amy McLaughlin, Kim Jahn, Justin Abrams

Topic	Discussion	Next Step / Responsible Party	Anticipated Completion
Harvest Lunches	Committee would like to hand out water bottles and educate farmers on safe practices (e.g. Filter Strips & Wetlands) during MRHC's Harvest Lunch campaign	Amy M: Will contact Carroll County Sanitarium to see if they have materials to hand out. Will put brochures about testing well water in harvest lunches.	Complete
		Justin: Will research with IA USDA office, DNR, etc. to find pre-printed information on buffer/filter strips to put in harvest lunches (e.g. who to contact if interested, what the benefits are for having them...both \$'s for the farmer and safe water for community, how to apply, where to find more info, etc.) Will put brochure or some type of information in harvest lunches.	September
		Amy: Will contact Sarah and Shellie to coordinate putting our water bottles and brochures in lunches and determine how many total we will need.	September

		Dawn: Will call Carroll times to try to find out who recently was in the news for these practices to use as a best practice example.	Complete
County Fairs – 2017	Committee would like to have a booth at fairs in Summer of 2017 with demonstrations regarding rural vs. well water. Will plan to ask city and NSCS (Clint Miller) if interested in participating.	Will assign duties at future meeting after Harvest lunches.	Summer 2017

Appendix E: Wellness: Immunizations/Vaccinations



Community Health Needs Assessment

Partnership / Planning Meeting Minutes



Date: 3/16/16

Location: Jill's office – phone conferenced in Julie

Present: Karen Nelson, Jill Arp, Julie Towne

Topic	Discussion	Next Step / Responsible Party	Progress to Completion
Immunizations	Created 3 goals and strategies to complete these goals.	<ul style="list-style-type: none">Take these goals and strategies to the large group meeting to see if anyone has any input on these.Jill will type up goals/strategies & send them to Justin.	<ul style="list-style-type: none">Just starting out



Community Health Needs Assessment Partnership / Planning Meeting Minutes



Date: 3/31/16

Location: Jill's office – phone conferenced in Julie

Present: Karen Nelson, Jill Arp, Julie Towne

Topic	Discussion	Next Step / Responsible Party	Progress to Completion
Immunizations	Narrowed down goals from 3 to 2 – deleted goal number 1.	<ul style="list-style-type: none">• Karen will talk to Laurie about reimbursement of zostavax on clinic side, inpatient and private pharmacy.• Julie to look into public health cost for zostavax.• Jill work on acute staff assessing and offering immunizations.• Jill to see if all acute staff have access to IRIS.• Karen to work with providers and clinic staff to assess over age 65 immunizations and administer as appropriate. (huddle and med staff)	<ul style="list-style-type: none">• Just starting out



Community Health Needs Assessment Partnership / Planning Meeting Minutes



Date: 5/24/16

Location: Karen's office

Present: Karen Nelson, Jill Arp, Shelby Dickson

Topic	Discussion	Next Step / Responsible Party	Progress to Completion
VFC	<ul style="list-style-type: none">• All VFC immunizations are in stock.• All clinic staff is aware all VFC vaccines are in stock.• Who else needs notified that we are providing this service?	<ul style="list-style-type: none">• Notify Carroll Co Public Health that we now have all VFC in stock. (Jill to email J.Towne)• Will Carroll Co PH continue to come to Manning for clinics? (Jill to email J.Towne)• Publicity – when Sarah Foley returns (all committee)• Notify admissions staff that we now provide this service (Karen will talk to admissions during their joint huddle).	<ul style="list-style-type: none">• In progress

Immunizations	<ul style="list-style-type: none"> • Shingles shot at clinic is covered by commercial insurance, but Medicare patients must pick it up at the pharmacy and bring it here for administration. • Medicare may cover it but if not it is \$190-210. This is a barrier to encouraging people to get it. • Health coach does chart review of immunizations for Medicare physicals and H&P pre-op. • How do we get our info out there: MRHC auxillary/ snack bar ladies, Senior center – have a talk some lunch hour, hand out pamphlets to shut ins with their meals. Debs/cliffs – coffee hour. Handout in the pharmacy bags. • Focus on: Pneumovax 23 & Prevnar 13, Influenza. (Mention Tdap & zostavax – but encourage them to check with their insurance first before getting as it may not be covered). 	<ul style="list-style-type: none"> • Work on handout with our info on it for >65 immunizations. • Laminate handout to hang in every clinic room. • Get copies of the new pneumo guidelines for the clinic staff 	<ul style="list-style-type: none"> • In progress
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Community Health Needs Assessment Partnership / Planning Meeting Minutes



Date: 6/8/16

Location: Ben's office

Present: Karen Nelson, Jill Arp, Ben Nelson

Topic	Discussion	Next Step / Responsible Party	Progress to Completion
Immunizations	<ul style="list-style-type: none">Ben will create pneumococcal brochure to hand out at senior center and other locations to inform the public on pneumo vaccine update.	<ul style="list-style-type: none">Ben will continue to work on handout.Once handout is complete, turn in to Sarah Foley for approval.Jill to look over dates that would work to get info out to >65 y.o. (senior center, auxillary meeting, county fair).	<ul style="list-style-type: none">In progress
VFC	<ul style="list-style-type: none">Ben will create handout on VFC vaccines for admissions deskNeed to get article in paper/ facebook advertising that we carry VFC vaccine	<ul style="list-style-type: none">Ben will work on handout.Once handout is complete, turn in to Sarah Foley for approval.	<ul style="list-style-type: none">In progress

Appendix E: Wellness: Obesity and Nutrition



Community Health Needs Assessment

Partnership / Planning Meeting Minutes



Date: 3-16-2015

Location: Manning Senior Center

Present: Cory Arp, Julie Hodne and Justin Abrams.

Not Present: Paula Klocke, Dawn Rohe, Kevin Boyle and Nate Fuller

Topic	Discussion	Next Step / Responsible Party	Progress to Completion
Wellness: Obesity & Nutrition/Wellness	Collaborating with MOM's group, Trail to No Where, Manning REC Center, offer more walk and runs throughout the year, Kinderfest, Age themed events at the REC Center to get people moving. Provide educational opportunities related to physical fitness and nutrition around the county.	Talk with groups to work together to schedule events related to physical fitness & nutrition: Julie Hodne	Ongoing

Appendix E: Wellness: Stroke

CHNA Meeting: "Stroke"

4/13/16

0900-1000

Present: *Alyson Bornhoft, Shelby Dickson, Linn Block, Laurie Bruck*

Goal: To educate the community on identifying signs and symptoms and the importance of early diagnosis and prompt treatment.

- The minutes from the last meeting were reviewed.
- Our goal and interventions have not changed from prior minutes.
- We are interested in posters for May, Stroke Awareness Month. We will look at the AHA website for commercially made posters.
- We are still interested in a radio ad for May, Stroke Awareness month, but may not have the funding.
- We will meet in May
 - Agenda
 - Roll out our plan for our small group community presentations.
 - Can DMACC help? *Next CHNA meeting is March 22nd*

Next CHNA Stroke meeting is May at 9:00.

CHNA Meeting: "Stroke"

5/3/16

0900-1000

Present: *Shelby Dickson, Linn Block, Laurie Bruck*

Goal: To educate the community on identifying signs and symptoms and the importance of early diagnosis and prompt treatment.

- The minutes from the last meeting were reviewed.
- Our goal and interventions have not changed from prior minutes.
- Stroke awareness posters from AHA have been purchased.
 - 12 posters to the clinic, Shelby and Linn will discuss education for patients with all staff at the huddle on 5/5/16. The goal is for every patient encounter to be educated on the FAST mnemonic for stroke awareness.
 - 3 posters provided to the specialty clinic
 - 3 posters will be provided to the plaza
 - We will go over the posters and FAST at the All Management meeting on 5/4/16
 - We will use the posters for small group training in the community.
- June Meeting June 7th at 9:00
 - Agenda
 - Roll out our plan for small group community presentations.
 - Can DMACC help?

CHNA Stroke Team Meeting

June 7th, 2016

Present: Linn, Shelby, Laurie, Karen

- Minutes from the May 3rd meeting were reviewed.
- Karen states that she and Shelby are planning to attend the Crawford County Fair:
 - BMI Screening
 - B/P check
 - Stroke awareness
 - Promote our proposed “wellness Day at MRHC”
- We talked about doing our small group presentations to community groups. We would like to do 10 minute presentations on the FAST acronym for stroke symptom recognition and treatment. Our next steps are to make contact and set up meetings at the following:

Group	Town	Contact Info	Date and time for presentation
Red Hats			
Char Mac Residents			
Nursing staff at Plaza			
Nursing staff at MRHC			
Rotary Meeting			
Senior Center			
Chamber Meeting			
School			
AgCo, (soy bean plant)			
Lambda Eta	Manning	Kristina Lupardus	Meet 3 rd Wednesday of every month at 7:00 pm, September??

CHNA Stroke Team Meeting

July 12th, 2016

Present: Linn

- Karen, Linn, Shelby are planning to attend the Crawford County Fair:
 - BMI Screening
 - B/P check
 - Stroke awareness
 - Promote our proposed “wellness Day at MRHC”
- We will continue to work on scheduling our small group community presentations. We would like to do 10 minute presentations on the FAST acronym for stroke symptom recognition and treatment. Feel free to make any contacts you may have to schedule a presentation. Our next steps are to make contact and set up meetings at the following:

Group	Town	Contact Info	Date and time for presentation
Red Hats			
Char Mac Residents	Manning		
Nursing staff at Plaza	Manning	Requested Alyson to do this	Next Plaza meeting
Nursing staff at MRHC	Manning	Linn	July 19th
Rotary Meeting	Manning	John is putting us on the agenda for an upcoming meeting, they meet weekly	
Senior Center	Manning		
Chamber Meeting	Manning	Sarah F arranged	Linn, maybe Shelby planning to attend July 13 th at noon, Cliff's place
School	Manning	Sharon Whitson	
AgCo, (soy bean plant)	Manning		
Lambda Eta	Manning	Kristina Lupardus	Meet 3 rd Wednesday of every month at 7:00 pm, September??

Our next meeting is scheduled for August 11th at 2:00.

CHNA Stroke Team Meeting

August 11th, 2016

Present: Linn, Laurie, Shelby

- Promotion and B/P checks were done at the Crawford County fair.
- The team has been actively involved in planning and carrying out the Wellness Clinic on August 12th, 2016
- We will continue to work on scheduling our small group community presentations on the FAST acronym for stroke symptom recognition and treatment. We are also using this opportunity to promote Shelby as the Health Coach:

Group	Town	Contact Info	Date and time for presentation
Red Hats			
Char Mac Residents	Manning	Shelby to work on setting this up	
Nursing staff at Plaza	Manning	Requested Alyson to do this	Next Plaza meeting
Nursing staff at MRHC	Manning	Linn	Done July 19th
Rotary Meeting	Manning	John O'Brien	Scheduled on 9/6
Senior Center	Manning	Linn to work on setting this up	
Chamber Meeting	Manning		Done July 13th
School	Manning	Laurie to work on setting this up	
AgCo, (soy bean plant)	Manning		
MRHC Board	Manning	John O'Brien	Done at May Board meeting

Our next meeting is scheduled for September 13th at 1:00.



CARROLL COUNTY DIRECTORY OF HUMAN SERVICES

Updated June 2014

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CHILDREN, JUVENILES, & FAMILIES

Breda Day Care Center, Inc.	712-673-5437
406 N. 3 rd , Breda, IA 51436	
7:00 a.m. – 6:30 p.m. Mon. – Fri.	
<ul style="list-style-type: none">• Pre-School• Professionally trained early childhood staff provide warm, loving atmosphere and creative play experience for children. Serve 6 weeks through school age.	
Carroll Area Child Care Center & Preschool	712-792-1375
113 W. 7 th St., Carroll, IA 51401	
6:00 a.m. – 6:00 p.m., 5 days/week	
<ul style="list-style-type: none">• Quality daycare for children ages 2 weeks to 10 years with age appropriate, child-oriented activities.	
Carroll Area Victim Service	712-792-6092
(Carroll Co. Attorney’s Office)	
225 E. 7 th St., Carroll, IA 51401	
Carroll County Case Management Services	712-792-4845
See listing under Health & Disabilities	
Carroll County Home Care Aide Service	712-792-9517
17436 Mahogany P O Box 966 Carroll, IA 51401	
E-mail: CCHCA@win-4-u.net	
Board of Health and Home Care Aids	712-792-9517
Carroll County ISU Extension and Outreach	712-792-2364
1205 W. Hwy 30, Carroll, IA 51401	
Carroll County Public Health Services	712-794-5408
H.O.P.E.S.	800-684-3020
Carroll County Nest Immunizations	
See listing under Health & Disabilities	
CASA – Court Appointed Special Advocates for Children	866-923-1083
<ul style="list-style-type: none">• Trained Volunteers are appointed to cases of children under the jurisdiction of Juvenile Court who have been abused or neglected	

Child Health Specialty Clinic712-792-5530

Fax712-792-4825

726 N. Carroll, Carroll, IA 51401

8:00 a.m. – 4:30 p.m. Mon. – Thur.

- We assure a system of care for children and youth who have special health care needs.
- We provide care coordination for children with special health care needs. We also assist families of children enrolling in the Ill & Handicapped Waiver.
- We provide Early ACCESS Service Coordination and Early ACCESS nutrition services.
- We have a parent consultant network available to assist families.

Child Support Recovery Unit712-792-5691

PO Box 937, Carroll, IA 51401

- Recovery of Child support, medical support and establishment of paternity and child support orders. Audubon, Carroll, Crawford, Greene, Guthrie, Sac and Shelby Counties.

Communities 4 Children Decategorization Project712-792-4391 ext. 239

Decategorization/Community Partnerships for Protecting Children Coordinator

Depts. Of Human Services

603 N. Court St., Ste C

Carroll, IA 51401

- Community based service addressing the needs of children and families in Audubon, Carroll, Greene, and Guthrie Counties. Parents are encouraged to participate at monthly local meetings.
Call for more information.

Department of Human Services712-792-4391

Toll Free1-866-202-5968

Child Abuse Hotline & Dependent Adult Hotline1-800-362-2178

608 N. Court Street, Carroll, IA 51401

8:00 a.m. – 4:30 p.m., Mon. – Fri.

- Economic Programs – Cash Welfare Payments, Food Stamps, Medical Assistance (Medicaid), Medicare Reimbursement, State Supplemental Assistance, Nursing/Residential Facility Benefits, and Information and Referral.
- Service Programs – Adoption, Child Day Care, Child Protective Assessments, Dependent Adult Protective Investigations, Family Centered Services, Family Preservation Services, Foster Care, Foster Home Licensing, In-Home Health-Related Care, Waiver Services, and Information and Referral.

Child Support Recovery.....712-792-5838
Toll Free.....**1-888-229-9223**
625 NW Street
Carroll, IA 51401

Family Crisis Center.....712-792-6722
P.O. Box 784 Carroll, IA 51401
8:00 a.m. – 4:00 p.m. Mon.-Fri.
Counseling and advocacy services for victims of domestic violence and sexual assault.
Services are free and confidential.

24 Hour Crisis Line1-888-356-2006

Family Resource Center (CCCPCA)712-792-6440
502 W. 7th Street**800-999-5101**
Carroll, IA 51401**www.carrollfrc.org**

- Child Care Project – technical assistance to child care providers.
- Parent-Time-Out – provides a break from Challenges of parenting.
- FaDSS (Family Development and Self-Sufficiency Program) – helps participants to become more self-sufficient.
- Crisis Child Care – community-based emergency child care to families.
- Stewards of Children is a curriculum for sexual abuse prevention, nurturing healthy sexual development.

Waivers and Programs

Brain Injury	Ill & Handicapped
Children’s Mental Health	Intellectual Disability
Elderly	Physical Disability
Habilitation	

Services

SCL (Supported Community Living) focuses skill development.
Respite is a temporary break for the parent or guardian.
CDAC (Consumer Directed Attendant Care) – doing tasks for individuals with disabilities.
Home-Based Habilitation – skill retention or improvement for individuals with psychiatric illnesses.

- **Emergency/Crisis Care – Crisis Line1-800-999-5101 or 712-792-6440**

Iowa New Choices (DMACC Carroll)712-792-8304
.....or 1-800-622-3334 ext. 8304

- Assists single parents and displaced homemakers by helping them prepare for work so they can support their families
- Offers career counseling, academic, pre-enrollment and financial aid counseling, pre-employment counseling, referral to appropriate supportive agencies, personal/career development workshops, financial assistance for child care and transportation for eligible clients

Juvenile Court Services712-792-5666

P.O. Box 722, Carroll, IA 51401

Manning Child Care Center.....712-655-5437

Serving children 6 weeks to 12 years, in a quality early childhood environment.

New Opportunities, Inc.

Operator/Receptionist712-792-9266 Ext. 0

23751 Hwy 301-800-642-6330

P.O. Box 427, Carroll, IA 51401

www.newopp.org

8:00 a.m. – 4:00 p.m. Mon. - Fri.

CENTRAL ADMINISTRATIVE OFFICE –

1st Five Healthy Mental Development.....Ext. 213

Child and Adult Care Food Program (CACFP)Ext. 303

Child/Adolescent Health ProgramExt. 203

Childhood LeadExt. 203

Women’s Health (WHP)Ext. 206

Breast exams and pap smears, counseling and education, pregnancy testing, prenatal education, firth control methods, STD testing & education for men and women.

Maternal HealthExt. 208

WICExt. 204

hawk-i.....Ext. 208

Head Start/Early Head Start.....Ext. 403

WeatherizationExt. 501

Carroll Mentoring ProgramExt. 601

Financial Literacy.....Ext. 605

New Opportunities Carroll County Family Development Center

23751 Hwy 30 East,

Carroll, IA 51401712-792-9266

- Food Pantry, Share Iowa, Chore services

- Low-Income Energy Assistance/Weatherization, Utility Crisis Assistance
- Homelessness Prevention Rapid Rehousing Program (HPRP).....**712-830-8127**

Partnership 4 Families**712-792-9266 Ext 805**

P.O. Box 672, Carroll, IA 51401

www.partnerships4families.org

Early Childhood Iowa Area for Audubon, Carroll, Greene & Guthrie

Provides funding for preschool assistance, child care project and home visitation

Early Childhood Task Force meetings held quarterly

Quakerdale**712-655-2012**

1500 W. 3rd St.

P.O. Box 366, Manning, IA 51455

- Family Centered Services: Therapist works closely with individual families in their homes
- Family Foster Care: Youth receive counseling while living in a licensed foster home (treatment and basic)
- Foster Care Home Studies: Initial & Relicensing of Foster Homes
- Residential Treatment: Youth, ages 11 to 17 are provided individual & group counseling
Family therapy is also available
- Fun Family Program: Residents have an opportunity to spend time in a family setting with a volunteer "Fun Family."
- In office counseling: Family, couple and individual.
- Insurance, EAP and/or Self-Pay
- Youth Shelter Care – Ages 11-17

Tracey's Tots Day Care Center.....**712-792-3288**

Children will enjoy daily crafts, music, story time, recess, nutritious snacks and hot meals and transportation are provided. Children from 2 weeks to 12 years.

Victim/Witness/Community Service Program**712-792-6092**

(Carroll County Attorney's Office)

225 East 7th St., P.O. Box 1116, Carroll, IA 51401

- To assist victims of crimes by: 1) assisting them in obtaining victim restitution: 2) explaining the legal system to them; and 3) directing them to other agencies should they require further needs
- To prepare and arrange for witness to appear at hearings and trials
- To assist individuals who have been court ordered to perform community service and supervise the community service

SENIORS

Alzheimer’s Association Big Sioux Chapter1-800-272-3900
201 Pierce Street, Suite 110
Sioux City, IA 51102-3716

- To educate the public concerning Alzheimer’s Disease and to aid and support Alzheimer’s patients and their families.

Congregate Meals

Rec. Ctr. Activity Room, Carroll, IA 51401
11:45 a.m. Mon.-Fri.712-792-3058
Municipal Bldg. Basement
Coon Rapids, IA 50058
12:00 p.m. Mon-Fri.712-684-5514
Senior Ctr., Manning, IA 51455
12:00 p.m. Mon. – Fri.712-653-3417

- Nutritious meals offered to senior citizens over age 60, providing a social environment.

Elderbridge Agency on Aging712-792-3512
603 N.W. St., Carroll, IA 51401800-543-3265
elderbridge@elderbridge.org
7:45 a.m. – 4:15 p.m., 5 days/week www.elderbridge.org

Informational & Referral1-800-543-3265

- Planning, funding and coordinating agency.
- Provides services for persons 60+. Also serving as a source of information and advocacy for older persons and their families.

Foster Grandparent Program712-792-4212
514 N. Court Street, Carroll, IA 51401
Email: cfgpp@hotmail.com

- This program offers seniors sixty and over an opportunity to volunteer serving children in need.
- The volunteers receive a small tax-free stipend, travel and meal reimbursement, the unconditional love of a child, and much, much more

New Opportunities, Inc.712-792-9266
See listing under Children, Juveniles, and Familieswww.newopp.org

R.S.V.P. (Retired and Senior Volunteer Program)712-792-4212
514 N Court, Carroll, IA 51401 E-mail: crsvp@hotmail.com
8:00 am – 4:30 p.m. 5 days/week
RSVP matches the interests and talents of people aged 55 and better with volunteer opportunities throughout Carroll County.

St. Anthony Home Health/Hospice.....712-794-5279
Carroll County Public Health Nursing
See listing under Health & Disabilities

COUNSELING SUBSTANCE ABUSE & MENTAL HEALTH

Birthright712-792-6592
Toll free number – 24 hour Crisis Line1-800-550-4900
207 W. 4th Street, Carroll, IA 51401
• Provides assistance for problem pregnancies
• Free pregnancy testing
• Confidential and practical assistance

Catholic Charities712-792-9597
409 ½ W. 7th St., Carroll, IA 51401
8:30 a.m. – 5:00 p.m., Mon., Tues., Wed. & Fri.
1 p.m. – 8 p.m., Thurs.
• Provides family, individual, marital/couple, therapy; maternity services concerning unplanned pregnancies; and adoption services.

Howard Center Inc.
See listing under Health and Disabilities.

Iowa New Choices (DMACC Carroll)712-792-1755
906 N. Grant Road1-800-622-3334
See listing under Children, Juveniles and Families

Lutheran Services in Iowa712-263-9341
205 S. 7th St., Denison, IA 51442
8:00 a.m. – 4:30 p.m., Mon-Fri.

- Foster care placement and supervision and individual and family counseling
- Family-centered services

Manning Family Recovery Center

24 Hour Crisis Line1-800-656-6372

410 Main St., Manning, IA 51455

- Weekend Counseling services available – call for evaluation and information for all services
- De-tox, inpatient, residential, outpatient, intervention, co-dependency services, aftercare and EAP services.
- Gambling treatment and education

New Opportunities, Inc www.newopp.org.....800-810-6244

Behavioral Health Services for Treatment and Prevention of Substance Abuse

23751 Hwy 30 E.....712-792-9266

Carroll, IA 51401.....Fax 712-792-1457

8:00 a.m. – 4:30 p.m., M- F or by appt.

- OWI evaluations
- Substance Abuse Evaluations/Assessments
- Intensive Outpatient Treatment
- Extended Outpatient Treatment
- Continuing Care services
- Inpatient referral service
- Alcohol and drug testing
- OWI Classes
- Juvenile Alcohol Drug Education (JADE)

Richmond Center800-830-7009

24 Hour Crisis Line

- Parent-child counseling
- Marital/Couple counseling
- Art Therapy
- Individual Therapy
- Supported Community Living/Outreach
- Clubhouse for mental health consumers712-792-6102
- Psychological and intelligence testing
- Treatment/assessment for Attention Deficit Hyperactivity Disorder
- Group Counseling
- Psychiatrist Available
- Sliding Fee Schedule or Insurance

St. Anthony Mental Health Services	712-794-5270
(St. Anthony Regional Hospital), S. Clark St., Carroll, IA 51401	
Crisis Line	1-800-562-6060
Outpatient Services	712-794-5435
<ul style="list-style-type: none"> • Individual & Marital Therapy • Behavioral services for headaches, hypertension and chronic pain • Attention Deficit Disorder treatment • School-related problem treatment • Treatment for Depression and Anxiety • Partial hospitalization Program for individuals with mental health issues. • Intensive Outpatient Program 	

FOOD, HOUSING, FINANCIAL & TRANSIT

American Red Cross	1-800-887-2988
Carroll County Community Assistance	712-792-1234
608 N. Court Street, Suite B, Carroll, IA	
<ul style="list-style-type: none"> • Emergency assistance for eligible applicants • Carroll County Veterans Assistance – Emergency assistance for qualified wartime veterans • Iowa City quota papers – Provide medical care at Iowa City for eligible applicants 	
Carroll County ISU Extension and Outreach	712-792-2364
1205 W. U.S. Hwy 30, Carroll, IA 51401	
<ul style="list-style-type: none"> • Financial education 	
Community of Concern Food Pantry	712-792-5150
<ul style="list-style-type: none"> • Provides groceries for eligible applicants who have an emergency need for food. 	
New Opportunities Carroll County Family Development Center	
23751 Hwy 30 East,	
Carroll, IA 51401	712-792-2832
Food Pantry	
Homelessness Prevention Rapid Rehousing Program.....	
See listing under Children, Juveniles, and Families.	712-830-8127
	www.newopp.org
Region XII Council for Governments	712-792-9914
1009 E. Anthony St., P.O. Box 768, Carroll, IA 51401	www.region12cog.org

- Loans/grants made to income eligible homeowners for home repairs.
- Loans/grants made to income eligible applicants for down payment assistance.

Region XII Western Iowa Transit System712-792-9914
 1009 E. Anthony St. P.O. Box 768, Carroll, IA 51401 **www.region12cog.org**
 • Providing local and intercity transportation for the general public, persons with disabilities, senior citizens, and other transportation disadvantaged people.

Regional Housing Authority712-792-5560
 320 East 7th
 Carroll, IA 51401
 • Helps low income families, elderly, disabled, or handicapped pay rent (based on income guidelines per household).

Social Security Administration866-572-8381
 Fax712-792-6460
 818 Bella Vista Dr.
 Carroll, IA 51401
 • Providing income for retired and disabled persons and survivors who are participants in the Social Security program. Also Medicare coverage and Supplemental Security Income services.

JOBS

Experience Works1-800-782-7519
 • Free employment training program for those 55 years of age and older, who meet income guidelines. Services are free.

Iowa Workforce Development712-792-2685
 619 N. Carroll St., Carroll, IA 51401
 www.iowaworkforce.org/jobseekers www.iowaworks.org
 • Provides job placement and unemployment insurance.
 • Career information, labor market information, and resume preparation.
 • Provides information services to employers in regard to recruitment, job placement, labor market information.

New Hope Village712-792-5500
 See listing under Health and Disabilities

Promise Jobs/Workforce Investment Act712-792-9812
1009 E. Anthony St. P.O. Box 768, Carroll, IA 51401712-792-9914

- Promise Jobs is designed to provide applicants and recipients with opportunities to move to self-sufficiency through employment and to develop vocational skills needed to become economically self-sufficient, Program is for FIP recipients.
- Employment training program for eligible adults and youth. Services include resume writing, interview techniques, on-the-job training, vocational training in a classroom setting; Remedial and Basic Skills and supportive services.

Vocational Rehabilitation Office712-792-9351
619 N. Carroll St., Carroll, IA 51401

- Provides rehabilitation services to eligible individuals with disabilities in order that they can prepare for, enter, engage in, or retain gainful employment.

HEALTH AND DISABILITIES AGENCIES AND PROGRAMS

Carroll Area Nursing Service712-792-1111
.....1-800-920-CANS

603 W. 8th St., Carroll, IA 51401 www.canshomehealth.com
Available 24 hours/day, 7 days/week

- Providing quality care in your home with a personal touch
- Providing skilled nursing, physical therapy, speech pathology, occupational therapy, home care aide service, Waiver Services, and nutritional counseling.
- Other locations: Manning.....712-653-2336
- Coon Rapids.....712-999-5664
- Elk Horn.....712-764-8111
- Denison.....712-263-3078

Carroll County ISU Extension and Outreach712-792-2364
• Health and Nutrition Programs

Carroll County Community Services/Carroll County Case Management

Mental Health/Developmental Disabilities Services

- Case management and referral services provided to individuals who have mental retardation, Developmental disability or have a chronic and persistent mental illness
- Serving children and adults who receive services through the Home and Community Based Waiver Program

For access to mental health/developmental disabilities services through Carroll County Mental Health Services Fund Management Plan, contact any of the following access points.

- Carroll County Mental Health Coordinator

608 N. Court Street, Ste. B, Carroll, IA 51401	712-792-1234
• Carroll County Case Management	
608 N. Court Street, Ste. B, Carroll, IA 51401	712-792-4845
• Department of Human Services – Social Work Dept.	
608 N. Court Street, Ste. C, Carroll, IA 51401	712-792-4391
• Richmond Center	
608 N. Court, Ste. A, Carroll, IA 51401	712-792-5278
Office hours for all access points	

Carroll County Nest712-794-5623

St. Anthony Home Health/Hospice.....1-800-684-3020

318 South Maple, Suite 3, Carroll, IA 51401

- Incentive program, encourages healthy behaviors during pregnancy, earn points towards free baby items.
- Open to pregnant women, residing within Carroll County
- Membership offered at no cost to families
- No income guidelines
- Enrollment encouraged during first trimester, but can enroll anytime during pregnancy.

Carroll County Public Health712-794-5408

St. Anthony Home Health/Hospice and Carroll County Board of Health

318 S. Maple St., Suite 3 Carroll, IA 51401

8:00 a.m. – 4:30 p.m., Mon – Fri.

- Immunization Clinics (Children/Adult)
- Communicable Disease Follow-Up
- Resource/Information/Referral for Service

Family Resource Center (CCCPCA)712-792-6440

502 W. 7th Street800-999-5101

Carroll, IA 51401www.carrollfrc.org

See entry under Children, Juveniles and Families

hawk-i

- Medical Insurance for qualifying children up to age 19.....www.hawk-i.org
1-800-257-8563

Homecare Options712-792-0322

726 N. Main St., Carroll, IA 51401

24 hours/day, 7 days/week	
• Provides exterior and interior home care, along with personal, nursing, respite, and live-in care.	
H.O.P.E.S. – Healthy Opportunities For Parents to Experience Success	712-794-5623
St. Anthony Home Health/Hospice/Carroll County Public Health Nursing Service.	1-800-684-3020
318 South Maple, Suite 3, Carroll, IA 51401	
• Voluntary in home family support program, specializing pregnancy/parenting and child Development. – Prenatal women, parents of children age 0-5	
• Services offered at no cost to families residing within Carroll County	
• No Income guidelines	
Howard Center Inc.	
PO Box 366, Carroll, IA 51401	712-794-0456
1319 Early St., Sac City, IA 50583	712-662-7844
Vocational and residential support services for individuals with disabilities. Serves all ages.	
Manning Regional Healthcare Center	712-655-2072
410 Main St., Manning, IA 51455	
• Inpatient and outpatient services	
• Inpatient and outpatient and surgery	
• 24-hour emergency service	
• Obstetrical care	
• Outpatient specialty clinics	
New Hope Village	712-792-5500
1211 E. 18 th St., Carroll, IA 51401	
8:00 a.m. – 4:30 p.m. Monday – Friday	
Residential and vocational services for adults with disabilities.	
• Residential services (ICF/MR, HCBS/SCL, RCF-MR, CSALA)	
• Vocational Services (Community employment services, comprehensive vocational valuations, organizational employment services)	
• New Hope Enterprises	712-792-6713
• Employment Resources	712-792-6111
• Job Placement for people with disabilities	
• New Hope Enterprises	712-655-3223
308 Main St., Manning, IA 51455	

New Opportunities, Inc.712-792-9266
See listing under Children, Juveniles and Families.....www.newopp.org

St. Anthony Regional Hospice712-794-5279
Division of St. Anthony Home Health1-800-684-3020

- 24 hours/day, 7 days/week
- Provides support of terminally ill patients and families in their homes with Respect, Dignity and Love through a team approach utilizing:
 - Medicare certified
 - Skilled nursing and home care aide service
 - Hospice educated volunteers
 - Social workers & chaplain
 - Pharmacy
 - Physical therapy and occupational therapy
 - Nutritional counseling
 - Inpatient care and respite
 - Bereavement follow-up
 - Support group

St. Anthony Home Health/Hospice.....712-794-5279
.....1-800-684-3020

318 S. Maple St., Suite 3 Carroll, IA 51401
8:00 a.m. – 4:30 p.m., Monday – Friday
E-mail address: mschaefer@stanthonyhospital.org

- Nurses on call 24 hours/day, 7 days/week.
- Skilled nursing and home care aides services
 - Physical therapy, speech pathology, occupational therapy
 - Home infusion therapy
 - Public health
 - Hospice
 - Private duty
 - Resource management information and referral service for Seniors.
 - Medicare Certified – “People caring for people in the comfort of their homes.”
 - Home and community based waiver:
 - Ill and handicapped waiver:
 - AIDS waiver
 - Frail and elderly waiver
 - MR Waiver

St. Anthony Regional Hospital	712-794-3581
S. Clark St., Carroll, IA 51401	
Education Services	712-794-5232
Social Services	712-794-5232
• Handles American Cancer Society loan closet equipment.	
Toll Free	1-800-792-6616
www.stanthonyhospital.org	
Vocational Rehabilitation Office	712-794-5428
See listing under Jobs.	

HEALTH AND DENTAL CARE

Medical

Family and Specialty Medical Center	712-792-4000
515 N. Main Street, Carroll, IA 51401	
 Martin, David, DPM	712-792-9782
302 South Main Street, Carroll, IA 51401	
 McFarland Clinic	712-792-1500
405 South Clark Street, Suite 100, Carroll, IA 51401	
Eastside Clinic, 1246 HWY 30 East, Carroll, IA 51401.....	712-792-3311
 St. Anthony Family Care Physicians	
405 S. Clark Street, Suite 230, Carroll, IA 51401.....	712-792-2222
Breda Medical Clinic, 221 Main Street, Breda, IA 51436.....	712-673-2301
Coon Rapids Medical Clinic, 215 Main, Coon Rapids, IA 50058.....	712-999-2237
Manning Medical Clinic, 221 Ann Street, Manning, IA 51455.....	712-653-2211
OB/GYN Consultants, 405 S. Clark Street, Suite 210, Carroll, IA 51401.....	712-792-0702
Wall Lake Medical Clinic, 311 West First Street, Wall Lake, IA 51466.....	712-644-2800
 Wellendorf ENT, :PC	712-792-4368
405 South Clark Street, Carroll, IA 51401	
 Western Iowa Surgery	712-792-3581
405 South Clark Street, Carroll, IA 51401	

Dental

Ahrens, Martin, DDS	712-655-2385
215 Main Street, Manning, IA 51455	
Berning, David, DDS	712-792-4776
409 West 7 th Street, Carroll, IA 51401	
Carroll Dental Clinic	712-792-4375
703 Simon Avenue, Carroll, IA 51401	
Cochrane, R, Bruce, DDS (Periodontist)	712-792-6313
318 South Maple Street, Carroll, IA 51401	
Evans, Elizabeth, DMD	712-792-6455
2008 Hwy 71 North, Carroll, IA 51401	
Fangman, Nicholas, DDS	712-792-2630
818 North Main Street, Carroll, IA 51401	
Halbur, Martin, DDS	712-792-2528
Eischeid, Karl, DDS	
Sturm, Michelle, DDS	
822 N. Main Street, Carroll, IA 51401	
Hillock, Justin, DDS	712-999-5130
411 Main Street, Coon Rapids, IA 50058	
Langwith Hull & Roush (Orthodontists)	712-792-6057
318 South Maple Street, Carroll, IA 51401	
Oral Surgery & Associates	712-792-6086
718 Simon Avenue, Carroll, IA 51401	
Stuntz, Wendell (Orthodontist)	712-792-6087
718 Simon Avenue, Carroll, IA 51401	

Chiropractic

Coon Rapids Chiropractic.....	712-999-9000
121 Fourth Avenue, Coon Rapids, IA 50058	
Family and Specialty Medical Center.....	712-792-4000
515 N. Main Street, Carroll, IA 51401	
Greteman Chiropractic.....	712-792-1953
710 Simon Avenue, Carroll, IA 51401	
Healing Arts Center.....	712-792-4600
715 North Clark Street, Carroll, IA 51401	
Janning Chiropractic.....	712-497-1018
202 North Idaho Street, Glidden, IA 51443	
Lewis Chiropractic.....	712-999-2447
523 Main Street, Coon Rapids, IA 50058	
Soppe Chiropractic.....	712-792-6026
1420 North Hwy 71, Carroll, IA 51401	
Vonnahme Chiropractic.....	712-655-3242
714 Third Avenue, Manning, IA 51455	

EDUCATION

ABCD Preschool	712-792-3117
Carroll Community Schools & Preschool	712-792-8010
Coon Rapids-Bayard Community Schools	712-684-2208
Glidden-Ralston Schools	712-659-3411
Happy Times Preschool.....	712-792-4683
Early Steps to Learning.....	712-792-1811
Kuemper Catholic High Schools	712-792-3596
IKM-Manning Community Schools	712-655-3761
Little Lamb Preschool.....	712-792-4354
Zion Lutheran Preschool.....	712-655-2352

Heartland Area Education Agency712-792-3102

906 N. Grant, Ste., 160, Carroll, IA 51401

- Provides educational media and special education services to public and non-public schools

Carroll County ISU Extension and Outreach Service712-792-2364

1205 W. U.S. Hwy 30, Carroll, IA 51401

- Provides agricultural, home economics, and 4-H services to the people of the community.

New Opportunities, Inc.

Head Start/Early Head Start712-792-9266 ext.400

www.newopp.org

Des Moines Area Community College712-792-1755

906 N. Grant Rd., Carroll, IA 514011-800-622-3334

- Iowa New Choices (see Children, Juveniles and Families)

EMERGENCY & CRISIS

Child Abuse Reporting1-800-362-2178

St Anthony Mental Health Services

Outpatient Services712-794-5435

Crisis Line1-800-562-6060

Fax712-794-5475

Carroll County Ambulance Service

County-wide Emergency Services911

Business Office712-792-1335

City Hall of Manning712-655-2200

Carroll County Emergency Management.....712-775-2166

Carroll County Courthouse

Carroll Co. Sheriff's Dept.712-792-4393

114 E. 6th St., Carroll, IA 51401

- Provides law enforcement

Richmond Center712-792-5728

Family Crisis Center

24 Hr. Crisis Line1-888-356-2006

Emergency/Crisis Care – Crisis Line1-800-999-5101 or 712-792-6440

Family Resource Center

Manning Family Recovery Center –

24 Hour Crisis Line1-800-656-6372

..... Or 1-712-655-2300

VETERANS

VA Central Iowa Health Care System.....712-794-6780
Community Based Outpatient Clinics.....Or 1-855-794-6780
Primary Care Services, Lab services, Pharmacy, Mental Health and Nutrition

Carroll County Community Assistance712-792-1234
608 N. Court Street, Suite B, Carroll, IA
• Carroll County Veterans Assistance – Emergency assistance for qualified wartime veterans

HANDY 800 NUMBERS

AIDS Hotline	800-445-2437
A.C.C.E.S.S. (Sexual Assault Services).....	800-203-3488
A.C.C.E.S.S (Domestic Violence Services).....	855-983-4641
A1-Anon, Aleteen Family Group Hotline	800-344-2666
Alcohol and Drug Abuse	800-252-6465
Alliance for the Mentally Ill of Iowa	800-417-0417
Alzheimer’s Association	800-272-3900
American Cancer Society	866-280-0100
American Diabetic Association	800-232-3472
American Red Cross	866-733-2767
Answer Line(Questions relating to home & family).....	800-262-3804
Association for Children for Enforcement of Support	888-229-9223
Attorney General (State of Iowa)	800-373-5044
Attorney Genreal (Consumer protection).....	888-777-4590
Attorney Referral Service.....	800-532-1108
Bets Off (Gambling Council)	800-238-7633
Better Business Bureau	800-222-1600
Child Care Network	800-722-7619
Child Care Resource and Referral	800-945-9778
Child/Dependent Adult Abuse Hotline	800-362-2178
Carroll Co. Public Health	800-684-3020
Civil Rights Commission	800-457-4416
Continuing Education.....	800-262-0015
Crime Victim Assistance Program	800-373-5044
Crisis Intervention and Advocacy Center	
Crisis Line	800-400-4884

Spanish Line	800-550-0004
Department of the Blind	800-362-2587
Department of Human Services	866-937-3663
Department of Revenue	800-367-3388
Department of Transportation	800-532-1121
Elderbridge Agency on Aging.....	800-543-3265
Equal Employment Opportunity	800-669-4000
Family Resource Center	800-999-5101
Farm-On.....	800-447-1985
Federal Information Hotline	800-688-9889
Experience Works	800-782-7519
HAWK-I Health Insurance	800-257-8563
Healthy Families (ISU)	800-369-2229
Heartland Area Education	800-362-2720
Internal Revenue Service (IRS)	800-829-3676
Iowa Attorney Referral Service.....	800-532-1108
Iowa Concerns Hotline	800-447-1985
Iowa Client Assistance (Dept. of Human Rights	800-652-4298
Division of Disabilities	
Iowa One Call(Call before you dig).....	800-292-8989
Iowa Compass (Disability Information)	800-779-2001
Iowa New Choices, DMACC	800-362-2127
Iowa Poison Center	800-222-1222
Iowa Protection and Advocacy for the Disabled	800-779-2502
Legal Services of Iowa (IA Legal Aid)	800-532-1275
Elderly (Legal Hotline for Older Iowans)	800-992-8161
Long Term Care Ombudsman (Dept. of Elder Affairs)	800-532-3213
New Opportunities, Inc.	800-642-6330
PORKline.....	800-808-7675
Quit Line Iowa (quit smoking).....	800-784-8669
Radon Line	800-383-5992
St. Anthony Home Health Care/Hospice	800-684-3020
Sexual Abuse Hotline	800-203-3488
Senior Health Insurance Information Program (Long Term Care ins).	800-351-4664
Small Business Resource Office	800-532-1216
Social Security Administration	800-772-1213
State Highway Patrol	800-525-5555
Teen Line	800-443-8336

United Network Organ Sharing	888-894-6361
Veterans Suicide Hotline.....	800-321-7772
West Central Mental Health	800-321-7772
Youth Law Center (Under 18)	800-728-1172
Youth & Shelter (24 hour help).....	800-600-2330

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Page 2:	<ul style="list-style-type: none"> — West Iowa Community Mental Health Center — Jackson Recovery Centers — Quakerdale — Community Service Office: Mental Health, Veterans, & General Relief
Page 3:	<ul style="list-style-type: none"> — Family STEPS Program — Child Care Resource & Referral — Lutheran Services of Iowa — Preschools
Page 4:	<ul style="list-style-type: none"> — Children’s Imagination Station Day Care & Preschool — Boyer Valley Campus Care — West Central Community Action Agency - Head Start — West Central Community Action Agency – Early Head Start — BVCS Early Childhood Iowa
Page 5:	<ul style="list-style-type: none"> — North West AEA/Early ACCESS — Department of Human Services — ISU Extension & Outreach — USDA Service Center
Page 6:	<ul style="list-style-type: none"> — Family Crisis Centers — Crawford County Juvenile Court Services Dept. — Iowa Legal Aid — Job Corp Center — Beginning Farmer Center — Hortline
Page 7:	<ul style="list-style-type: none"> — West Central Community Action — Region XII Council of Governments — Region XII Housing Authority — Social Security Administration — Decat/CPPC
Page 8:	<ul style="list-style-type: none"> — Temporary Assistance Program (TAP) — West Central Development Corp. — Crawford County Senior Center — Elderbridge Agency on Aging — Vocational Rehabilitation
Page 9:	<ul style="list-style-type: none"> — Crisis Phone Numbers
Page 10:	<ul style="list-style-type: none"> — Denison Chamber of Commerce — Crawford County Court House — Nursing Homes — Services Organizations — Information Numbers — Counseling (options outside of Crawford County) (also refer to page 2)

DRAFT Please review: send corrections to Annette
Koster akosterbvcs@fronteirnet.net

Qwik Look

For Community Resources

Crawford County Social, Health, and Human Service Agencies

Revision 2014

Crawford County Home Health, Hospice & Public Health

Address: 105 N Main

Denison, IA 51442

Phone: 712-263-3303

Fax: 712-263-4033

Website: <http://crawfordcountyhealth.com/>

Includes skilled nurse visits, homemaker visits, maternal child health services, I-Smile; elderly clinics, immunizations, family planning, MR Waiver Services, and Case Management for Frail Elderly. Hospice support for terminally ill patients and their families. Family STEPS Program for parent of children 0-5.

Crawford County Memorial Hospital

Address: 100 Medical Parkway

Phone: 712-265-2500 or 888-747-0852 Fax: 712-263-1600

Website: <http://ccmhia.com/>

Provides all major hospital services and clinical services. Ambulance services call.

Telecare – 712-263-5691 Telephone contact to Denison elderly daily.

Manning Regional Healthcare Center

Address: 410 Main

Manning, IA 51455

Phone: 714-655-2072

Website: <http://www.mrhcia.com/>

The Manning Regional Healthcare Center provides comprehensive health care.

Manning Regional Healthcare Center Family Recovery Center

Phone: 800-656-6372

Website: <http://www.mrhcia.com/wordpress/recovery-center>

Adult chemical dependency/treatment/residential and out-patient services. Adolescent outpatient (12-18 yrs.); Prevention/ intervention/evaluation; OWI evaluation.

Denison Chamber of Commerce

Address: 18 S Main

Denison, IA 51442

Phone: 712-263-5621 Fax: 712-263-4789

Website: <http://cdcia.org/>**Crawford County Court House**

Address: 1202 Broadway

Denison, IA 51442

Crawford County Attorney 712-263-5501

Crawford County Board of Supervisors 712-263-3340

Driver's License 712-263-3439

Website: <http://www.crawfordcounty.org/>

Crawford Sanitation712-792-9532

Nursing Homes:

Denison Care Center712-263-5611

Dunlap Nursing Home712-643-2121

Eventide Lutheran Home712-263-3114

Information Numbers:

Alzheimer Sioux City Chapter712-279-5802

Iowa Legal Aid Application Line (800) 532-1275

Iowa Legal Aid (800) 432-9229

Iowa Department for the Blind (800) 362-2587

Blue Cross/Blue Shield of Iowa <http://www.wellmark.com/>

National Cancer Institute(800) 422-6237

Iowa Department of Human Rights515-281-3164

Community Action, Advocacy, Criminal and Juvenile Justice Planning

Deaf Services (888) 221-3724

Iowa Civil Rights515-281-4121

I.O.W.A. Compass (800)-779-2001

Other Counseling Options:

Catholic Charities – Council Bluffs712-328-3086

St. Anthony Mental Health in-patient Unit (800) 562-6060

Saint Anthony Hospital712-792-3581

Crisis Phone Numbers

Iowa Department of Human Services Centralized Intake ... (800)-362-2178
Report adult/child abuse.

Boys Town National Hotline (800)-448-3000

Compulsive Gambling(800)-BETS OFF
(800)-238-7633)

County Wide Emergency/ Law Enforcement/Ambulance Service911
Crawford County Hospital712-263-5021

Law Enforcement

Sheriff 712-263-2146
Denison Police712-263-3195
Manilla(City Hall) 712-654-2632 M-F or 712-263-2146
Schleswig (Sheriff)712-263-2146
Vail (Sheriff)712-263-2146
Westside (Sheriff)712-263-2146

Mental Health Institute – Cherokee 712-255-2594

Poison Control(800)-222-1222
Website: <http://www.poison.org/>

Iowa Concern Hotline(800)-447-1985
Available all hours, all days - Financial questions, legal issues, family
transitions, disasters

AnswerLine(800)-262-3804
Hours: M-F 9:00 am – Noon 1:00 pm- 4:00 pm
<http://www.extension.iastate.edu/humansciences/answerline>

Healthy Families(800) 369-2229
Available all hours, all days - Prenatal, child health, and women's health
care questions

Teen Line(800) 443-8336
Available all hours, all days -Personal and health-related information and
referral

Suicide Help(800) 273-TALK
<http://www.suicidepreventionlifeline.org/>

West Iowa Community Mental Health Center
20 N 14th St
Denison, IA 51442
Phone: 712-263-3172 Fax: 712-263-5756
8:00 am to 8:00 pm M 8:00am -5:00pm T-F
Website: <http://wicmhc.com/>
Purpose is to provide supportive counseling and therapeutic interaction,
emergency services, school based programs, community link mentoring
program.

Jackson Recovery Centers
Address: 1233 Broadway
Denison, IA 51442
Phone: 712-263-5065 Fax: 712-263-6366
Website: <http://jacksonrecovery.com/>
Office hours 8:00 am – 4:0 pm M – Th 6:30
Outpatient individual, family, and group crisis interventions, 24 hour
screen.
Main Office: 800 5th St
Sioux City, IA 51101
Phone: 712-234-2300 - 800-472-9018 Fax: 712-234-2399

Quakerdale
Address: 1500 W 3rd St PO Box 366
Manning, IA 51455
Phone: 712-655-2012 Fax: 712-655-2341
Website: <http://quakerdale.org/>
Family counseling, foster care, group residential treatment and shelter care.

Community Service Office: Mental Health, Veterans, & General Relief
Address: 1202 Broadway
Denison, IA 51442
Phone: 712-263-2720
8:00 am – 4:30 pm M – F
Provide assistance to Mental Retardation and Developmental Disability
Clients, assistance to veterans, and emergency assistance.

Crawford County Home Health, Hospice & Public Health
 Family STEPS Program
 Address: 105 N Main
 Denison, IA 51442
 Phone: 712-263-3303 Fax: 712-263-4033
 Website: <http://crawfordcountyhealth.com/>
 Home visitation program for families with children prenatal to age five.

Child Care Resource & Referral
 Mid-Sioux Opportunity, Inc.
 418 S. Marion Street
 Remsen, IA 51050
 Phone: 877-216-8481
 Website: www.iowaccrr.org
 Referrals for parents looking for child care. Professional development & consultant opportunities for child care professionals. Consultant phone number: 712-660-0687 & email: rmitchell@midsioux.org.

Lutheran Services of Iowa
 Address: 205 S 7th St
 Denison, IA 51442
 Phone: 712-263-9341 Fax: 712-263-6061
 M- F 8:00 am – 4:30 pm
 Website: <http://lsiowa.org/>
 Intense in-home services, BHIS, family preservation, foster care services, Iowa's Kids net (adoption), pregnancy prevention.

Preschools:
 Ar-We-Va Little Rockets: 712-263-4313
 Charter Oak-Ute: 712-678-3325
 Children's Imagination Station: 712-263-7100
 Denison Community School District: 712-263-3104
 IKM Manning/Manila: 712-782-3126
 Immanuel Lutheran: 712-676-2235
 Our Savior Open Arms: 712-676-2235
 Saint Rose of Lima: 712-263-5408
 Zion Lutheran: 712-263-4766

Temporary Assistance Program (TAP)
 Address: 210 S 25th ST
 Denison, IA 51442
 Phone: 712-263-4733
 Hours: M-Th 9:00 am – Noon
 Program for families in need of food and clothing.

West Central Development Corp.
 Address: 7th Street
 Denison, IA 51442
 Phone: 712-263-3538 Fax: 712-263-4959
 Hours: M-F 8:00 am – 4:30 pm
 Heating assistance, adult clothing assistance.

Crawford County Senior Center
 Address: 201 S Main
 Denison, IA 51442
 Phone: 712-263-4950
 Hours: M-F 8:00 am – 4:00 pm
 Nutrition, transportation, recreation, Meals on Wheels, and information for the elderly.

Elderbridge Agency on Aging
 Address: 603 NW St
 Carroll, IA 51401
 Phone: 712-792-3512 or 800-243-0678
 Hours: M-F 7:45 am – Noon,
 12:30 pm – 4:15 pm information and referral.
 Information for people 60 years of age and older who reside in Crawford County.

Vocational Rehabilitation
 Address: 619 N Carroll
 Carroll, IA 51401
 Phone: 712-792-9351 Fax: 712-792-6605
 Hours: M-F 8:00 am – 4:30 pm
 Website: www.ivrs.iowa.gov
 Assist persons with physical, emotional, and learning disabilities to achieve employment.

West Central Community Action

Iowa WIC Program

Address: 1408 A Hwy 44

Harlan, IA 51537

Phone: 800-338-4129

Fax: 712-755-3235

Local Clinic Option 1 2nd & 4th Mon 8-5:30 pm; 2nd & 4th Tues 8:00-5:30 pm; 2nd & 4th Wed 8-4:30 pm Days and times may vary due to site change, Holidays and weather – it is best to call before coming (walk-ins welcome).

Local Clinic Option 800-338-4129; cell phone-clinic days only: 712-249-2545

Region XII Council of Governments

Address: 1009 E. Anthony St

Carroll, IA 51401

Phone: 712-792-9914

Fax: 712-792-1751

Hours M – F 8:00 am -5:00 pm

Local assistance in grants, loans, job training, and public transportation.

Covers Carroll, Greene, Sac, Audubon, & Crawford.

Region XII Housing Authority

Address: 320 E 7th PO Box 663

Carroll, IA 51401

Phone: 712-792-5560

Hours M-F 8:00 am – 4:30 pm

Rental assistance for low-income families, elderly and landlord information.

Social Security Administration

Address: 818 Bella Vista Drive

Carroll, IA 51401

Phone: 866-572-8381

Hours M-T-TH-F 9:00 am – 3:00 pm W 9:00 am – Noon

National: 800-772-1213

Information on retirement, disability, survivor's benefits and supplemental security.

Decat/CPPC

Address: 608 N Court

Carroll, IA 51401

Phone: 712-792-4391 ext. 239

Email: msscott@dhs.state.ia.us

Crawford/Sac Board funding programs for children 5-18 years. Call for information about Community Based Family Team Meetings.

Children's Imagination Station Day Care & Preschool

Address: 1826 3rd Ave South

Denison, IA 51442

Phone: 712-263-7100

Fax: 712-263-7104

Email: imagine@frontiernet.net

Facebook page available

An early childhood education program for young children 4 weeks through 11 years, Open M - F

Boyer Valley Campus Care

Address: 212 S School Street

Dow City, IA 51528

Phone: 712-674-3826

Email: ahrn@boyer-valley.k12.ia.us

Serving children 6 weeks to 12 years, in an early childhood environment, open M- F

West Central Community Action Agency - Head Start

Address: 1826 3rd Ave South

Denison, IA 51442

Phone: Denison I- 712-263-7105

Phone Denison II - 712-263-7106

Beyond Dreams Head Start I, II, and III

10 Opportunity Drive

Denison, IA 51442

Phone: Beyond Dreams I – 712-265-2403

Beyond Dreams II – 712-265-2404

Beyond Dreams III – 712-265-2411

Website: <http://westcentralca.org/>

Main Office: Harlan IA - 712-755-7537

West Central Community Action Agency – Early Head Start

Address: 1500 5th Ave South

Denison, IA 51442

Phone: 712-263-5562

Open M – F

BVCS Early Childhood Iowa

Address: PO Box 204

Sac City, IA

Phone: 712-662-3880

Hours M-F 8:00 am -4:30 pm

Website: bvcssempoerment.com

Community 3-County Board funding programs for young children 0 – 5 years of age. Preschool tuition assistance at participation preschools.

North West AEA/Early ACCESS

2008 Highway 59 S.

Denison, IA 51442

Phone: 712-263-4625

Fax: 712-563-3190

Open M – F 8:00 am – 4:30 pm

Sioux City Office: 800-352-9040

Website: <http://nwaea.k12.ia.us>

System of early intervention services for children with or at risk of developmental delays. Early ACCESS 0 -3; AEA 3 – 18.

Department of Human Services

608 North Court Suite C

Carroll, IA 51401

Phone: 712-792-4391 or 866-202-5968

DHS Case management: 712-263-6760 or 712-297-8524

Website: <http://www.dhs.state.ia.us>

Family counseling, foster care, financial assistance and medical programs, Title 19 Case Management for persons with disabilities. On-line applications available for DHS programs including child care subsidy, Food assistance, Family Investment Program, hawk-I etc.

ISU Extension & Outreach

35 S Main St.

Denison, IA 51442

Phone: 712-263-4697

Fax: 712-263-3366

Open M – F 8:00 am – 5:00 pm

Email: Crawford@iastate.eduWebsite: <http://www.extension.iastate.edu/crawford/>

Information and education regarding agriculture, home economics, family life, nutrition resources and youth programs.

USDA Service Center

Address: 3707 Timberline Drive

Phone: 712-263-6197

Hours: M – F 8:00 am – 4:40 pm

- Farm Service Agency

Fax: 855-211-4009

Providing loans for farmers.

- Natural Resource Services

Phone: 712-263-4123 ext. 3

Fax: 855-233-1292

Conservation assistance for farmers/urban.

Family Crisis Centers

Address:

Denison, IA

712-263-3765 or 800-382-5603

Domestic Abuse/Sexual Assault Advocates and Minority Outreach
Support groups and counseling for individuals and families & temporary shelter for abused women and their families.

Crawford County Juvenile Court Services Dept.

Address: 2nd Floor, Crawford County Courthouse

1202 Broadway

Denison, IA 51401

Phone: 712-263-5442

Fax: 712-263-5468

Emergency number on call machine 712-263-3195 (Denison Police)

Hours: 8:00 am – 4:30 pm M-F

Handles matters pertaining to juveniles 17 years of age and younger who have committed crimes.

Iowa Legal Aid

Address: 532 1st Ave Suite 300

Smith-Davis Building

Council Bluffs, IA 51503

Phone: 712-328-3982

Sioux City, IA phone number: 800-352-0017 or 712-277-8686

Legal Assistance for low income families.

Job Corp Center

Address: 10 Opportunity Drive PO Box 610

Denison, IA 51442

Phone: 712-263-4192

Fax: 712-263-6910

Hours 8:00 am – 5:00 pm M-F

Education and training of young persons: ages 16-24, solo parent program on site.

Beginning Farmer Center

Phone: (800) 232-1999

Hours M-F 8:00am – 4:30 pm

Resources to help the next generation of farmers

<http://www.extension.iastate.edu/bfc/>

Hortline

Phone: (515) 294-3108

Hours: M-F 10:00 am – Noon and 1:00 pm – 4:30 pm -Lawn, garden, and landscape plant questions

<http://www.yardandgarden.extension.iastate.edu/>

Contact Information

For inquiries or if you would like to submit a comment/feedback regarding this report, the implementation plan, or the results, please contact:

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