

# **Community Health Needs Assessment**

# Carroll County, IA

On Behalf Manning Regional Healthcare Center



# May 2022

VVV Consultants LLC Olathe, KS

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# I. Executive Summary

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# I. Executive Summary

#### Manning Regional Healthcare Center an affiliate of Mercy One: Carroll County, IA - 2022 Community Health Needs Assessment (CHNA)

The previous CHNA for Carroll County was completed in 2019. (Note: The Patient Protection and Affordable Care Act (ACA) require not-for-profit hospitals to conduct a CHNA every three years and adopt an implementation strategy to meet the needs identified by the CHNA). Wave #4 Carroll County, IA CHNA assessment began in December of 2021 and was facilitated / created by VVV Consultants, LLC (Olathe, KS) staff under the direction of Vince Vandehaar, MBA.

Creating healthy communities requires a high level of mutual understanding and collaboration among community leaders. The development of this assessment brings together community health leaders and providers, along with the residents, to research and prioritize county health needs and document community health delivery success. This health assessment will serve as the foundation for community health improvement efforts for the next three years. **Important community CHNA Benefits** for both the local hospital and the health department, are as follows: 1.) Increases knowledge of community health needs and resources 2.) Creates common understanding of the priorities of the community's health needs 3.) Enhances relationships and mutual understanding between and among stakeholders 4.) Provides a basis upon which community stakeholders can make decisions about how they can contribute to improving the health of the community 6.) Creates opportunities for collaboration in delivery of services to the community and 7.) Provides guidance to the hospital and local health department for how they can align their services and community benefit programs to best meet needs, and 8.) fulfills Hospital "Mission" to deliver.

# **County Health Area of Future Focus on Unmet Needs**

<u>Area Stakeholder held a community conversation to review, discuss and prioritize health delivery.</u> <u>Below are two tables reflecting community views and findings:</u>

	MRHC - Carroll County, IA									
	2022 CHNA Priorities - Unmet Needs									
	CHNA Wave #4 Town Hall - March 24,	2022								
	Primary Service Area (15 Attendees / 60 Tota	l Votes)								
#	Community Health Needs to Change and/or Improve	Votes	%	Accum						
1	Mental Health Services (Diagnosis, Treatment, Aftercare, Providers)	12	20.0%	20%						
2	Ambulance Staffing	8	13.3%	33%						
3	Lack of Rural Health Reimbursement	7	11.7%	45%						
4	Obesity (Nutrition / Exercise)	5	8.3%	53%						
5	Senior Care (Staffing / Reimbursement)	5	8.3%	62%						
6	Chronic Disease Management	4	6.7%	68%						
7	Drug / Substance Abuse	4	6.7%	75%						
8	Suicide	4	6.7%	82%						
	Total Votes	60	100%							
Ot	•	•		Other needs receiving votes: Dental Services taking Medicaid, Alcohol Abuse, Transportation, Available/Affordable Housing, Domestic Violence, Tracking PC Utilization, Under and Utilized Senior Center.						

	MRHC (Carroll County, IA) - Community Health Strengths								
#	Торіс	#	Торіс						
1	Quality of Providers	6	Community Garden						
2	Manning Reg. HC Rehab Center	7	School Health						
3	Scope of Services (Local)	8	Economic Development						
4	Pharmacy	9	Senior Facilities						
5	Access to Healthy Foods	10	Hospital Facility						

# **Town Hall CHNA Findings: Areas of Strengths**

# Key CHNA Wave #4 Secondary Research Conclusions found:

**IOWA HEALTH RANKINGS:** According to the 2021 Robert Woods Health Rankings, Carroll County, IA was ranked 14<sup>th</sup> in Health Outcomes, 13<sup>th</sup> in Health Factors, and 77<sup>th</sup> in Physical Environmental Quality out of the 99 Counties.

**TAB 1.** Carroll County's population is 20,165 (based on 2019). About six percent (6.4%) of the population is under the age of 5, while the population that is over 65 years old is 20.7%. There are 2.4% of citizens that speak a language other than English in their home. Children in single parent households make up a total of 16.6% compared to the rural norm of 18.2%, and 89.5% are living in the same house as one year ago.

**TAB 2.** In Carroll County, the average per capita income is \$31,648 while 7.0% of the population is in poverty. The severe housing problem was recorded at 8.5% compared to the rural norm of 10.9%. Those with food insecurity in Carroll County is 7.8%, and those having limited access to healthy foods (store) is 1.2%. Individuals recorded as having a long commute while driving alone is 13.1% compared to the norm of 25.4%.

**TAB 3.** Children eligible for a free or reduced-price lunch in Carroll County is 41.9%. Roughly ninety-four percent (93.5%) of students graduated high school compared to the rural norm of 90.3%, and 22.4% have a bachelor's degree or higher.

**TAB 4.** The number of births where prenatal care started in the first trimester (per 1,000) is 826.1 and 58.7 of births in Carroll County have a low birth weight. The number of births occurring to teens (15-19) per population of 1,000 females is 28.3 compared to the rural norm of 45.2. The number of births where the mother smoked during pregnancy (per 1,000) was recorded as 119.6 compared to the rural norm of 216.9.

**TAB 5.** The Carroll County primary care service coverage ratio is 1 provider (county based officed physician who is a MD and/or DO) to 1,120 residents. The rate of preventable hospital stays for ambulatory care sensitive conditions per 100,000 Medicare enrollees is 3,021 compared to the rural norm of 3,536. The average (median) time patients spend in the emergency department before leaving was 134 minutes compared to the rural norm of 85 minutes.

**TAB 6.** In Carroll County, 17.9% of the Medicare population has depression. The recorded age-adjusted suicide mortality rate per 100k is 12.5 (as of 2019). The age-adjusted poor mental health days per week for Carroll County is 3.5 compared to the rural norm of also 3.8.

**TAB 7a – 7b.** Carroll County has an obesity percentage of 37.3% and a physical inactivity percentage is 23.5%. The percentage of adults who smoke is 18.7%, while the excessive drinking percentage is 25.7%. The Medicare hypertension percentage is 58.8%, while their heart failure percentage is 12.4%. Those with chronic kidney disease amongst the Medicare population is 24.7% compared to the rural norm of 21.0%. The percentage of individuals who were recorded with COPD was 9.7%. Carroll County recorded 3.5% of individuals who have had a stroke and 8.4% of the population having cancer.

**TAB 8.** The adult uninsured rate for Carroll County is 4.6% (based on 2019) compared to the rural norm of only 6.2%.

**TAB 9.** The life expectancy rate in Carroll County for both females and males is roughly 80 years of age (80.1). The age-adjusted Cancer Mortality rate per 100,000 is 180.1, while the age-adjusted heart disease mortality rate per 100,000 is at 147.8. The alcohol impaired driving deaths percentage is 33.3% compared to the rural norm of 29.3%.

**TAB 10.** A recorded 76.2% of Carroll County has access to exercise opportunities. Those reported having diabetes is 9.7%. Continually, 53.0% of women in Carroll County seek annual mammography screenings compared to the rural norm of 48.3%.

# Key CHNA Wave #4 Primary Research Conclusions found:

# Community feedback from residents, community leaders and providers (N=125) provided the following community insights through an online perception survey:

- Using a Likert scale, average between MRHC (Carroll Co, IA) stakeholders and residents that would rate the overall quality of healthcare delivery in their community as either Very Good or Good; is 87.2%.
- Carroll County stakeholders are satisfied with some of the following services: Ambulance Services, Dentists, Emergency Room, Home Health, Hospice, Outpatient Services, Pharmacy, Primary Care, School Health, and Visiting Specialists.
- When considering past CHNA needs, the following topics came up as the most pressing: Mental Health, Obesity (Nutrition / Exercise), Ambulance Staffing / Training, Transportation, Suicide, Providers, Drugs / Substance Abuse, and Awareness of Healthcare Services.

	Carroll Co IA - CHNA YR 2022							
F	Past CHNA Unmet Needs Identified	Ongo	Ongoing Problem					
Rank	Ongoing Problem Area	Votes	%	Trend	RANK			
1	Mental Health (Diagnosis, Treatment, Aftercare, Providers)	60	16.3%		1			
2	Obesity (Nutrition / Exercise)	40	10.9%		2			
3	Ambulance Staffing / Training	38	10.4%		3			
4	Providers	33	9.0%		6			
5	Transportation	25	6.8%		4			
6	Awareness of Healthcare Services	23	6.3%		8			
7	Drugs / Substance Abuse	23	6.3%		7			
8	Rural Healthcare Policy / Advocacy	21	5.7%		10			
9	Suicide	21	5.7%		5			
10	Cancer Care	16	4.4%		12			
11	Chronic Diseases	16	4.4%		14			
12	Senior Care	16	4.4%		9			
13	Smoking / Vaping	15	4.1%		11			
14	Access to Health Services / Education	14	3.8%		13			
15	Dentists	6	1.6%		15			
	Totals	367	100.0%					

# II. Methodology

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# II. Methodology

## a) CHNA Scope and Purpose

The federal Patient Protection and Affordable Care Act (ACA) requires that each registered 501(c)3 hospital conduct a Community Health Needs Assessment (CHNA) at least once every three years and adopt a strategy to meet community health needs. Any hospital that has filed a 990 is required to conduct a CHNA. IRS Notice 2011-52 was released in late fall of 2011 to give notice and request comments.

## JOB #1: Meet/Report IRS 990 Required Documentation

- 1. A <u>description of the community served</u> by the facility and how the community was determined;
- 2. A description of the process and methods used to conduct the CHNA;
- 3. The <u>identity of any and all organizations</u> with which the organization collaborated and third parties that it engaged to assist with the CHNA;
- 4. A <u>description of how</u> the organization considered the input of persons representing the community (e.g., through meetings, focus groups, interviews, etc.), who those persons are, and their qualifications;
- 5. A <u>prioritized description of all of the community needs</u> identified by the CHNA and an explanation of the process and criteria used in prioritizing such needs; and
- 6. A <u>description of the existing health care facilities and other resources within the</u> <u>community</u> available to meet the needs identified through the CHNA.

Section 501(r) provides that a CHNA must take into account input from persons who represent the broad interests of the community served by the hospital facility, including individuals with special knowledge of or expertise in public health. Under the Notice, the persons consulted must also include: Government agencies with current information relevant to the health needs of the community and representatives or members in the community who are medically underserved, low-income, minority populations, and populations with chronic disease needs. In addition, a hospital organization may seek input from other individuals and organizations located in or serving the hospital facility's defined community (e.g., health care consumer advocates, academic experts, private businesses, health insurance and managed care organizations, etc.).

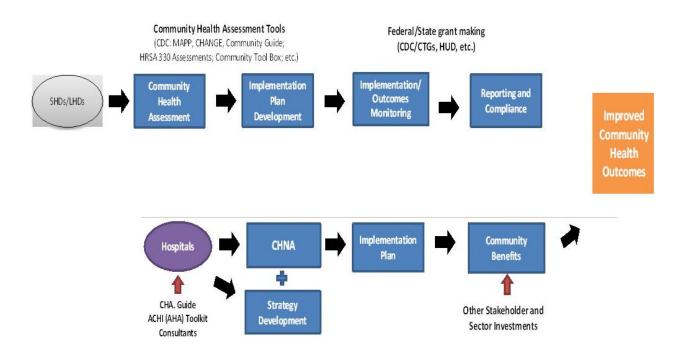
# JOB #2: Making a CHNA Widely Available to the Public

The Notice provides that a CHNA will be considered to be "conducted" in the taxable year that the written report of the CHNA findings is made widely available to the public. The Notice also indicates that the IRS intends to pattern its rules for **making a CHNA** "widely available to the **public**" after the rules currently in effect for Form 990. Accordingly, an organization would make a **facility's written report** widely available by posting the final report on its website either in the form of (1) the report itself, in a readily accessible format or (2) a link to another organization's website, along with instructions for accessing the report on that website. *The Notice clarifies that an organization must post the CHNA for each facility until the date on which its subsequent CHNA for that facility is posted.* 

# JOB #3: Adopt an Implementation Strategy by Hospital

Section 501(r) requires a hospital organization to adopt an implementation strategy to meet the needs identified through each CHNA. The Notice defines an "implementation strategy" as a written plan that addresses each of the needs identified in a CHNA by either (1) describing how the facility plans to meet the health need or (2) identifying the health need as one that the facility does not intend to meet and explaining why the facility does not intend to meet it. A hospital organization may develop an implementation strategy in collaboration with other organizations, which must be identified in the implementation strategy. As with the CHNA, a hospital organization that operates multiple hospital facilities must have a separate written implementation strategy for each of its facilities.

Great emphasis has been given to work hand-in-hand with leaders from hospitals, the state health department and the local health department. A common approach has been adopted to create the CHNA, leading to aligned implementation plans and community reporting.



# **IRS Requirements Overview (Notice 2011-52)**

Notice and Request for Comments Regarding the Community Health Needs Assessment Requirements for Tax-exempt Hospitals

## Applicability of CHNA Requirements to "Hospital Organizations"

The CHNA requirements apply to "hospital organizations," which are defined in Section 501(r) to include (1) organizations that operate one or more state-licensed hospital facilities, and (2) any other organization that the Treasury Secretary determines is providing hospital care as its principal function or basis for exemption.

#### How and When to Conduct a CHNA

Under Section 501(r), a hospital organization is required to conduct a CHNA for each of its hospital facilities <u>once every three taxable years</u>. *The CHNA must take into account input from persons representing the community served by the hospital facility and must be made widely available to the public.* <u>The CHNA requirements are effective for taxable years beginning after March 23, 2012</u>. As a result, a hospital organization with a June 30 fiscal year end must complete a CHNA full report every 3 years for each of its hospital facilities by fiscal June 30th.

## **Determining the Community Served**

A CHNA must identify and assess the health needs of the **community served** by the hospital facility. Although the Notice suggests that geographic location should be the primary basis for defining the community served, it provides that the organization may also take into account the target populations served by the facility (e.g., children, women, or the aged) and/or the facility's principal functions (e.g., specialty area or targeted disease). A hospital organization, however, will not be permitted to define the community served in a way that would effectively circumvent the CHNA requirements (e.g., by excluding medically underserved populations, low-income persons, minority groups, or those with chronic disease needs).

# Persons Representing the Community Served

Section 501(r) provides that a CHNA must take into account input from **persons who represent the broad interests of the community** served by the hospital facility, including individuals <u>with special</u> <u>knowledge of or expertise in public health</u>. Under the Notice, the persons consulted must also include: (1) government agencies with current information relevant to the health needs of the community and (2) representatives or members of medically underserved, low-income, and minority populations, and populations with chronic disease needs, in the community. In addition, a hospital organization may seek input from other individuals and organizations located in or serving the hospital facility's defined community (e.g., health care consumer advocates, academic experts, private businesses, health insurance and managed care organizations, etc.).

# **Required Documentation**

The Notice provides that a hospital organization will be required to separately document the CHNA for each of its hospital facilities in a **written report** that includes the following information: 1) a description of the community served by the facility and how the community was determined; 2) a description of the process and methods used to conduct the CHNA; 3) the identity of any and all organizations with which the organization collaborated and third parties that it engaged to assist with the CHNA; 4) a description of how the organization considered the input of persons representing the community (e.g., through meetings, focus groups, interviews, etc.), who those persons are, and their qualifications; 5) a prioritized

description of all of the community needs identified by the CHNA and an explanation of the process and criteria used in prioritizing such needs; and 6) a description of the existing health care facilities and other resources within the community available to meet the needs identified through the CHNA.

## Making a CHNA Widely Available to the Public

The Notice provides that a CHNA will be considered to be "**conducted**" in the taxable year that the written report of the CHNA findings is made **widely available to the public**. The Notice also indicates that the IRS intends to pattern its rules for making a CHNA "widely available to the public" after the rules currently in effect for Forms 990. Accordingly, an organization would make a facility's written report widely available by posting on its website either (1) the report itself, in a readily accessible format, or (2) a link to another organization's website, along with instructions for accessing the report on that website. The Notice clarifies that an organization must post the CHNA for each facility until the date on which its subsequent CHNA for that facility is posted.

#### How and When to Adopt an Implementation Strategy

Section 501(r) requires a hospital organization to adopt an implementation strategy to meet the needs identified through each CHNA. <u>The Notice defines an "implementation strategy" as a written plan</u> that addresses each of the needs identified in a CHNA by either (1) describing how the facility plans to meet the health need, or (2) identifying the health need as one that the facility does not intend to meet and explaining why the facility does not intend to meet it. A hospital organization may develop an implementation strategy in collaboration with other organizations, which must be identified in the implementation strategy. As with the CHNA, a hospital organization that operates multiple hospital facilities must have a separate written implementation strategy for each of its facilities.

<u>Under the Notice, an implementation strategy is considered to be "adopted" on the date the strategy is</u> <u>approved by the organization's board of directors or by a committee of the board or other parties legally</u> <u>authorized by the board to act on its behalf</u>. Further, the formal adoption of the implementation strategy must occur by the end of the same taxable year in which the written report of the CHNA findings was made available to the public. For hospital organizations with a June 30 fiscal year end, that effectively means that the organization must complete and appropriately post its first CHNA no later than its fiscal year ending June 30, 2013, and formally adopt a related implementation strategy by the end of the same tax year. *This final requirement may come as a surprise to many charitable hospitals, considering Section 501(r) contains no deadline for the adoption of the implementation strategy.* 

# IRS Community Health Needs Assessment for Charitable Hospital Organizations - Section 501(0(3) Last Reviewed or Updated: 21-Aug-2020

In addition to the general requirements for tax exemption under Section 501(c)(3) and Revenue Ruling 69-545hospital organizations must meet the requirements imposed by Section 501(r) on a facility-by-facility basis in order to be treated as an organization described in Section 501(c)(3). These additional requirements are:

- 1. Community Health Needs Assessment (CHNA) Section 501(r)(3),
- 2. Financial Assistance Policy and Emergency Medical Care Policy Section 501(r)(4),
- 3. Limitation on Charges Section 501(r)(5), and
- 4. Billing and Collections Section 501(r)(6).

Medically underserved populations include populations experiencing health disparities or that are at risk of not receiving adequate medical care because of being uninsured or underinsured, or due to geographic, language, financial, or other barriers. Populations with language barriers include those with limited English proficiency. Medically underserved populations also include those living within a hospital facility's service area but not receiving adequate medical care from the facility because of cost, transportation difficulties, stigma, or other barriers.

Additionally, in determining its patient populations for purposes of defining its community, a hospital facility must take into account all patients without regard to whether (or how much) they or their insurers pay for the care received or whether they are eligible for assistance under the hospital facility's financial assistance policy. If a hospital facility consists of multiple buildings that operate under a single state license and serve different geographic areas or populations, the community served by the hospital facility is the aggregate of these areas or populations.

#### **Additional Sources of Input**

In addition to soliciting input from the three required sources, a hospital facility may solicit and take into account input received from a broad range of persons located in or serving its community. This includes, but is not limited to:

	Health care consumers and consumer advocates		Health care providers and community health centers
•	Nonprofit and community-based organizations	•	Health insurance and managed care organizations,
	Academic experts		Private businesses, and
	Local government officials		Labor and workforce representatives.
	Local school districts		

Although a hospital facility is not required to solicit input from additional persons, it must take into account input received from any person in the form of written comments on the most recently conducted CHNA or most recently adopted implementation strategy.

#### **Collaboration on CHNA Reports**

A hospital facility is permitted to conduct its CHNA in collaboration with other organizations and facilities. This includes related and unrelated hospital organizations and facilities, for-profit and government hospitals, governmental departments, and nonprofit organizations.

In general, every hospital facility must document its CHNA in a separate CHNA report unless it adopts a joint CHNA report. However, if a hospital facility is collaborating with other facilities and organizations in conducting its CHNA, or if another organization has conducted a CHNA for all or part of the hospital facility's community, portions of a hospital facility's CHNA report may be substantively identical to portions of the CHNA reports of a collaborating hospital facility or other organization conducting a CHNA, if appropriate under the facts and circumstances.

If two hospital facilities with overlapping, but not identical, communities collaborate in conducting a CHNA, the portions of each hospital facility's CHNA report relevant to the shared areas of their communities might be identical. So, hospital facilities with different communities, including general and specialized hospitals, may collaborate and adopt substantively identical CHNA reports to the extent appropriate. However, the CHNA reports of collaborating hospital facilities should differ to reflect any material differences in the communities served by those hospital facilities. Additionally, if a governmental public health department has conducted a CHNA for all or part of a hospital facility's community, portions of the hospital facility's CHNA report may be substantively identical to those portions of the health department's CHNA report that address the hospital facility's community.

Collaborating hospital facilities may produce a joint CHNA report as long as all of the collaborating hospital facilities define their community to be the same and the joint CHNA report contains all of the same basic information that separate CHNA reports must contain. Additionally, the joint CHNA report must be clearly identified as applying to the hospital facility.

#### **Joint Implementation Strategies**

As with the CHNA report, a hospital facility may develop an implementation strategy in collaboration with other hospital facilities or other organizations. This includes but is not limited to related and unrelated hospital organizations and facilities, for-profit and government hospitals, governmental departments, and nonprofit organizations. In general, a hospital facility that collaborates with other facilities or organizations

in developing its implementation strategy must still document its implementation strategy in a separate written plan that is tailored to the particular hospital facility, taking into account its specific resources. However, a hospital facility that adopts a joint CHNA report may also adopt a joint implementation strategy. With respect to each significant health need identified through the joint CHNA, the joint implementation strategy must either describes how one or more of the collaborating facilities or organizations plan to address the health need or identify the health need as one the collaborating facilities or organizations do not intend to address. It must also explain why they do not intend to address the health need.

A joint implementation strategy adopted for the hospital facility must also: Be clearly identified as applying to the hospital facility, Clearly identify the hospital facility's role and responsibilities in taking the actions described in the implementation strategy as well as the resources the hospital facility plans to commit to such actions, and Include a summary or other tool that helps the reader easily locate those portions of the joint implementation strategy that relate to the hospital facility.

#### Adoption of Implementation Strategy

An authorized body of the hospital facility must adopt the implementation strategy. See the discussion of the Financial Assistance Policy below for the definition of an authorized body. This must be done on or before the 15th day of the fifth month after the end of the taxable year in which the hospital facility finishes conducting the CHNA. This is the same due date (without extensions) of the Form 990.

Acquired Facilities A hospital organization that acquires a hospital facility (through merger or acquisition) must meet the requirements of Section 501(r)(3) with respect to the acquired hospital facility by the last day of the organization's second taxable year beginning after the date on which the hospital facility was acquired. In the case of a merger that results in the liquidation of one organization and survival of another, the hospital facilities formerly operated by the liquidated organization will be considered "acquired," meaning they will have until the last day of the second taxable year beginning after the date of the merger to meet the CHNA requirements. Thus, the final regulations treat mergers equivalently to acquisitions.

#### **New Hospital Organizations**

An organization that becomes newly subject to the requirements of Section 501(r) because it is recognized as described in Section 501(c)(3) and is operating a hospital facility must meet the requirements of Section 501(r)(3) with respect to any hospital facility by the last day of the second taxable year beginning after the latter of: The effective date of the determination letter recognizing the organization as described in Section 501(c)(3), or  $\cdot$  The first date that a facility operated by the organization was licensed, registered, or similarly recognized by a state as a hospital.

#### **New Hospital Facilities**

A hospital organization must meet the requirements of Section 501(r)(3), with respect to a new hospital facility it operates by the last day of the second taxable year beginning after the date the facility was licensed, registered, or similarly recognized by its state as a hospital.

#### **Transferred/Terminated Facilities**

A hospital organization is not required to meet the requirements of Section 501(r)(3) with respect to a hospital facility in a taxable year if the hospital organization transfers all ownership of the hospital facility to another organization or otherwise ceases its operation of the hospital facility before the end of the taxable year. The same rule applies if the hospital facility ceases to be licensed, registered, or similarly recognized as a hospital by a state during the taxable year. By extension, a government hospital organization that voluntarily terminates its Section 501(c)(3) recognition as described in Rev. Proc. 2018-5 (updated annually) is no longer considered a hospital organization for purposes of Section 501(r) and therefore is not required to meet the CHNA requirements during the taxable year of its termination.

# Public Health Criteria:

# Domain 1: Conduct and disseminate assessments focused on population health status and public health issues facing the community.

Domain 1 focuses on the assessment of the health of the population in the jurisdiction served by the health department. The domain includes systematic monitoring of health status; collection, analysis, and dissemination of data; use of data to inform public health policies, processes, and interventions; and participation in a process for the development of a shared, comprehensive health assessment of the community.

#### **DOMAIN 1 includes 4 STANDARDS:**

- **Standard 1.1** Participate in or Conduct a Collaborative Process Resulting in a Comprehensive Community Health Assessment
- **Standard 1.2** Collect and Maintain Reliable, Comparable, and Valid Data That Provide Information on Conditions of Public Health Importance and on the Health Status of the Population
- **Standard 1.3** Analyze Public Health Data to Identify Trends in Health Problems, Environmental Public Health Hazards, and Social and Economic Factors That Affect the Public's Health
- **Standard 1.4** Provide and Use the Results of Health Data Analysis to Develop Recommendations Regarding Public Health Policy, Processes, Programs, or Interventions

#### **Required CHNA Planning Process Requirements:**

- a. Participation by a wide range of community partners.
- b. Data / information provided to participants in CHNA planning process.
- c. Evidence of community / stakeholder discussions to identify issues & themes. Community definition of a "healthy community" included along with list of issues.
- d. Community assets & resources identified.
- e. A description of CHNA process used to set priority health issues.

#### Seven Steps of Public Health Department Accreditation (PHAB):

- 1. Pre-Application
- 2. Application
- 3. Document Selection and Submission
- 4. Site Visit
- 5. Accreditation Decision
- 6. Reports
- 7. Reaccreditation

# **MAPP Process Overview**

**Mobilizing for Action through Planning and Partnerships (MAPP)** is a flexible strategic planning tool for improving the health and quality of life for the community. Like most strategic planning, MAPP involves organizing partners, creating a vision and shared values, collecting data, identifying areas for improvement, and developing goals and strategies to address them. Through collaboration with partners and the community, MAPP allows us to focus our efforts and work on issues to strengthen the local public health system.

The MAPP process includes the following six phases. It's important to note that MAPP has no set end point and will continue throughout the life cycle of the Community Health Improvement Plan (CHIP).

1. In this first phase, **Organize for Success/Partnership Development**, various sectors of the community with established relationships are reviewed, leading to the identification of areas for partnership development and creation of new relationships to enhance the MAPP process.

2. In the second phase, **Visioning**, a shared community vision and common values for the MAPP process are created.

3. In the third phase, **Four MAPP Assessments**, data is collected from existing and new sources about the health of our community, which results in a Community Health Assessment (CHA).

4. In the fourth phase, **Identify Strategic Issues**, community partners and health professionals select issues based on data collected from the third phase that are critical to the local public health system and align with the vision from the second phase.

5. In the fifth phase, **Formulate Goals and Strategies**, potential ways to address the strategic issues are identified by the community along with the setting of achievable goals. The final result is a Community Health Improvement Plan (CHIP).

6. The sixth and final phase of the MAPP process is the **Action Cycle**, which is where the work happens for meeting the objectives set in the previous phase. Through these collaborative efforts, the health of the community is improved.



# **Drivers of Health Assessment & Improvement Planning**

Different drivers have led health agencies and organizations to institutionalize community health assessment and community health improvement planning in recent years.

## **National Voluntary Accreditation Requirements**

In 2011, the Public Health Accreditation Board (PHAB), in partnership with key public health organizations, launched a new national voluntary accreditation program for state, tribal, local, and territorial health departments. The standards and measures encompass 12 domains of performance and include a comprehensive community health assessment (Domain 1, Standard 1.1) and a community health improvement plan (Domain 5, Standard 5.2). A documented community health assessment and improvement plan are two of the three prerequisites for applying to PHAB. PHAB requires that these processes be conducted collaboratively and that the documents be dated within the last five years. More information is available from PHABexternal icon and CDC.

# **CDC Grant Requirements**

CDC grants often require or encourage completing a community health assessment or improvement plan. In some cases, these plans provide valuable information for identifying priority health issues or needs. Examples include ; <u>National Public Health</u> <u>Improvement Initiative (NPHII)</u>; <u>Community Transformation Grants or REACH Core</u>

The Public Health Accreditation board defines *community health assessment* as a systematic examination of the health status indicators for a given population that is used to identify key problems and assets in a community. The ultimate goal of a community health assessment is to develop strategies to address the community's health needs and identified issues. A variety of tools and processes may be used to conduct a community health assessment; the essential ingredients are community engagement and collaborative participation. Turnock B. *Public Health: What It Is and How It Works. Jones and Bartlett, 2009,* as adapted in *Public Health Accreditation Board Acronyms and Glossary of Terms Version* 1.0 Cdc-pdf[PDF – 536KB]External, July 2011.

The Catholic Health Association defines a *community health needs assessment* as a systematic process involving the community to identify and analyze community health needs and assets in order to prioritize these needs, and to plan and act upon unmet community health needs." Catholic Health Association, <u>Guide to Assessing and Addressing</u> <u>Community Health Needs Cdc-pdf[PDF-1.5MB]External</u>, June 2013.

# **Social Determinants of Health**

What Are Social Determinants of Health?



<u>Social determinants of health (SDOH)external icon</u> are defined as the conditions in which people are born, grow, live, work, and age. SDOH are shaped by the distribution of money, power, and resources throughout local communities, nations, and the world. Differences in these conditions lead to health inequities or the unfair and avoidable differences in health status seen within and between countries.

<u>Healthy People 2030 external icon</u> includes SDOH among its leading health indicators. One of Healthy People 2030's five overarching goals is specifically related to SDOH: Create social, physical, and economic environments that promote attaining the full potential for health and well-being for all.

Through broader awareness of how to better incorporate SDOH throughout the multiple aspects of public health work and the <u>10 Essential Public Health Services</u>, public health practitioners can transform and strengthen their capacity to advance health equity. Health equity means that everyone has a fair and just opportunity to be as healthy as possible. This requires removing obstacles to health, such as poverty, discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay, quality education and housing, safe environments, and health care.

# II. Methodology b) Collaborating CHNA Parties

Working together to improve community health takes collaboration. Listed below is an in depth profile of the local hospitals and health department CHNA partners:

# Manning Regional Healthcare Center

1550 6th Street Manning, Iowa 51455 (712) 655-2072 CEO: Linn Block

**About:** For almost 80 years, the community of Manning has maintained a quality hospital, providing local residents with some of the best health care services in West Central Iowa. While our hospital has undergone many makeovers and some name changes throughout its history, the overall goal of providing you and your family with the highest quality of medical care available has never changed. As part of the Manning Regional Healthcare Center's comprehensive total health care system, the Hospital has state-of-the-art diagnostic radiology equipment, emergency department care, inpatient medical and surgical treatment and skilled nursing services. All of this and much more allows us to care for the majority of your medical needs right here in Manning.

Our 17-bed facility has been federally designated as a critical access hospital (CAH). To be designated a CAH, our rural hospital must meet defined criteria that were outlined in the Conditions of Participation 42CFR485 and subsequent legislative refinements to the program through the BBRA, BIPA and Medicare Modernization Act.

#### **MRHC Services:**

- Cardiology
- Acute Care Services
- ENT
- Comfort Care
- Dermatology
- Emergency Room
- Wound Care
- Mental Heath Services
- Counseling
- Oncology
- Orthopedic / Sports Medicine
- Hospitality Care

- Pain Clinic
- Rehab Therapy (Physical, Occupational, & Speech)
- Podiatry
- Radiology
- Respiratory Therapy
- Skilled Care
- Surgery
- Urology
- Senior Life Solutions Program
- Manning Recovery Center (Substance Abuse & Treatment)

# **Carroll County Public Health** 608 N Court St Suite A Carroll, Iowa 51401 (712) 775-2660 Directors: Megan Owen and Carey Kersey

#### Services:

- Immunization New OpportunitiesBioterrorism and Emergency Preparedness
- Blood Pressure ChecksTB Testing
- Home Care Aid Visits
- Community and Prevention Education

# II. Methodology b) Collaborating CHNA Parties Continued

# Consultant Qualifications:

#### VVV Consultants LLC 601 N. Mahaffie, Olathe, KS 66061 (913) 302-7264

VVV Consultants LLC is an Olathe, KS based "boutique" healthcare consulting firm specializing in Strategy, Research and Business Development services. To date we have completed 70 unique community CHNA's in KS, MO, IA and NE (references found on our website <u>VandehaarMarketing.com</u>

# Vince Vandehaar, MBA - Principal

VVV Consultants LLC - start 1/1/09 \*

- Adjunct Full Professor @ Avila and Webster Universities
- 35+ year veteran marketer, strategist and researcher
- Saint Luke's Health System, BCBS of KC,
- Tillinghast Towers Perrin, and Lutheran Mutual Life
- Hometown: Bondurant IA

Cassandra Kahl, BHS MHA – Director, Project Management VVV Consultants LLC – Nov 2020

- University of Kansas Health Sciences (BHS)
   Park University Masters of Health Administration (MHA)
- Pharmacy Management (CVS) 2 ½ years
- Hometown: Maple, WI



VVV Consultants LLC (EIN 27-0253774) began as "VVV Research & Development INC" in early 2009 and converted to an LLC on 12/24/12. Web: VandehaarMarketing.com

**Our Mission:** to research, facilitate, train, and create processes to improve healthcare delivery and uncover strategic "critical success" initiatives.

**Our Vision:** meeting today's challenges with the voice of the market.

# **Our Values :**

"Community" – Industry engagement...membership AMA KC, ACHE, EPBA, Forum and SHSMD.

"Stewardship" – Fair fees based on client, project scope, turnaround time, etc. "Integrity" – Trustworthy delivery with numerous client recommendations /

endorsements.

"Experience" – Skilled consulting; Marketing careers. We understand business because we have been there!

"Growth" - Process-driven; ongoing innovational delivery.

# II. Methodology c) CHNA and Town Hall Research Process

Wave #4 Community Health Needs Assessment (CHNA) process began in December of 2021 for Manning Regional Healthcare Center an affiliate of Mercy One (MRHC) located in Carroll County, IA to meet Federal IRS CHNA requirements.

In early November 2021, a meeting was called amongst the MRHC leaders to review CHNA collaborative options. <Note: VVV Consultants LLC from Olathe, KS was asked to facilitate this discussion with the following agenda: VVV CHNA experience, review CHNA requirements (regulations) and discuss CHNA steps/options to meet IRS requirements and to discuss next steps.> Outcomes from discussion led to MRHC requesting VVV Consultants LLC to complete a CHNA IRS aligned comprehensive report.

#### **VVV CHNA Deliverables:**

- Document Hospital Primary Service Area meets the 80-20 Patient Origin Rule.
- Uncover / document basic secondary research county health data, organized by 10 tabs.
- Conduct / report CHNA Community Check-in Feedback Findings (primary research).
- Conduct a Town Hall meeting to discuss with community secondary & primary data findings leading to determining (prioritizing) county health needs.
- Prepare & publish CHNA report which meets ACA requirements.

To ensure proper PSA Town Hall representation (that meets the 80-20 Patient Origin Rule), a patient origin two-year summary was generated documenting patient draw by zip codes as seen below:

Manning	Inpatients		Emergency			Outpatients							
Source: KHA - FFY 2	2019 - 2021	19,510	Totals	- IP/OP	157	141	140	1,034	901	1,110	5,150	4,734	6,143
Patient Zip Code	County	3YR TOT	%	Accum	FFY19	FFY20	FFY21	FFY 19	FFY20	FFY21	FFY19	FFY20	FFY21
51455 - Manning	CARROLL	9,692	49.7%	49.7%	89	79	71	493	493	596	2,620	2,132	3,119
51454 - Manilla	CRAWFORD	2,742	14.1%	63.7%	17	25	21	179	143	157	701	697	802
50025 - Audubon	A UDUBON	699	3.6%	67.3%	3	1	3	46	30	33	176	224	183
50058 - Coon Rapids	CARROLL	687	3.5%	70.8%		2	3	45	38	62	193	170	174
51463 - Templeton	CARROLL	682	3.5%	74.3%	5	3	2	32	21	31	170	181	237
51401 - Carroll	CARROLL	667	3.4%	77.7%	5	5	4	22	15	22	145	221	228
51442 - Denison	CRAWFORD	453	2.3%	80.1%	1	4	5	25	15	19	99	120	165
51446 - Red Line	SHELBY	383	2.0%	82.0%	2	1	3	26	22	20	102	92	115
51467 - Westside	CRAWFORD	366	1.9%	83.9%	5		5	26	10	9	110	110	91

# To meet IRS aligned CHNA requirements and meet Public Health accreditation criteria stated earlier, a four-phase methodology was followed:

#### Phase I—Discovery:

Conduct a 30-minute kick-off conference call for the CHNA with the hospital clients. Review / confirm CHNA calendar of events, explain / coach clients to complete required participant database and schedule / organize all Phase II activities.

#### Phase II—Qualify Community Need:

A) Conduct secondary research to uncover the following historical community health status for the primary service area. Use valid health indicator sources cited to document current state of county health organized as follows:

Health Indicators - Secondary Research
TAB 1. Demographic Profile
TAB 2. Economic Profile
TAB 3. Educational Profile
TAB 4. Maternal and Infant Health Profile
TAB 5. Hospital / Provider Profile
TAB 6. Behavioral / Mental Health Profile
TAB 7. High-Risk Indicators & Factors
TAB 8. Uninsured Profile
TAB 9. Mortality Profile
TAB 10. Preventative Quality Measures

B) Survey Community Stakeholders to inquire about past CHNA unmet needs and obtain current health delivery trends and document on going health issues.

#### Phase III—Quantify Community Need:

Conduct a 90-minute Town Hall meeting with required community primary service area residents. At each Town Hall meeting, CHNA secondary data will be reviewed, facilitated group discussion will occur and a group ranking activity to determine the most important community unmet health needs was administered.

#### Phase IV—Complete Data Analysis and Create Comprehensive Community Health Needs Assessment:

Complete full documentation to create each CHNA sections documented in Table of Contents. Publish hard copy reports (2) for client usage plus create a full CHNA report pdf to be posted on hospital website to meet government CHNA regulation criteria.

Detail CHNA Development Steps Include:

Development Steps to Create Comprehensive							
Community Health Needs Assessment							
Step # 1 Commitment	Determine interest level of area healthcare leaders (Hospital, Health Dept., Mental Health Centers, Schools, Churches, Physicians etc.), prepare project quote.						
Step # 2 Planning	Prepare brief CHNA Project Work Calendar - list goals, objectives, purpose, outcome, roles, community involvement, etc. Hold Community Kick-off meeting.						
Step # 3 Secondary Research	Collect & Report Community Health Published Facts. Gather data health practice data from published secondary research sources i.e. census, county health records, behavioral risk factors surveillance, etc.						
Step # 4a Primary Research - Town Hall prep	Collect Community Opinions. (Quantitative Research). Gather Stakeholders / Community opinions regarding community health needs and healthcare practices.						
Step # 4b Primary Research - Conduct Town Hall	Conduct "Conversation with Community" Town Hall (Qualitative Research). Review Secondary & Primary Data findings. Facilatate community conversation to build consensus; discuss opinions / identify health needs.						
Steps # 5 Reporting	Prepare/Present comprehensive CHNA report (to community leaders), facilitate development of CHNA Implementation Plan (Actions to improve health). < Note: Formal report will follow IRS Notice 2011-52 regs & PHAB requirements. >						
VVV Consultants, LLC Olathe, KS	913 302-7264						

# **Data & Benchmarks Review**

Community health assessments typically use both primary and secondary data to characterize the health of the community:

- **Primary data** are collected first-hand through surveys, listening sessions, interviews, and observations.
- Secondary data are collected by another entity or for another purpose.
- **Indicators** are secondary data that have been analyzed and can be used to compare rates or trends of priority community health outcomes and determinants.

Data and indicator analyses provide descriptive information on demographic and socioeconomic characteristics; they can be used to monitor progress and determine whether actions have the desired effect. They also characterize important parts of health status and health determinants, such as behavior, social and physical environments, and healthcare use.

Community health assessment indicators should be.

- Methodologically sound (valid, reliable, and collected over time)
- Feasible (available or collectable)
- Meaningful (relevant, actionable, and ideally, linked to evidence-based interventions)
- Important (linked to significant disease burden or disparity in the target community)

Jurisdictions should consider using data and indicators for the smallest geographic locations possible (e.g., county-, census block-, or zip code-level data), to enhance the identification of local assets and gaps.

Local reporting (county specific) sources of community-health level indicators:

CHNA Detail Resources
Quick Facts - Business
Centers for Medicare and Medicaid Services
CMS Hospital Compare
County Health Rankings
Quick Facts - Geography
Quick Facts - People
U.S. Department of Agriculture - Food Environment Atlas
U.S. Center for Disease Control and Prevention

## Sources of community-health level indicators:

- <u>County Health Rankings and Roadmaps</u>
   The annual Rankings measure vital health factors, including high school graduation rates, obesity, smoking, unemployment, access to healthy foods, the quality of air and water, income inequality, and teen births in nearly every county in America. They provide a snapshot of how health is influenced by where we live, learn, work and play.
- <u>Prevention Status Reports (PSRs)</u> The PSRs highlight—for all 50 states and the District of Columbia—the status of public health policies and practices designed to prevent or reduce important public health problems.
- <u>Behavioral Risk Factor Surveillance System</u>
   The world's largest, ongoing telephone health survey system, tracking health conditions and risk behaviors in the United
   States yearly since 1984. Data are collected monthly in all 50 states, the District of Columbia, Puerto Rico, the US Virgin
   Islands, and Guam.
- The <u>Selected Metropolitan/Micropolitan Area Risk Trends</u> project was an outgrowth of BRFSS from the increasing number of respondents who made it possible to produce prevalence estimates for smaller statistical areas.
- <u>CDC Wonder</u> Databases using a rich ad-hoc query system for the analysis of public health data. Reports and other query systems are also available.
- <u>Center for Applied Research and Engagement Systems external icon</u> Create customized interactive maps from a wide range of economic, demographic, physical and cultural data. Access a suite of analysis tools and maps for specialized topics.
- <u>Community Commons external icon</u> Interactive mapping, networking, and learning utility for the broad-based healthy, sustainable, and livable communities' movement.
- <u>Dartmouth Atlas of Health Care external icon</u>
   Documented variations in how medical resources are distributed and used in the United States. Medicare data used to provide information and analysis about national, regional, and local markets, as well as hospitals and their affiliated physicians.
- <u>Disability and Health Data System</u>
   Interactive system that quickly helps translate state-level, disability-specific data into valuable public health information.
- <u>Heart Disease and Stroke Prevention's Data Trends & Maps</u>
   View health indicators related to heart disease and stroke prevention by location or health indicator.
- <u>National Health Indicators Warehouse external icon</u> Indicators categorized by topic, geography, and initiative.
- US Census Bureau external icon
   Key source for population, housing, economic, and geographic information.
- <u>US Food Environment Atlas external icon</u>
   Assembled statistics on food environment indicators to stimulate research on the determinants of food choices and diet quality, and to provide a spatial overview of a community's ability to access healthy food and its success in doing so.
- <u>Centers for Medicare & Medicaid Services Research and Data Clearinghouse external icon</u> Research, statistics, data, and systems.
- <u>Environmental Public Health Tracking Network</u>
   System of integrated health, exposure, and hazard information and data from a variety of national, state, and city sources.
- <u>Health Research and Services Administration Data Warehouse external icon</u> Research, statistics, data, and systems.
- <u>Healthy People 2030 Leading Health Indicators external icon</u> Twenty-six leading health indicators organized under 12 topics.
- <u>Kids Count external icon</u>
   Profiles the status of children on a national and state-by-state basis and ranks states on 10 measures of well-being; includes a <u>mobile site external icon</u>.
- <u>National Center for Health Statistics</u>
   Statistical information to guide actions and policies.
- <u>Pregnancy Risk Assessment and Monitoring System</u> State-specific, population-based data on maternal attitudes and experiences before, during, and shortly after pregnancy.
- <u>Web-based Injury Statistics Query and Reporting System (WISQARS)</u> Interactive database system with customized reports of injury-related data.
- Youth Risk Behavior Surveillance System
   Monitors six types of health-risk behaviors that contribute to the leading causes of death and disability among youth and adults.

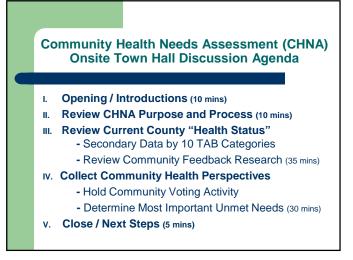
# Specific project CHNA roles, responsibilities, and timelines are documented in the following calendar.

	Manning Regional Healthcare Center - Carroll Co, IA VVV CHNA Wave #4 Work Plan - Year 2022							
	Project Timeline & Roles - Working Draft as of 11/3/21							
Step	Timeframe	Lead	Task					
1	10/4/2021	VVV / Hosp	Sent Leadership information regarding CHNA Wave #4 for review.					
2	10/7/2021	Hosp	Select CHNA Wave #4 Option B. Approve / Sign VVV CHNA quote					
3	12/1/2021	VVV	Send out <b>REQCommInvite Excel</b> file. HOSP & HLTH Dept to fill in PSA Stakeholders Names /Address /Email					
4	12/15/2021	VVV	Hold Kick-off Meeting & Request Hospital Client to send IHA PO reports for FFY 19, 20 and 21. In addition, request hospital to complete 3 year historical PSA IP/OP/ER/Clinic patient origin file (Use <b>ZipPSA_3yrPOrigin.xls</b> )					
5	1/3/2022	VVV	Prepare CHNA Wave#4 Stakeholder Feedback "online link". Send link for hospital review.					
6	Jan - Feb 2022	VVV	Assemble & complete Secondary Research - Find / populate 10 TABS. Create Town Hall ppt for presentation.					
7	By 1/24/2022	VVV / Hosp	Prepare/send out PR story#1 / E Mail#1 Request announcing upcoming CHNA work to CEO to review/approve.					
8	1/24/2022	VVV / Hosp	Place PR #1 story to local media CHNA survey announcing "online CHNA Wave #4 feedback". Request public to participate. Send E Mail request to local stakeholders					
9	2/3/2022	VVV	Launch / conduct online survey to stakeholders: Hospital will e-mail invite to participate to all stakeholders. Cut-off 3/03/2022 for Online Survey					
10	By 3/1/2022	Hosp	Prepare/send out PR#2 story / E Mail#2 Request announcing upcoming Community TOWN HALL invite letter and place local AD.					
11	3/3/2022	VVV / Hosp	Place PR #2 story to local media / Send E Mail to local stakeholders announcing / requesting participation in upcoming Town Hall Event.					
12	3/17/2022	ALL	Conduct conference call (time TBD) with Hospital / Public HLTH to review Town Hall data / flow					
13	3/24/2022	VVV	Conduct virtual CHNA Town Hall for a working <b>Dinner</b> from <b>5:00 pm- 7:30 pm</b> at <b>TBD.</b> Review & Discuss Basic health data plus RANK Health Needs.					
14	On or Before 4/29/22	VVV	Complete Analysis - Release Draft 1- seek feedback from Leaders (Hospital & Health Dept.)					
15	On or Before 5/15/22	VVV	Produce & Release final CHNA report. Hospital will post CHNA online (website).					
16	5/25/2022	Hosp	Conduct Client Implementation Plan PSA Leadership meeting					
17	5/25/2022	Hosp	Hold Board Meetings discuss CHNA needs, create & adopt an implementation plan. Communicate CHNA plan to community.					



#### Table Assignments

1	A			Julie	MRHC	RN - CHNA chairperson
2	Α	_		Dave		
3	Α		Hudson	Erin	Manning Senior Living	Director
4	Α		Spies	Paula	New Opportunities, Inc.	Health Services Director
5	В	##	Voege	Jean	MRHC Board of Directors	
6	В		LAMP	JULIE	MRHC	PARENT
7	В		Kusel	Pam	Manning News Journal	
8	В		Block	Linn	MRHC	CEO
9	С	##	Vollstedt	Kimberly	Manning Pharmacy	Pharmacy
10	С		Folk	Larry	Manning Senior Living	Portfolio CRC
11	С		hagedorn	larry	MRHC	board member
12	С		Schwering	Nicole	St Anthony Hospital	
			Servicing	incone	servinenony nospital	1







- ALL attendees practice "Safe Engagement". We will work together Table Teams
- ALL attendees welcome to share. Engaging Conversation (No right or wrong answer)
   Parking Lot
- ALL Take Notes Important Health Indicators
- Please give truthful responses Serious Community Conversation. Here to Update Unmet Needs List.
- Have a little fun along the way

#### **II. Review of a CHNA**

- A Community Health Needs Assessment (CHNA) is a....
   Systematic collection, assembly, analysis, and dissemination of information about the health of the community.
- A CHNA's role is to ....
  - <u>Identify</u> factors that affect the health of a population and <u>determine</u> the availability of resources to adequately address those factors.

#### Purpose of a CHNA – Why Conduct One?

- Determine health-related trends and issues of the community
- Understand / evaluate health delivery programs in place.
- Meet Federal requirements both local hospital and health department
   Develop Implementation Plan strategies to address unmet health needs (4-6 weeks after Town Hall)

6

#### I. Introductions: A Conversation with the Community & Stakeholders

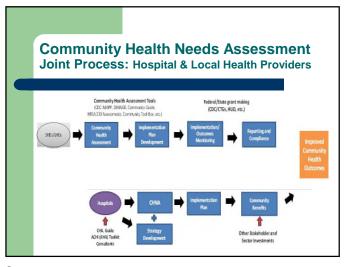
Community members and organizations invited to CHNA Town Hall

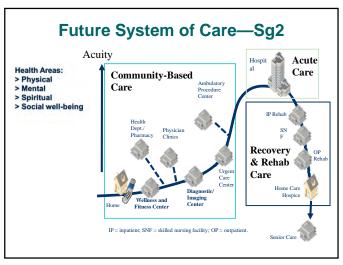
Consumers: Uninsured/underinsured people, Members of at-risk populations, Parents, caregivers and other consumers of health care in the community, and Consumer advocates.

Community leaders and groups: The hospital organization's board members, Local clergy and congregational leaders, Presidents or chairs of civic or service clubs -- Chamber of Commerce, veterans' organizations, Lions, Rotary, etc., Representatives from businesses - owners/CEO's of large businesses (local or large corporations with local branches.),Business people & merchants (e.g., who sell tobacco, alcohol, or other drugs), Representatives from organized labor, Political, appointed and elected officials., Foundations., United Way organizations. And other "community leaders."

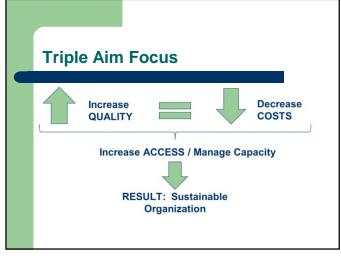
Public and other organizations: Public health officials, Directors or staff of health and human service organizations, City/Community planners and development officials, Individuals with business and economic development experience, Welfare and social service agency staff, Housing advocates - administrators of housing programs: homeless betters, Iow-income-family housing and senior housing.Education officials and staff - school superintendents, principals and teachers, Public safety officials, Staff from state and area agencies on aging.Law enforcement agencies - Chiefs of police, Local colleges and universities, Coalitions working on health or other issues.

Other providers: Physicians, Leaders in other not-for-profit health care organizations, such as hospitals, clinics, nursing homes and home-based and community-based services, Leaders from Catholic Charities and other faith-based service providers, Mental health providers, Oral health providers, Health insurers, Parish and congregational nursing programs, Other health professionals



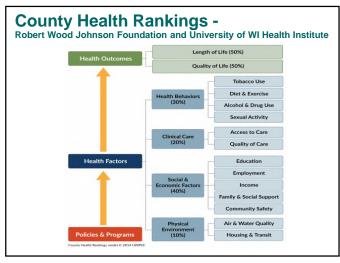




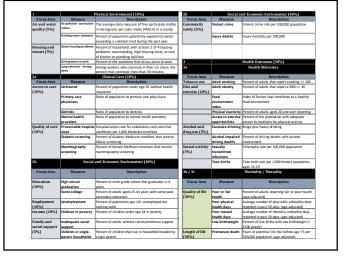


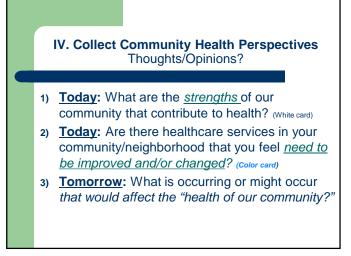


III. Review Current County Health Status: Secondary Data by 10 Tab Categories & State Rankings							
	Health Indicators - Secondary Research						
	TAB 1. Demographic Profile						
	TAB 2. Economic Profile						
	TAB 3. Educational Profile						
	TAB 4. Maternal and Infant Health Profile TAB 5. Hospital / Provider Profile						
	TAB 6. Behavioral / Mental Health Profile						
	TAB 7. High-Risk Indicators & Factors						
	TAB 8. Uninsured Profile						
	TAB 9. Mortality Profile						
	TAB 10. Preventative Quality Measures						







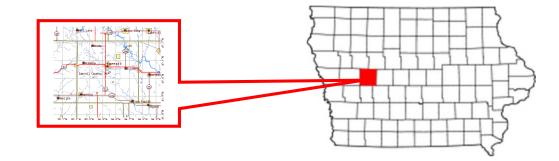




# II. Methodology

d) Community Profile (A Description of Community Served)

# Carroll County (IA) Community Profile



The population of Carroll County was estimated to be 20,722 citizens in 2021 and a population density of 36 persons per square mile. The major cities in Carroll County are Carroll, Manning, Coon Rapids, Glidden, and Arcadia.

# **Carroll County Pubic Airports<sup>1</sup>**

Name	USGS Topo Map
Arthur N Neu Airport	Carroll East
Saint Anthony Regional Hospital Heliport	Carroll East
Stangl Airport	Dedham
Manning Regional Healthcare Center Heliport	Manning West

 $<sup>^{1}\</sup> https://iowa.hometownlocator.com/features/cultural,class,airport,scfips,19027.cfm$ 

# Schools in Carroll County: Public Schools<sup>2</sup>

School	Address	Phone	Levels
	1026 N Adams St		
Adams Elementary	Carroll, IA 51401	712-792-8040	3-4
	2809 N Grant Rd		
Carroll High	Carroll, IA 51401	712-792-8010	9-12
	3203 N Grant Rd		
Carroll Middle	Carroll, IA 51401	712-792-8020	5-8
	905 N Street		
Cr-B Elementary	Coon Rapids, IA 50058	712-999-2845	PK-4
	525 E 18th St		
Fairview Elementary	Carroll, IA 51401	712-792-8030	PK-2
	602 Idaho		
Glidden-Ralston Elementary	Glidden, IA 51443	712-659-3863	PK-6
	602 Idaho		
Glidden-Ralston Jr-Sr High	Glidden, IA 51443	712-659-2205	7-12
IKM-Manning Jr & Sr High	209 10th St		4-12
in an inaliting of a of Flight	Manning, IA 51455	712-655-3781	7 12

\_\_\_\_

 $<sup>^{2}\</sup> https://iowa.hometownlocator.com/schools/sorted-by-county,n,carroll.cfm$ 

Carroll Co, IA - Detail Demographic Profile										
			Population				Households		HH	Per Capita
#	ZIP	NAME	County	Year 2020	Year 2025	Change	YR 2020	YR 2025	Avg Size 2020	Income 2020
1	50058	<b>Coon Rapids</b>	CARROLL	1,890	1,877	-0.7%	797	793	2.3	\$30,042
2	51401	Carroll	CARROLL	12,062	11,958	-0.9%	5,088	5,047	2.3	\$29,447
3	51430	Arcadia	CARROLL	819	825	0.7%	312	315	2.6	\$28,985
4	51436	Breda	CARROLL	917	916	-0.1%	368	369	2.5	\$33,504
5	51440	Dedham	CARROLL	416	414	-0.5%	154	153	2.7	\$33,431
6	51443	Glidden	CARROLL	1,767	1,745	-1.2%	742	733	2.4	\$34,867
7	51444	Halbur	CARROLL	253	257	1.6%	100	101	2.5	\$31,246
8	51451	Lanesboro	CARROLL	98	96	-2.0%	52	51	1.9	\$47,582
9	51452	Lidderdale	CARROLL	169	164	-3.0%	76	74	2.2	\$40,134
10	51455	Manning	CARROLL	2,313	2,302	-0.5%	986	983	2.3	\$31,373
11	51459	Ralston	CARROLL	84	86	2.4%	39	40	2.2	\$45,036
12	51463	Templeton	CARROLL	519	507	-2.3%	219	213	2.4	\$46,948
	Totals			21,307	21,147	-0.8%	8,933	8,872	2.4	\$36,050

				Population			Year 2020		Females	
#	ZIP	NAME	County	Year 2020	Pop. 65+	Kids<18	Gen Y	Males	Females	Age 20-35
1	50058	<b>Coon Rapids</b>	CARROLL	1,890	464	559	207	44	962	187
2	51401	Carroll	CARROLL	12,062	2,550	3,652	1,296	43	6,211	1,290
3	51430	Arcadia	CARROLL	819	118	299	90	37	394	77
4	51436	Breda	CARROLL	917	162	269	108	42	437	91
5	51440	Dedham	CARROLL	416	76	133	49	41	201	43
6	51443	Glidden	CARROLL	1,767	349	465	204	46	865	174
7	51444	Halbur	CARROLL	253	41	83	22	43	125	20
8	51451	Lanesboro	CARROLL	98	20	28	11	45	47	9
9	51452	Lidderdale	CARROLL	169	34	47	19	45	80	17
10	51455	Manning	CARROLL	2,313	648	611	244	49	1,188	206
11	51459	Ralston	CARROLL	84	14	23	8	46	40	7
12	51463	Templeton	CARROLL	519	100	137	66	47	256	57
	Totals			21,307	4,576	6,306	2,324	527	10,806	2,178

				Population 2020			Average Households 2020			
#	ZIP	NAME	County	Caucasian	African Amer	Amer Ind.	Hispanic	HH 2020	Med \$ HH	HH \$50K+
1	50058	<b>Coon Rapids</b>	CARROLL	96.9%	0.1%	0.2%	4.3%	797	\$55,942.0	2178
2	51401	Carroll	CARROLL	94.6%	0.5%	0.2%	3.5%	5088	\$53,889.0	2712
3	51430	Arcadia	CARROLL	97.7%	0.0%	0.5%	0.9%	312	\$61,902.0	232
4	51436	Breda	CARROLL	98.3%	0.2%	0.0%	0.5%	368	\$61,482.0	241
5	51440	Dedham	CARROLL	99.3%	0.2%	0.0%	0.2%	154	\$76,030.0	111
6	51443	Glidden	CARROLL	98.2%	0.1%	0.7%	1.0%	742	\$64,705.0	491
7	51444	Halbur	CARROLL	97.6%	0.4%	0.0%	1.6%	100	\$75,000.0	75
8	51451	Lanesboro	CARROLL	99.0%	0.0%	0.0%	0.0%	52	\$75,000.0	35
9	51452	Lidderdale	CARROLL	98.2%	0.0%	0.0%	0.6%	76	\$77,027.0	51
10	51455	Manning	CARROLL	97.6%	0.6%	0.4%	1.9%	986	\$53,343.0	558
11	51459	Ralston	CARROLL	98.8%	0.0%	0.0%	1.2%	39	\$71,694.0	26
12	51463	Templeton	CARROLL	99.0%	0.6%	0.0%	0.2%	219	\$75,567.0	151
	Totals		97.9%	0.2%	0.2%	1.3%	8933	\$66,798.4	6861	

Source: ERSI Demographics

# III. Community Health Status

[VVV Consultants LLC]

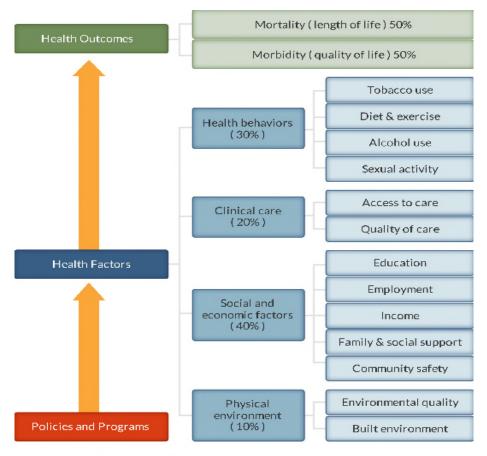
# **III. Community Health Status**

# a) Historical Health Statistics- Secondary Research

# Health Status Profile

This section of the CHNA reviews published quantitative community health indicators from public health sources and results of community primary research. To produce this profile, VVV Consultants LLC staff analyzed & trended data from multiple sources. This analysis focuses on a set of published health indicators organized by ten areas of focus (10 TABS), results from the 2020 RWJ County Health Rankings and conversations from Town Hall participates. <u>Each table published reflects a Trend column, with GREEN denoting growing/high performance indicators, YELLOW denoting minimal change/average performance indicators and RED denoting declining/low performance indicators.</u>

Note: The Robert Wood Johnson Foundation collaborates with the University of Wisconsin Population Health Institute to release annual *County Health Rankings.* As seen below, RWJ's model use a number of health factors to rank each county.



County Health Rankings model ©2012 UWPHI

#	IA Rankings - 99 Counties	Definitions	Carroll Co.	Trend	Rural IA Co Norm N=16
1	Health Outcomes		14		63
	Mortality	Length of Life	39		63
	Morbidity	Quality of Life	6		63
2	Health Factors		13		66
	Health Behaviors	Tobacco Use, Diet/Exercise, Alcohol Use, Sexual Activitiy	38		64
	Clinical Care	Access to care / Quality of Care	6		57
	Social & Economic Factors	Education, Employment, Income, Family/Social support, Community Safety	6		67
3	<b>Physical Environment</b>	Environmental quality	77		48
	. ,	ne following counties: Appanoose, k, Marshall, Davis, Monroe, Ringgo	-	-	

# National Research – Year 2021 RWJ Health Rankings:

# **PSA Secondary Research:**

When studying community health, it's important to document health data by topical areas for primary service area (PSA). Below is a summary of key findings organized by subject area.

Note: Each Tab has been trended to reflect County trends to NORM.

Health Indicators - Secondary Research
TAB 1. Demographic Profile
TAB 2. Economic Profile
TAB 3. Educational Profile
TAB 4. Maternal and Infant Health Profile
TAB 5. Hospital / Provider Profile
TAB 6. Behavioral / Mental Health Profile
TAB 7. High-Risk Indicators & Factors
TAB 8. Uninsured Profile
TAB 9. Mortality Profile
TAB 10. Preventative Quality Measures

### Tab 1: Demographic Profile

Tab		Health Indicators	Carroll Co.	Trend	State of IA	Rural IA Co Norm N=16	Source
1	a	Population estimates, 2019	20,165		3,193,079	15,627	County Health Rankings
	b	Persons under 5 years, percent, July 1, 2021, (V2021)	6.4%		6.2%	6.0%	People Quick Facts
	с	Persons 65 years and over, percent, July 1, 2021, (V2021)	20.7%		17.5%	21.4%	People Quick Facts
	d	Female persons, percent, July 1, 2021, (V2021)	50.5%		50.2%	49.7%	People Quick Facts
	е	White alone, percent, July 1, 2021, (V2021)	96.8%		90.6%	96.0%	People Quick Facts
	f	Black or African American alone, percent, July 1, 2021, (V2021)	1.4%		4.1%	1.3%	People Quick Facts
	g	Hispanic or Latino, percent, July 1, 2021,(V2021)	2.9%		6.3%	4.6%	People Quick Facts
	h	Foreign born persons, percent, 2015-2019	1.5%		5.3%	2.8%	People Quick Facts
	i	Language other than English spoken at home, percent of persons age 5 years+, 2015-2019	2.4%		8.3%	6.7%	People Quick Facts
	j	Living in same house 1 year ago, percent of persons age 1 year+, 2015-2019	89.5%		85.2%	87.1%	People Quick Facts
	k	Children in single-parent households, %, 2015-2019	16.6%		21.0%	18.2%	County Health Rankings
	I	Total Veterans, 2015-2019	1,201		185,671	1,135	People Quick Facts

Understanding population and household make-up is vital to start CHNA evaluation.

### Tab 2: Economic Profile

Monetary resources will (at times) drive health "access" and self-care.

Tab		Health Indicators	Carroll Co.	Trend	State of IA	Rural IA Co Norm N=16	Source
2	a	Per capita income in past 12 months (in 2018 dollars), 2015-2019	\$31,648		\$30,063	\$28,706	People Quick Facts
	b	Persons in poverty, percent, 2021	7.0%		10.2%	11.3%	People Quick Facts
	с	Total Housing units, July 1, 2019, (V2019)	9,564		1,418,626	7,323	People Quick Facts
	d	Total Persons per household, 2015-2019	2.3		2.4	2.3	People Quick Facts
	е	Severe housing problems, percent, 2013-2017	8.5%		11.9%	10.9%	County Health Rankings
	f	Total of All firms, 2012	2,457		259,121	1,402	People Quick Facts
	g	Unemployment, percent, 2019	1.9%		2.7%	2.8%	County Health Rankings
	h	Food insecurity, percent, 2018	7.8%		9.7%	9.6%	County Health Rankings
	i	Limited access to healthy foods, percent, 2015	1.2%		5.6%	6.5%	County Health Rankings
	j	Long commute - driving alone, percent, 2015-2019	13.1%		20.6%	25.4%	County Health Rankings

### Tab 3: Educational Profile

Та	b		Health Indicat	ors		Carroll Co	. Trend	Sta	te of IA	Rural IA Co Norm N=16		Source	
3	a		Children eligible for free or reduced p 2018-2019 (ALL Schools)	rice lunch, perce	nt,	41.9%		4	12.5%	47	County Health Rankings		Health Rankings
	k	b	High school graduate or higher, perce years+, 2015-2019	ent of persons ag	e 25	93.5%		g	92.1%	90	.3%	Peop	ble Quick Facts
	c	c Bachelor's degree or higher, percent years+, 2015-2019		of persons age 2	5	22.4%		2	28.6%	20.0%		People Quick Facts	
#		H	ealth Indicators- Local Schools	Carroll CSD	Car	roll - Adams	Carroll - M	IS	Coon Ra Baya	•	IKM-M	anning	Glidden-Ralston
1	Tota	al #	Public School Nurses	1.5		1	1		1			2	1
2	Scho	00	I Nurse is part of the IEP team	Yes		Yes	Yes		Yes, when	needed	eded Yes, when need		Yes, when needed
3	Scho	ool	Wellness Plan in place (Active)	Yes		Yes	Yes		Yes		Not k	nown	Yes
4			I: # Screened / Referred to Prof / Seen by sional			106/17/8	127/30/5		57/1/unknown		own 65/6 ref./1 Dr./unknow; 71		230/16/unknown
5			NG: # Screened / Referred to Prof / Seen by sional		No	ne d/t Covid	127/5/2		149/7/unl	known	358/8 Dr./un	ref./3 known	168/4/unknown
			HEALTH: # Screened / Referred to Prof / Seen fessional			een by Ismile oordinator	1 - 7th grader seen by D		47/14/uni	known	172/3 ref./	unknown	21/unknown/unknow n
7			OSIS: # Screened / Referred to Prof / Seen by sional	N/A		N/A	N/A		N/A	<b>N</b>	208 spor none at	ts exams school	NA
8	# of conc		udents served with no identified chronic health		124	no/228 total	135 no/527 t	otal	384	L .	554 no/7	714 total	311
9	Scho	00	has a suicide prevention program			Unsure	Yes		Yes		No		Yes
10	Com	npli	iance on required vaccinations (%)			100.0%	100.0%		100.0	1%	99.	4%	100.0%

Currently, school districts are providing on-site primary health screenings and basic care.

### Tab 4: Maternal / Infant Profile

Tracking maternal / infant care patterns are vital in understanding the foundation of family health.

Tab		Health Indicators	Carroll Co.	Trend	State of IA	Rural IA Co Norm N=16	Source
4	a	Percent of Births Where Prenatal Care began in First Trimester, 2018-2019, Rate per 1k	82.6%		78.7%	68.0%	Iowa Health Fact Book
	b	Percent Premature Births by County, 2020	7.8%		8.1%	7.9%	idph.iowa.gov
	c	2 Year Old Immunizations for the 4-3-1-3-3-1-4 by IRIS Population, 2020	72.9%		72.4%	67.3%	idph.iowa.gov
	d	Percent of Births with Low Birth Weight, 2018-2019, Rate per 1k	5.9%		6.8%	6.1%	Iowa Health Fact Book
	е	Percent of all Births Occurring to Teens (15-19), 2018- 2019, Rate per 1k	2.8%		4.1%	4.5%	Iowa Health Fact Book
	g	Percent of births Where Mother Smoked During Pregnancy, 2018-2019, Rate per 1k	12.0%		11.3%	21.7%	Iowa Health Fact Book

#	Criteria - Vital Satistics (Rate per 1,000)	Carroll Co.	Trend	lowa	Rural IA Norm (16)
а	Total Live Births, 2016	13.0		12.5	12.5
b	Total Live Births, 2017	12.4		12.2	12.0
С	Total Live Births, 2018	11.3		11.9	11.4
d	Total Live Births, 2019	11.5		11.9	11.6
е	Total Live Births, 2020	11.5		11.4	11.3

### Tab 5: Hospitalization and Provider Profile

Understanding provider access and disease patterns are fundamental in healthcare delivery. Listed below are several vital county statistics.

Tab		Health Indicators	Carroll Co.	Trend	State of IA	Rural IA Co Norm N=16	Source
5		Primary Care (MDs / DOs only) Ratio of population to primary care physicians, 2018	1120:1		1390:01:00	2252:1	County Health Rankings
	b	Rate of preventable hospital stays for ambulatory-care sensitive conditions per 100k Medicare enrollees (lower the better), 2018	3,021		3,536	3,453	County Health Rankings
	С	Patients Who Gave Their Hospital a Rating of 9 or 10 on a Scale from 0 (Lowest) to 10 (Highest)	NA		NA	79.5%	CMS Hospital Compare
	d	Patients Who Reported Yes, They Would Definitely Recommend the Hospital	NA		NA	74.4%	CMS Hospital Compare
	e	Average Time Patients Spent in the Emergency Dept. Before Seen by a Healthcare Professional (Mins)	85		NA	120	CMS Hospital Compare

IHA Inpatient Utilization	FFY20*	FFY19	FFY18
Total IP- Caroll County IA	1,890	2,114	1,989
Pediatric Age 0-17	250	288	274
Adult Medical/Surgical Age 18-44	412	431	390
Adult Medical/Surgical Age 45-64	386	394	384
Adult Medical/Surgical Age 65-74	258	283	292
Adult Medical/Surgical Age 75+	584	718	649
IHA Inpatient Utilization	FFY20*	FFY19	FFY18
IHA Inpatient Utilization Manning Regional IP Only	FFY20* 96	FFY19 108	FFY18 <b>87</b>
	-	-	
Manning Regional IP Only	96	108	87
Manning Regional IP Only Adult Medical/Surgical Age 18-44	<mark>96</mark> 8	<mark>108</mark> 6	<mark>87</mark> 8

### Tab 6: Behavioral / Mental Profile

Behavioral healthcare provides another important indicator of community health status.

Tab		Health Indicators	Carroll Co.	Trend	State of IA	Rural IA Co Norm N=16	Source
6	a	Depression: Medicare Population, percent, 2017	17.9%		19.3%	17.6%	Centers for Medicare and Medicaid Services
	b	Age-adjusted Suicide Mortality Rate per 100,000 population, 2015-2019 (lower is better)	12.5		14.6	17.3	Iowa Health Fact Book
	с	Poor mental health days, 2018	3.5		3.5	3.8	County Health Rankings

### Tab 7a: Risk Indicators & Factors Profile

Knowing community health risk factors and disease patterns can aid in the understanding next steps to improve health.

Tab		Health Indicators	Carroll Co.	Trend	State of IA	Rural IA Co Norm N=16	Source
7a	а	Adult obesity, percent, 2017	37.3%		34.3%	37.4%	County Health Rankings
	b	Adult smoking, percent, 2018	18.7%		17.4%	20.2%	County Health Rankings
	c	Excessive drinking, percent, 2018	25.7%		25.8%	24.0%	County Health Rankings
	d	Physical inactivity, percent, 2017	23.5%		22.6%	25.9%	County Health Rankings
	е	Poor physical health days, 2018	3.1		3.1	3.4	County Health Rankings
	f	Sexually transmitted infections (chlamydia), rate per 100,000, 2018	52.0		14,682	42.9	County Health Rankings

### Tab 7b: Chronic Risk Profile

Tab		Health Indicators	Carroll Co.	Trend	State of IA	Rural IA Co Norm N=16	Source
7b	a	Hypertension: Medicare Population, 2017	58.8%		54.2%	55.3%	Centers for Medicare and Medicaid Services
	b	Hyperlipidemia: Medicare Population, 2017	45.3%		44.6%	42.4%	Centers for Medicare and Medicaid Services
	c	Heart Failure: Medicare Population, 2017	12.4%		13.0%	13.7%	Centers for Medicare and Medicaid Services
	d	Chronic Kidney Disease: Medicare Pop, 2017	24.7%		21.6%	21.0%	Centers for Medicare and Medicaid Services
	е	COPD: Medicare Population, 2017	9.7%		10.9%	11.3%	Centers for Medicare and Medicaid Services
	f	Atrial Fibrillation: Medicare Population, 2017	9.6%		9.1%	8.9%	Centers for Medicare and Medicaid Services
	g	Cancer: Medicare Population, 2017	8.4%		7.7%	7.1%	Centers for Medicare and Medicaid Services
	h	Osteoporosis: Medicare Population, 2017	7.2%		6.3%	5.9%	Centers for Medicare and Medicaid Services
	i	Asthma: Medicare Population, 2017	2.7%		3.9%	3.0%	Centers for Medicare and Medicaid Services
	j	Stroke: Medicare Population, 2017	3.5%		2.8%	2.8%	Centers for Medicare and Medicaid Services

### Tab 8: Uninsured Profile and Community Benefit

Based on state estimations, the number of insured is documented below. Also, the amount of charity care (last three years of free care) from area providers is trended below.

Tab				Health Indicators	Carroll Co.	Trend	State of IA	Rural IA Co Norm N=16	Source
8	а	Uninsured, percent, 2019		4.6%		5.6%	6.2%	County Health Rankings	
			#	MRHC Internal Records	YR 2019		2020	YR 2021	
			1	Bad Debt - Write off	\$298,731	\$2	33,669	\$251,804	
			2	Charity Care - Free Care Given	\$129,561	\$1	25,325	\$74,970	]

Sou	Source: Internal Records - Carroll County IA								
#	Community Tax Dollars - Local Health Dept Operations	YR 2019	YR 2020	YR 2021					
1	Core Community Public Health	\$70,000	\$70,000	\$70,000					
2	Child Care Inspections	N/A	N/A	N/A					
3	Environmental Services	\$42,656	\$64,638	\$53,720					
4	Healthy Families America/HOPES ECI funding	\$112,766	\$105,352	\$110,494					
5	Home Care Aid Services	\$277,606	\$248,676	\$165,790					
6	Immunizations/Vaccine	\$11,489	\$9,471	\$16,700					
7	Local BOH Functions	\$11,807	\$13,070	\$8,332					
7	Mental Health	\$1,400	\$1,183	\$1,163					
9	Screenings: Blood pressure / STD / Foot clinics	\$7,093	\$5,960	\$1,014					
10	Vaccine - received from State	?	?	\$103,656					
11	WIC Administration	\$83,924	\$90,143	\$90,310					

### Tab 9: Mortality Profile

The leading causes of county deaths from Vital Statistics are listed below.

Tab		Health Indicators	Carroll Co.	Trend	State of IA	Rural IA Co Norm N=16	Source
9	а	Life Expectancy (Male and Females), 2017-2019	80.1		79.4	78.5	County Health Rankings
	с	Age-adjusted Cancer Mortality Rate per 100,000 population, 2014-2018 (Iower is better)	180.1		160.7	175.8	lowa Health Fact Book
	d	Age-adjusted Heart Disease Mortality Rate per 100,000 population, 2011-2015 (Iower is better)	147.8		162.3	175.9	lowa Health Fact Book
	е	Age-adjusted Chronic Obstructive Pulmonary Disease Mortality Rate per 100,000 population, 2011-2015 (lower is better)	34.1		47.3	52.9	lowa Health Fact Book
	f	Alcohol-impaired driving deaths, percent, 2013-2017	33.3%		26.8%	29.3%	County Health Rankings

Total IOWA by Selected Causes of Death - 2020 (per 10k)	Carroll Co.	Mix %	Trend	State of IA 2017	%
Total Deaths	286			35,659	100.0%
Cancer	45.0	15.7%		6,205	17.4%
Diseases of the Heart	70.0	24.5%		7,446	20.9%
Diabetes	6.0	2.1%		1,045	2.9%
Ischemic Heart Disease	41.0	14.3%		4,455	12.5%
Chronic Lower Respiratory Diseases	19.0	6.6%		1,682	4.7%
Unintentional Injuries (Accidents)	13.0	4.5%		1,618	4.5%
Suicide (Intentional Harm)	6.0	2.1%		557	1.6%
Alzheimer's Disease	12.0	4.2%		1,453	4.1%

### Tab 10: Preventive Quality Measures Profile

The following table reflects future health of the county. This information also is an indicator of community awareness of preventative measures.

Tab		Health Indicators	Carroll Co.	Trend	State of IA	Rural IA Co Norm N=16	Source
10	а	Access to exercise opportunities, percent, 2019	76.2%		82.9%	70.0%	County Health Rankings
		Diabetes prevalence, percent, 2017, adults aged 20+ with diagnosed diabetes	9.7%		9.9%	12.2%	County Health Rankings
	с	Mammography screening, percent, 2018	53.0%		52.0%	48.3%	County Health Rankings

## **PSA Primary Research:**

For each CHNA Wave # 4 evaluation, a community stakeholder survey has been created and administered to collect current healthcare information for MRHC Primary Service Area (Carroll Co. IA).

For reporting purposes, are you invo			Wave 4
	(N=125)	Trend	Norms
in or are you a?	(N=125)		N=5550
Business / Merchant	11.1%		8.7%
Community Board Member	10.3%		7.5%
Case Manager / Discharge Planner	3.2%		0.8%
Clergy	3.2%		1.2%
College / University	0.8%		2.5%
Consumer Advocate	0.8%		1.4%
Dentist / Eye Doctor / Chiropractor	0.8%		0.7%
Elected Official - City/County	0.0%		1.9%
EMS / Emergency	3.2%		2.1%
Farmer / Rancher	3.2%		5.9%
Hospital / Health Dept	12.7%		16.3%
Housing / Builder	0.0%		0.7%
Insurance	1.6%		1.0%
Labor	3.2%		2.0%
Law Enforcement	0.8%		1.1%
Mental Health	2.4%		1.6%
Other Health Professional	17.5%		9.8%
Parent / Caregiver	11.1%		14.0%
Pharmacy / Clinic	0.8%		1.9%
Media (Paper/TV/Radio)	0.0%		0.4%
Senior Care	4.0%		3.2%
Teacher / School Admin	3.2%		6.4%
Veteran	1.6%		2.8%
Other (please specify)	4.8%		7.1%
TOTAL	126		5144

Chart #1 –MRHC Primary Service Area (PSA): Carroll County, IA Online Feedback Response (N=125)

Norms: KS Counites: Jackson, Marion, Cowley, Russell, Trego, Harper, Miami, Johnson, Nemaha, Ellis, Pawnee, Gove, Sheridan, Kiowa, Pratt; Furnas Co (NE), Carroll Co (MO); Iowa Counties: Fremont, Page, Appanoose, Carroll, Jasper, Clayton;

MRHC (Carroll Co IA) - CHNA YR 2022							
How would you rate the "Overall	MRHC		Wave 4				
Quality" of healthcare delivery in our	PSA	Trend	Norms				
community?	(N=125)		N=5550				
Top Box %	41.6%		28.9%				
Top 2 Boxes %	87.2%		72.1%				
Very Good	41.6%		28.9%				
Good	45.6%		43.3%				
Average	12.8%		22.3%				
Poor	0.0%		4.4%				
Very Poor	0.0%		1.1%				
Valid N	125		5,518				
Norms: KS Counites: Jackson, Marion, Cowley, Russell, Trego, Harper, Miami, Johnson, Nemaha, Ellis, Pawnee, Gove, Sheridan, Kiowa, Pratt; Furnas Co (NE), Carroll Co (MO); Iowa Counties: Fremont, Page, Appanoose, Carroll, Jasper, Clayton;							

### Chart #2 - Quality of Healthcare Delivery Community Rating

Chart #3 – Overall Community Health Quality Trend

MRHC (Carroll Co IA) - CHNA YR 2022						
When considering "overall community health quality", is it	MRHC PSA (N=125)	Trend	Wave 4 Norms N=5550			
Increasing - moving up	61.4%		46.5%			
Not really changing much	37.7%		44.3%			
Decreasing - slipping	0.9%		9.2%			
Valid N	114		4,962			
Norms: KS Counites: Jackson, Marion, Cowley, Russell, Trego, Harper, Miami, Johnson, Nemaha, Ellis, Pawnee, Gove, Sheridan, Kiowa, Pratt; Furnas Co (NE), Carroll Co (MO); Iowa Counties: Fremont, Page, Appanoose, Carroll, Jasper, Clayton;						

Chart #4 – Re-evaluate Past Community Health Needs Assessment Needs

	MRHC (Carroll Co IA) - CHNA YR 2022						
F	Past CHNA Unmet Needs Identified	Ongo	ing Prob	olem	Pressing		
Rank	Ongoing Problem Area	Votes	%	Trend	RANK		
1	Mental Health (Diagnosis, Treatment, Aftercare, Providers)	60	16.3%		1		
2	Obesity (Nutrition / Exercise)	40	10.9%		2		
3	Ambulance Staffing / Training	38	<b>10.4%</b>		3		
4	Providers	33	9.0%		6		
5	Transportation	25	6.8%		4		
6	Awareness of Healthcare Services	23	6.3%		8		
7	Drugs / Substance Abuse	23	6.3%		7		
8	Rural Healthcare Policy / Advocacy	21	5.7%		10		
9	Suicide	21	5.7%		5		
10	Cancer Care	16	4.4%		12		
11	Chronic Diseases	16	4.4%		14		
12	Senior Care	16	4.4%		9		
13	Smoking / Vaping	15	4.1%		11		
14	Access to Health Services / Education	14	3.8%		13		
15	Dentists	6	1.6%		15		
	Totals	367	100.0%				

MRHC (Carroll Co IA) - CHNA YR 2022						
In your opinion, what are the root causes of "poor health" in our community?	MRHC PSA (N=125)	Trend	Wave 4 Norms N=5550			
Lack of health insurance	11.2%		14.1%			
Limited Access to Mental Health Assistance	23.4%		19.0%			
Neglect	9.8%		11.5%			
Lack of health & Wellness Education	14.5%		13.7%			
Chronic disease prevention	14.0%		11.1%			
Family assistance programs	6.1%		6.0%			
Lack of Nutrition / Exercise Services	12.6%		10.6%			
Limited Access to Specialty Care	6.5%		8.2%			
Limited Access to Primary Care	1.9%		5.8%			
Total Votes	214		8,876			
Norms: KS Counites: Jackson, Marion, Cowley, Russell, Trego, Harper, Miami, Johnson, Nemaha, Ellis, Pawnee, Gove, Sheridan, Kiowa, Pratt; Furnas Co (NE), Carroll Co (MO); Iowa Counties: Fremont, Page, Appanoose, Carroll, Jasper, Clayton;						

Chart #5 - Community Health Needs Assessment "Causes of Poor Health"

Chart #6 – Community Rating of HC Delivery Services (Perceptions)

MRHC (Carroll Co IA) - CHNA YR 2022	MRHC PSA (N=125)				4 Norms 5550
How would our community rate each of the following?	Top 2 boxes	Bottom 2 boxes	Trend	Top 2 boxes	Bottom 2 boxes
Ambulance Services	82.5%	2.5%		80.5%	5.8%
Child Care	69.2%	9.0%		44.3%	15.8%
Chiropractors	84.2%	5.3%		70.5%	5.8%
Dentists	85.9%	3.8%		71.8%	10.1%
Emergency Room	88.8%	1.3%		74.2%	8.2%
Eye Doctor/Optometrist	85.7%	5.2%		75.5%	7.1%
Family Planning Services	42.0%	13.0%		39.3%	18.3%
Home Health	79.5%	2.7%		54.5%	10.4%
Hospice	76.1%	2.8%		62.4%	9.1%
Telehealth	63.2%	7.4%		51.8%	11.0%
Inpatient Services	89.9%	1.3%		77.8%	5.7%
Mental Health	38.2%	19.7%		28.0%	35.4%
Nursing Home/Senior Living	59.0%	14.1%		57.6%	12.3%
Outpatient Services	87.3%	1.3%		75.9%	4.4%
Pharmacy	92.4%	1.3%		87.8%	2.3%
Primary Care	91.3%	0.0%		78.9%	5.4%
Public Health	61.8%	7.9%		62.6%	7.2%
School Health	74.0%	4.1%		64.1%	6.7%
Visiting Specialists	82.1%	2.6%		66.1%	9.1%
Walk- In Clinic	55.1%	9.0%		58.5%	17.1%

MRHC (Carroll Co IA) - CHNA YR 2022	Bottom 2 boxes		
Community Health Readiness is vital. How would you rate each of the following? (% Poor / Very Poor)	MRHC PSA (N=125)	Trend	Wave 4 Norms N=5550
Behavioral / Mental Health	20.0%		34.5%
Emergency Preparedness	4.2%		9.0%
Food and Nutrition Services/Education	10.1%		15.8%
Health Screenings (as asthma, hearing, vision, scoliosis)	5.7%		11.1%
Prenatal/Child Health Programs	8.8% 12		12.2%
Substance Use/Prevention	2.9% 35.0%		
Suicide Prevention	17.6%		37.3%
Violence Prevention	22.1% 34.9%		
Women's Wellness Programs 10.1% 17.9			
Norms: KS Counites: Jackson, Marion, Cowley, Russell, Trego, Harper, Miami, Johnson, Nemaha, Ellis, Pawnee, Gove, Sheridan, Kiowa, Pratt; Furnas Co (NE), Carroll Co (MO); Iowa Counties: Fremont, Page, Appanoose, Carroll, Jasper, Clayton;			

Chart #8a – Healthcare Delivery "Outside our Community"

MRHC (Carroll Co IA) - CHNA YR 2022			
In the past 2 years, did you or someone you know receive HC outside of our community?	MRHC PSA (N=125)	Trend	Wave 4 Norms N=5550
Yes	55.3%		72.6%
No	44.7%		27.4%
Valid N	76		3,439
Norms: KS Counites: Jackson, Marion, Cowley, Russell, Trego, Harper, Miami, Johnson, Nemaha, Ellis, Pawnee, Gove, Sheridan, Kiowa, Pratt; Furnas Co (NE), Carroll Co (MO); Iowa Counties: Fremont, Page, Appanoose, Carroll, Jasper, Clayton;			

### Specialties:

Specialty	Counts
ORTHO	3
GI	2
PEDS	2
POD	2
SURG	2
BH	1

### Chart #8b – Healthcare Delivery "Outside our Community" (Continued)

MRHC (Carroll Co IA) - CHNA YR 2022						
Access to care is vital. Are there enough providers / staff available at the right times to care for you and our community?	MRHC PSA (N=125)	Trend	Wave 4 Norms N=5550			
Yes	72.4%		61.7%			
No	27.6%		38.3%			
Valid N 76 3265						
Norms: KS Counites: Jackson, Marion, Cowley, Russell, Trego, Harper, Miami, Johnson, Nemaha, Ellis, Pawnee, Gove, Sheridan, Kiowa, Pratt; Furnas Co (NE), Carroll Co (MO); Iowa Counties: Fremont, Page, Appanoose, Carroll, Jasper, Clayton;						

MRHC (Carroll Co IA) - CH	INA YR	2022	
What needs to be discussed further at our CHNA Town Hall meeting?	MRHC PSA (N=125)	Trend	Wave 4 Norms N=5550
Abuse/Violence	3.1%		4.3%
Alcohol	2.1%		4.0%
Alternative Medicine	2.1%		3.2%
Breast Feeding Friendly Workplace	2.1%		1.1%
Cancer	1.7%		2.3%
Care Coordination	2.4%		2.7%
Diabetes	3.4%		2.8%
Drugs/Substance Abuse	4.8%		6.7%
Family Planning	2.1%		2.1%
Heart Disease	1.0%		1.8%
Lack of Providers/Qualified Staff	6.6%		4.3%
Lead Exposure	0.3%		0.4%
Mental Illness	10.0%		9.2%
Neglect	2.1%		2.4%
Nutrition	4.5%		3.8%
Obesity	5.9%		5.8%
Occupational Medicine	0.7%		0.6%
Ozone (Air)	0.7%		0.5%
Physical Exercise	5.9%		4.0%
Poverty	2.1%		5.0%
Preventative Health / Wellness	7.2%		5.0%
Respiratory Disease	0.0%		0.1%
Sexually Transmitted Diseases	2.1%		1.4%
Smoke-Free Workplace	0.0%		0.0%
Suicide	6.2%		6.5%
Teen Pregnancy	1.7%		2.1%
Telehealth	2.8%		2.4%
Tobacco Use	3.1%		2.1%
Transporation	4.1%		2.9%
Vaccinations	3.4%		3.7%
Water Quality	1.4%		2.0%
Health Literacy	3.1%		3.2%
Other (please specify)	1.4%		1.6%
TOTAL Votes	290		15,890

# IV. Inventory of Community Health Resources

[VVV Consultants LLC]

Inv	entory of Health Services 2022 - Carroll County, IA (Mar	ning Regio	nal Health Cei	nter)
Cat	Healthcare Services Offered in County: Yes / No	Hospital	Health Dept	Other
	Primary Care	Yes		Yes
	Alzheimer Center			
		Yes		
	Ambulatory Surgery Centers Arthritis Treatment Center	163		
	Weight Control Services	Yes		
	Birthing / LDR / LDRP Room	Yes		
	Breast Cancer	Yes		
	Burn Care			
	Cardiac Rehabilitation	Yes		
	Cardiac Surgery			
	Cardiology Services	Yes		
	Case Management	Yes		
	Chaplaincy / Pastoral Care Services	Yes		
	Chemotherapy	Yes		
	Colonoscopy	Yes		
	Crisis Prevention	Yes		Yes
	CT Scanner	Yes		
	Diagnostic Radioisotope Facility	-		
	Diagnostic / Invasive Catheterization			
	Electron Beam Computed Tomography (EBCT)			
	Enrollment Assistance Services	Yes		Yes
	Extracorporeal Shock Wave Lithotripter (ESWL)			
	Fertility Clinic			
	FullField Digital Mammography (FFDM)	Yes		
	Genetic Testing / Counseling			
	Geriatric Services	Yes		
Hosp		Yes		
	Hemodialysis	Yes		
	HIV / AIDS Services			
Hosp	Image-Guided Radiation Therapy (IGRT)	Yes		
Hosp	Inpatient Acute Care - Hospital Services	Yes		
Hosp	Intensity-Modulated Radiation Therapy (IMRT) 161			
	Intensive Care Unit	Yes		
Hosp	Intermediate Care Unit	Yes		
	Interventional Cardiac Catherterization			
Hosp	Isolation room	Yes		
Hosp	Kidney			
Hosp				
Hosp				
	MagneticResonance Imaging (MRI)	Yes		
	Mammograms	Yes		
	Mobile Health Services			
	Multislice Spiral Computed Tomography (<64 slice CT)	Yes		
	Multislice Spiral Computed Tomography (<128+ slice CT)			
	Neonatal			
	Neurological services	Yes		
	Obstetrics	Yes		
	Occupational Health Services	Yes		
	Oncology Services	Yes		
	Orthopedic Services	Yes		
	Outpatient Surgery	Yes		
	Pain Management	Yes		
	Palliative Care Program	Yes		Yes
	Pediatric	Yes		
	Physical Rehabilitation	Yes		Yes
	Positron Emission Tomography (PET)	Yes		
Hosp	Positron Emission Tomography / CT (PET / CT)	Yes		

Inventory of Health Services 2022 - Carroll County, IA (Manning Regional Health Center)					
Cat	Healthcare Services Offered in County: Yes / No	Hospital	Health Dept	Other	
Hosp	Psychiatric Services	Yes	•	Yes	
	Radiology, Diagnostic	Yes		Yes	
	Radiology, Therapeutic	Yes			
	Reproductive Health	Yes			
	Robotic Surgery	Yes			
	Shaped Beam Radiation System 161				
	Single Photon Emission Computerized Tomography (SPECT)				
Hosp	Sleep Center	Yes		Yes	
	Social Work Services	Yes		Yes	
	Sports Medicine	Yes		Yes	
	Stereotactic Radiosurgery				
	Swing Bed Services	Yes			
	Transplant Services				
	Trauma Center	Yes			
	Ultrasound	Yes			
	Women's Health Services	Yes	Yes	Yes	
	Wound Care	Yes			
SR	Adult Day Care Program / Respite programs / Private Pay	Yes		Yes	
SR	Assisted Living	103		Yes	
SR	Home Health Services	Yes		Yes	
SR	Hospice	Yes		Yes	
SR	Long-Term Care			Yes	
SR	Nursing Home Services			Yes	
	Retirement Housing			Yes	
SR	Skilled Nursing Care	Yes		Yes	
ER	Emergency Services	Yes		Yes	
ER	Urgent Care Center	Yes		Yes	
ER	Ambulance Services	165		Yes	
	Alcoholism - Drug Abuse	Yes		Yes	
	Blood Donor Center				
	Chiropractic Services			Yes	
	Complementary Medicine Services				
	Dental Services			Yes	
	Fitness Center			Yes	
	Health Education Classes	Yes	Yes	Yes	
	Health Fair (Annual)		Yes	Yes	
	Health Information Center	Yes	Yes	Yes	
	Health Screenings	Yes	Yes	Yes	
	Meals on Wheels	V		Yes	
	Nutrition Programs	Yes	Yes	Yes	
	Patient Education Center	Yes		Yes	
	Support Groups	Yes		Yes	
	Teen Outreach Services	+		Yes	
	Tobacco Treatment / Cessation Program	+	V	Yes	
	Transportation to Health Facilities	Vaa	Yes	Yes	
SERV	Wellness Program	Yes	Yes	Yes	

MRHC Primary Service Area				
			FTE Allied Staff	
# of FTE Providers Working in County	PSA	Visting	PSA Based	
,	Based DRs	DRs*	PA/NP	
Primary Care:				
Family Practice	16.0		8	
Internal Medicine / Geriatrician	1.0		1	
Obstetrics/Gynecology	12.0	1.25	•	
Pediatrics	1.0			
Medicine Specialists:				
Allergy/Immunology		0.25		
Cardiology	2.0	0.20		
Chronic Care	1.0		1	
Dermatology	1.0		I	
Endocrinology	1.0			
ENT	0.5	0.25		
Gastroenterology	0.0	0.20		
Oncology/RADO	3.0			
Infectious Diseases				
Nephrology	1.0	0.25		
Neurology	1.0	0.25		
Psychiatry / Mental Health	1.0	0.25	1.25	
Pulmonary				
Rheumatology				
Surgery Specialists:				
General Surgery / Colon / Oral	2.5			
Neurosurgery				
Ophthalmology	1.0	0.5		
Orthopedics	1.0	1		
Otolaryngology (ENT)	0.5			
Plastic/Reconstructive		0.25		
Thoracic/Cardiovascular				
Urology		0.75		
Vascular	0.5	0.25		
Hospital Based:				
Anesthesia/Pain	1.0		1.5	
Emergency	1.0	0.5	1	
Radiology		0.25		
Pathology/Laboratory	1.0			
Hospitalist				
Neonatal/Perinatal				
Physical Medicine/Rehab				
Occ Medicine				
Podiatry	2.0			
Chiropractor				
Optometrist OD				
Dentists				
TOTALS	51	6	13.75	
* Total # of FTE Specialists serving community whose office outside PSA.				

# Providers Delivering Care in Carroll County IA

2022 Visiting Specialists - Manning Regional Healthcare Center						
SPECIALTY	Physician Name/Group	Office Location (City/State)	Schedule	Annual Days	Location of Outreach Clinic	
Cardiology	Dr. Ulveling, Iowa Heart Center	Carroll, Iowa	1st & 3rd Thurs	24	MRHC Specialty Clinics	
Dermatology	Abby Behrens, ARNP Radiant Complexions Dermatology	Carroll, Iowa	1st Wed	12	MRHC Specialty Clinics	
General Surgeon	Dr. Smith	Lake City, Iowa	Every Monday	52	MRHC Specialty Clinics	
OB-Gynecology	Dr. Woods Shenandoah Med Center	Shenandoah, Iowa	2nd Wed	12	MRHC Specialty Clinics	
Mental Health	Mikala Landon, ARNP SARH Mental Health Clinic	Carroll, Iowa	2nd & 4th Wed	12	MRHC Specialty Clinics	
Orthopedic	Dr. Stokesbary, CNOS	Dakota Dunes, SD	2nd & 4th Tues	24	MRHC Specialty Clinics	
ENT	Dr. Denman, ENT Specialists	Omaha, NE	1st Wed	12	MRHC Specialty Clinics	
Pain	Brian Jacobs, ARNP Midwest Pain Center	Des Moines, IA	2nd & 4th Wed	24	MRHC Specialty Clinics	
Podiatry	Dr. Jensen, McFarland	Carroll, Iowa	Tuesdays	36	MRHC Specialty Clinics	
Urology	Dr. Bourne, Siouxland Urology Associates	Dakota Dunes, SD	Every other Friday	26	MRHC Specialty Clinics	
Wound Care	Dr. Luong, Restorix	Manning, Iowa	Every Thurs	52	MRHC Specialty Clinics	

# MRHC Primary Service Area 2022 Healthcare Services Directory Carroll County, Iowa

**Emergency Numbers** 

Police/Sheriff	911
Fire	911
Ambulance	911

# **Non-Emergency Numbers**

Carroll County Sheriff	(712) 792-4393
Carroll County Ambulance	(712) 792-1335

#### HANDY 800 NUMBERS

A.C.C.E.S.S (Domestic Violence Services) 855-983-4641 A.C.C.E.S.S. (Sexual Assault Services) 800-203-3488 AIDS Hotline 800-342-2437 Al-Anon, Aleteen Family Group Hotline 800-344-2666 Alcohol and Drug Abuse 800-252-6465 Alliance for the Mentally III of Iowa 800-417-0417 Alzheimer's Association 800-272-3900 American Cancer Society 866-227-2345 American Diabetic Association 800-232-3472 American Red Cross 800-733-2767 Answer Line(Questions relating to home & family 800-262-3804 Assoc for Children for Enforcement of Support 888-229-9223 Attorney General (State of Iowa) 800-373-5044 Attorney Genreal (Consumer protection) 888-777-4590 Attorney Referral Service 800-532-1108 Bets Off (Gambling Council) 800-238-7633 Better Business Bureau 800-222-1600 Carroll Co. Public Health 800-684-3020 Child Care Network 800-722-7619 Child Care Resource and Referral 800-945-9778 Child/Dependent Adult Abuse Hotline 800-362-2178 Civil Rights Commission 800-457-4416 Continuing Education 800-262-0015 Crime Victim Assistance Program 800-373-5044 Crisis Intervention and Advocacy Center Crisis Line 800-400-4884 Department of Human Services 866-937-3663 Department of Revenue 800-367-3388 Department of the Blind 800-362-2587 Department of Transportation 800-532-1121 **Division of Disabilities** Elderbridge Agency on Aging 800-543-3265 Elderly (Legal Hotline for Older Iowans) 800-992-8161 Equal Employment Opportunity 800-669-4000 Family Resource Center 800-999-5101 Federal Information Hotline 800-688-9889 HAWK-I Health Insurance 800-257-8563 Healthy Families (ISU) 800-369-2229 Heartland Area Education 800-362-2720

#### HANDY 800 NUMBERS

Internal Revenue Service (IRS) 800-829-3676 Iowa Attorney Referral Service 800-532-1108 Iowa Client Assistance (Dept. of Human Rights 800-652-4298 Iowa Compass (Disability Information) 800-779-2001 Iowa Concerns Hotline 800-447-1985 Iowa New Choices, DMACC 800-362-2127 Iowa One Call( Call before you dig) 800-292-8989 Iowa Plains Area Mental Health 800-325-1192 Iowa Poison Center 800-222-1222 Iowa Protection and Advocacy for the Disabled 800-779-2502 Legal Services of Iowa (IA Legal Aid) 800-532-1275 Long Term Care Ombudsman (Dept. of Elder Affairs) 800-532-3213 New Opportunities, Inc. 800-642-6330 PORKline 800-808-7675 Quit Line Iowa (quit smoking) 800-784-8669 Radon Line 800-383-5992 Senior Health Insurance Information Program (LTC ins). 800-351-4664 Sexual Abuse Hotline 800-203-3488 Small Business Resource Office 800-532-1216 Social Security Administration 800-772-1213 Spanish Line 800-550-0004 St. Anthony Home Health Care/Hospice 800-684-3020 State Highway Patrol 800-525-5555 Teen Line 800-443-8336 United Network Organ Sharing 888-894-6361 Veterans Suicide Hotline 800-321-7772 West Central Mental Health 800-321-7772 Youth & Shelter (24 hour help) 800-600-2330 Youth Law Center (Under 18) 800-728-1172



# CARROLL COUNTY DIRECTORY OF HUMAN SERVICES

Updated June 2020

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# **CHILDREN, JUVENILES, & FAMILIES**

<ul> <li>Breda Day Care Center, Inc</li></ul>
<ul> <li>Carroll Area Child Care Center &amp; Preschool</li></ul>
Carroll County Home Care Aide Service
Carroll County ISU Extension and Outreach712-792-2364 1205 W. Hwy 30, Carroll, IA 51401
Carroll County Public Health Services
<ul> <li>CASA – Court Appointed Special Advocates for Children</li></ul>

Child Health Specialty Clinic712-792	2-5530
Fax	2-4825

204 W. 7<sup>th</sup> St., Carroll, IA 51401

8:00 a.m. – 4:30 p.m. Mon. – Thur.

- We assure a system of care for children and youth who have special health care needs.
- We provide care coordination for children with special health care needs. We also assist families of children enrolling in the III & Handicapped Waiver.
- We provide Early ACCESS Service Coordination and Early ACCESS nutrition services.
- We have a parent consultant network available to assist families.
- \*Regional Autism Assistance Program (RAP)

• Recovery of Child support, medical support and establishment of paternity and child support orders. Audubon, Carroll, Crawford, Greene, Guthrie, Sac and Shelby Counties.

# 

• BHIS (Behavioral Health Services)

Communities 4 Children Decategorization Project ......712-792-4391 ext. 239

Decategorization/Community Partnerships for Protecting Children Coordinator

Depts. Of Human Services

603 N. Court St., Ste C

Carroll, IA 51401

 Community based service addressing the needs of children and families in Audubon, Carroll, Greene, and Guthrie Counties. Parents are encouraged to participate at monthly local meetings.

Call for more information.

Department of Human Services	712-792-4391
Toll Free	1-866-202-5968
Child Abuse Hotline & Dependent Adult Hotline	1-800-362-2178
608 N. Court Street, Carroll, IA 51401	

8:00 a.m. – 4:30 p.m., Mon. – Fri.

- Economic Programs Cash Welfare Payments, Food Stamps, Medical Assistance (Medicaid), Medicare Reimbursement, State Supplemental Assistance, Nursing/Residential Facility Benefits, and Information and Referral.
- Service Programs Adoption, Child Day Care, Child Protective Assessments, Dependent Adult

Protective Investigations, Family Centered Services, Family Preservation Services, Foster Care, Foster Home Licensing, In-Home Health-Related Care, Waiver Services, and Information and Referral.

Child Support Recovery	712-792-5838
Toll Free	1-888-229-9223
625 NW Street	
Carroll, IA 51401	
Family Crisis Center	712-792-6722
P.O. Box 784 Carroll, IA 51401	
8:00 a.m. – 4:00 p.m. MonFri.	
Counseling and advocacy services for victims of domestic violence.	
Services are free and confidential.	
24 Hour Crisis Line	1-800-382-5603

- Child Care Project technical assistance to child care providers.
- Parent-Time-Out provides a break from Challenges of parenting.
- FaDSS (Family Development and Self-Sufficiency Program) helps participants to become more self-sufficient.
- Crisis Child Care community-based emergency child care to families.
- Waivers and Programs

Brain Injury, Ill & Handicapped, Children's Mental Health, Intellectual Disability, Elderly, Physical Disability and Habilitation

### Services

SCL (Supported Community Living) focuses skill development.

Respite is a temporary break for the parent or guardian.

CDAC (Consumer Directed Attendant Care) – doing tasks for individuals with disabilities.

Home-Based Habilitation – skill retention or improvement for individuals with psychiatric illnesses.

• Emergency/Crisis Care – Crisis Line ......1-800-999-5101 or 712-792-6440

Iowa New Choices (DMACC Carroll)	712-792-8304
	or 1-800-622-3334 ext. 8304

- Assists single parents and displaced homemakers by helping them prepare for work so they can support their families
- Offers career counseling, academic, pre-enrollment and financial aid counseling, preemployment counseling, referral to appropriate supportive agencies, personal/career development workshops, financial assistance for child care and transportation for eligible clients

Juvenile Court Services	712-792-5666
P.O. Box 722, Carroll, IA 51401	
Manning Child Care Center	712-655-5437
Serving children 6 weeks to 12 years, in a quality early childhood environment	ment.
New Opportunities, Inc.	
Operator/Receptionist	712-792-9266 Ext. 0
23751 Hwy 30	1-800-642-6330
P.O. Box 427, Carroll, IA 51401	www.newopp.org
8:00 a.m. – 4:00 p.m. Mon Fri.	
CENTRAL ADMINISTRATIVE OFFICE –	
1 <sup>st</sup> Five Healthy Mental Development	Ext. 213
Child and Adult Care Food Program (CACFP)	Ext. 303
Child/Adolescent Health Program	Ext. 201
Childhood Lead	
Women's Health (WHP)	Ext. 209
Breast exams and pap smears, counseling and education, pregnancy t	esting, prenatal
education, firth control methods, STD testing & education for men a	and women.
Maternal Health	Ext. 209
WIC	Ext. 208
hawk-i	
Head Start/Early Head Start	Ext. 403
Weatherization	Ext. 502
Carroll Mentoring Program	Ext. 602
Mentoring	Ext. <b>602</b>
Financial Literacy	Ext. 806

### **New Opportunities Carroll County Family Development Center** 23751 Hwy 30 East,

Carroll, IA 51401	712-792-9266 Est.720
<ul> <li>Food Pantry, Share Iowa, Chore services</li> </ul>	
Low-Income Energy Assistance/Weatherization, Utility Cri	sis Assistance
Homelessness Prevention Rapid Rehousing Program (HPRP	)Est. 720
Partnership 4 Families	p4fchildren@gmail.com
P.O. Box 672, Carroll, IA 51401	www.partnerships4families.org
Early Childhood Iowa Area for Audubon, Carroll, Greene & G	iuthrie
Provides funding for preschool assistance, child care p	project and home visitation
Early Childhood Task Force meetings held quarterly	
Parent PartnersChildren and Families	of Iowa Coordinator 515-577-8929
	emmaleeb@cfiowa.org

Mentor families currently involved with Department of Human Services. Parent Partner Activities

- Work with families to promote engagement in case plan activities.
- Help maintain connections between parents and children while in out of home care.
- Share insight and understanding about their own personal experiences that may help parents be successful in their reunification efforts.
- Assist in the goal of reunification and/or the development of appropriate alternative permanent plans.
- Provide a sense of hope and inspiration to parents in the "system".
- Connect parents with resources.
- Provide encouragement, outreach and support.
- Work with Parent Partner team (Parent Partner Coordinator, child welfare case worker, planning committees, etc.).

Quakerdale ......712-655-2012

1500 W. 3<sup>rd</sup> St.

P.O. Box 366, Manning, IA 51455

- Family Centered Services: Therapist works closely with individual families in their homes
- Family Foster Care: Youth receive counseling while living in a licensed foster home (treatment and basic)
- Foster Care Home Studies: Initial & Relicensing of Foster Homes
- Residential Treatment: Youth, ages 11 to 17 are provided individual & group counseling Family therapy is also available
- Fun Family Program: Residents have an opportunity to spend time in a family setting with a volunteer "Fun Family."
- In office counseling: Family, couple and individual.
- Insurance, EAP and/or Self-Pay

<ul> <li>Youth Shelter Care – Ages 11-17</li> <li>Season Center for Behavioral Health</li></ul>
SENIORS Alzheimer's Association Big Sioux Chapter
Congregate MealsRec. Ctr. Activity Room, Carroll, IA 5140111:45 a.m. MonFri712-792-3058Municipal Bldg. Basement.712-792-3058Coon Rapids, IA 50058.712-999-551412:00 p.m. Mon-Fri712-999-5514Senior Ctr., Manning, IA 51455.712-655-3417• Nutritious meals offered to senior citizens over age 60, providing a social environment.
Elderbridge Agency on Aging         712-792-3512           603 N.West St., Carroll, IA 51401         800-243-0678

elderbridge@elderbridge.org

7:45 a.m. – 4:15 p.m., 5 days/week www.elderbridge.org

Informational & Referral .....1-800-543-3265

- Planning, funding and coordinating agency.
- Provides services for persons 60+. Also serving as a source of information and advocacy for older persons and their families.
  - Adult Disabilities

Foster Grandparent Program	712-292-5293
----------------------------	--------------

514 N. Court Street, Carroll, IA 51401

Email: cfgpp@hotmail.com

• This program offers seniors sixty and over an opportunity to volunteer serving children in need.

The volunteers receive a small tax-free stipend, travel and meal reimbursement, the unconditional love of a child, and much, much more

New Opportunities, Inc	712-792-9266
See listing under Children, Juveniles, and Families	www.newopp.org
R.S.V.P. (Retired and Senior Volunteer Program)	712-792-4212
514 N Court, Carroll, IA 51401 E-mail: crsvp@hotmail.com	
8:00 am – 4:30 p.m. 5 days/week	
RSVP matches the interests and talents of people aged 55 and better with volunteer oppor	rtunities throughout
Carroll County.	
St. Anthony Home Health/Hospice	712-794-5279
Carroll County Public Health Nursing	
See listing under Health & Disabilities	
Senior Housing/Assisted Livings	
Accura Healthcare	641-227-3602
Regency Park	712-792-9281
Thomas Rest Haven	712-999-2253
Garden View	712-794-5050
Orchard View	712-792-2042
Park View/assisted living	712-999-2253
Manning Senior Living/assisted living	712-655-4893
Journeys	712-775-2313
Sunny Brook	712-792-8995
St. Anthony's Nursing Home	712-794-5291
Swan Place	712-792-6974

## **COUNSELING SUBSTANCE ABUSE & MENTAL HEALTH**

Birthright
<b>Catholic Charities</b>
<ul> <li>1 p.m. – 8 p.m., Thurs.</li> <li>Provides family, individual, marital/couple, therapy; maternity services concerning unplanned pregnancies; and adoption services.</li> </ul>
Howard Center Inc. See listing under Health and Disabilities.
Iowa New Choices (DMACC Carroll)
906 N. Grant Road <b>1-800-622-3334</b> See listing under Children, Juveniles and Families
<ul> <li>Lutheran Services in Iowa</li></ul>
Manning Family Recovery Center
24 Hour Crisis Line
<ul> <li>410 Main St., Manning, IA 51455</li> <li>Weekend Counseling services available – call for evaluation and information for all services</li> <li>De-tox, inpatient, residential, outpatient, intervention, co-dependency services, aftercare and</li> </ul>
EAP services.
<ul> <li>Gambling treatment and education</li> <li>NAMI712-792-1122</li> </ul>
New Opportunities, Inc800-642-6330
Behavioral Health Services for Treatment and Prevention of Substance Abuse
23751 Hwy 30 E
Carroll, IA 51401Fax 712-792-1457
8:00 a.m. – 4:30 p.m., M- F or by appt.
New Opportunities, Incwww.newopp.org.800-642-6330Behavioral Health Services for Treatment and Prevention of Substance Abuse23751 Hwy 30 E.712-792-9266Carroll, IA 51401Fax 712-792-1457

• OWI evaluations

- Substance Abuse Evaluations/Assessments
- Intensive Outpatient Treatment
- Extended Outpatient Treatment
- Continuing Care services
- Inpatient referral service
- Alcohol and drug testing
- OWI Classes
- Juvenile Alcohol Drug Education (JADE)
- Prevention Education
- Quitline

			742 702 2004
	s Area Mental Health, Inc.	www.plainsareamentaine	ealth.org 712-792-2991
	outh Maple St., Suite 1		Fax: 712-792-3067
	, , ,	a.m. – 5:00 p.m. Friday 8:00 a.	•
24 Ho	our Crisis Line:		888-546-0730
Outpa	atient Therapy	Psychiatric Services	Outreach Services
•	Individual	*Psychiatric Evaluations	*Community Support Services
•	Marital/Couple	*Psychiatric Medication	*Support Community Living
•	Parent/Child	*Treatment/Assessment for	*Integrated Health Services
•	Group	Attention Deficit Hyperactivity	*Day Habilitation, Socialization
Techr	niques used: Play Therapy,	, Parent Child Interactive Therap	oy (PCIT), Eye Movement
Desei	nsitization and Reprocessir	ng (EMDR), Interpersonal Therap	oy (IPT), Lifespan Integration,
Cogni	tive Behavioral, Solution F	ocused Brief Technique (SFBT),	Critical Incident Stress
	gement (CISM) and Yoga		
	0 ( , 0		
Seaso	ons Center for Behavioral I	Health	
	ast 7 <sup>th</sup> , Carroll, IA 51401		
	Screening & Assessment	S	
	Evidence-Based Therapie		
	Care Coordination Servic		
	Therapeutic Respite Care		
	Cross-System Trainings	2	
St. Ar	nthony Mental Health Serv	vices	
	•	S. Clark St., Carroll, IA 51401	
			1-800-562-6060
•	ividual & Marital Therapy		
		chos hyportonsion and chronic	nain

• Behavioral services for headaches, hypertension and chronic pain

- Attention Deficit Disorder treatment
- School-related problem treatment
- Treatment for Depression and Anxiety
- Partial hospitalization Program for individuals with mental health issues.
- Intensive Outpatient Program

### FOOD, HOUSING, FINANCIAL & TRANSIT

<ul> <li>American Red Cross</li></ul>
Community of Concern Food Pantry712-792-5150
<ul> <li>Provides groceries for eligible applicants who have an emergency need for food.</li> </ul>
New Opportunities Carroll County Family Development Center 23751 Hwy 30 East, Carroll, IA 51401
Food Pantry
Clothes closet and LittEAP712-792-9266
See listing under Children, Juveniles, and Families
Region XII Council for Governments712-792-9914
1009 E. Anthony St., P.O. Box 768, Carroll, IA 51401 www.region12cog.org
<ul> <li>Loans/grants made to income eligible homeowners for home repairs.</li> </ul>
Loans/grants made to income eligible applicants for down payment assistance.
Region XII Western Iowa Transit712-792-9914
1009 E. Anthony St. P.O. Box 768, Carroll, IA 51401 www.region12cog.org

• Providing local and intercity transportation for the general public, persons with disabilities,

senior citizens, and other transportation disadvantaged people.

Regional Housing Authority	712-792-5560
Carroll, IA 51401	
<ul> <li>Helps low income families, elderly, disabled, or handicapped pay rent (based o guidelines per household).</li> </ul>	n income

Social Security Administration	
Fax	712-792-6460
818 Bella Vista Dr.	

Carroll, IA 51401

• Providing income for retired and disabled persons and survivors who are participants in the Social Security program. Also Medicare coverage and Supplemental Security Income services.

### JOBS

Iowa Works 619 N. Carroll St., Carroll, IA 51401	712-792-2685
<ul> <li>www.iowaworkforcedevelopment.gov www.iowajobs.org</li> <li>Provides job placement and unemployment insurance.</li> <li>Career information, labor market information, and resume preparation.</li> <li>Provides information services to employers in regard to recruitment, job place market information.</li> </ul>	ement, labor
New Hope Village	712-792-5500
See listing under Health and Disabilities	
Promise Jobs/Workforce Innoration & Opportunity Act 619 N. Carroll Street. P.O. Box 768, Carroll, IA 51401	
Promise Jobs is designed to provide applicants and recipients with opportunit	

self-sufficiency through employment and to develop vocational skills needed to become economically self-sufficient, Program is for FIP recipients.

• Employment training program for eligible adults and youth. Services include resume writing, interview techniques, on-the-job training, vocational training in a classroom setting; Remedial and Basic Skills and supportive services.

Vocational Rehabilitation Office	.712-792-9351
619 N. Carroll St., Carroll, IA 51401	

• Provides rehabilitation services to eligible individuals with disabilities in order that they can prepare for, enter, engage in, or retain gainful employment.

### HEALTH AND DISABILITIES AGENCIES AND PROGRAMS

Carroll Area Nursing Service	
603 W. 8 <sup>th</sup> St., Carroll, IA 51401	www.canshomehealth.com
Available 24 hours/day, 7 days/week	
<ul> <li>Providing quality care in your home with a personal touch</li> </ul>	
Providing skilled nursing, physical therapy, speech pathology,	occupational therapy, home
care aide service, Waiver Services, and nutritional counsel	ing.
Other locations: Manning	712-653-2336
Coon Rapids	712-999-5664
Elk Horn	712-764-8111
Denison	712-263-3078
Carroll County ISU Extension and Outreach	712-792-2364
<ul> <li>Health and Nutrition Programs</li> </ul>	
Carroll County Community Services/Carroll County Case Manag	gement
Mental Health/Developmental Disabilities Services	
Case management and referral services provided to individual	s who have mental retardation,
Developmental disability or have a chronic and persistent mer	ntal illness
<ul> <li>Serving children and adults who receive services through the H</li> </ul>	Home and Community Based
Waiver Program	
For access to mental health/developmental disabilities services t	through Carroll County Mental
Health Services Fund Management Plan, contact any of the fol	lowing access points.
Carroll County Mental Health Coordinator	

•	Carroll County Mental Health Coordinator	
	608 N. Court Street, Ste. B, Carroll, IA 5140172	12-792-1234
•	Carroll County Case Management	
	608 N. Court Street, Ste. B, Carroll, IA 5140172	12-792-4845
•	Department of Human Services – Social Work Dept.	
	608 N. Court Street, Ste. C, Carroll, IA 5140172	12-792-4391

Carroll County Nest	712-794-5623
St. Anthony Home Health/Hospice, Carroll County Public Health	.1-800-684-3020
318 South Maple, Suite 3, Carroll, IA 51401	

- Incentive program, encourages healthy behaviors during pregnancy, earn points towards free baby items.
- Open to pregnant women, residing within Carroll County
- Membership offered at no cost to families
- No income guidelines
- Enrollment encouraged during first trimester, but can enroll anytime during pregnancy.

### Carroll County Public Health ......712-794-5408

St. Anthony Home Health/Hospice and Carroll County Board of Health

318 S. Maple St., Suite 3 Carroll, IA 51401

8:00 a.m. – 4:30 p.m., Mon – Fri.

- Immunization Clinics (Children/Adult) \*Outpatient Mental Health
- Communicable Disease Follow-Up
   \*Disaster Preparedness
- Resource/Information/Referral for Service

Family Resource Center (CCCPCA)	712-792-6440
502 W. 7 <sup>th</sup> Street	800-999-5101
Carroll, IA 51401	www.carrollfrc.org
See entry under Children, Juveniles and Families	
hawk-i	
Medical Insurance for qualifying children up to age 19	www.hawk-i.org
	1-800-257-8563
Homecare Options	712-792-0322
726 N. Main St., Carroll, IA 51401	

24 hours/day, 7 days/week

• Provides exterior and interior home care, along with personal, nursing, respite, and live-in care.

• Voluntary in home family support program, specializing in education on pregnancy parenting, and child

Development. – Prenatal women, parents of children age 0-4

- · Services offered at no cost to families residing within Carroll County
- No Income guidelines

Howard Center Inc.
1319 Early St., Sac City, IA 50583
712-261-0930
Vocational and residential support services for individuals with disabilities. Serves all ages.
Manning Regional Healthcare Center712-655-2072
410 Main St., Manning, IA 51455
Inpatient and outpatient services
<ul> <li>Inpatient and outpatient and surgery</li> </ul>
24-hour emergency service
Obstetrical care
Outpatient specialty clinics
New Hope Village712-792-5500
1211 E. 18 <sup>th</sup> St., Carroll, IA 51401
8:00 a.m. – 4:30 p.m. Monday – Friday
Residential and vocational services for adults with disabilities.
Residential services (ICF/MR, HCBS/SCL, RCF-MR, CSALA)
Vocational Services (Community employment services, comprehensive vocational valuations,
organizational employment services)
New Hope Enterprises
Employment Resources
Job Placement for people with disabilities
New Hope Enterprises
308 Main St., Manning, IA 51455
New Opportunities, Inc
See listing under Children, Juveniles and Familieswww.newopp.org
St. Anthony Regional Hospice
Division of St. Anthony Home Health1-800-684-3020
24 hours/day, 7 days/week
• Provides support of terminally ill patients and families in their homes with Respect, Dignity
and Love through a team approach utilizing:
Medicare certified     Physical therapy and occupational therapy
Skilled nursing and home care aide service     Nutritional counseling
Hospice educated volunteers     Inpatient care and respite
Social workers & chaplain     Bereavement follow-up
Pharmacy     Support group
St. Anthony Home Health/Hospice712-794-5279

318 S. Maple St., Suite 3 Carroll, IA 51401

8:00 a.m. – 4:30 p.m., Monday – Friday

E-mail address: mschaefer@stanthonyhospital.org

Nurses on call 24 hours/day, 7 days/week.

- Skilled nursing and home care aides services
- Physical therapy, speech pathology, occupational therapy
- Home infusion therapy
- Public health
- Hospice
- Private duty
- Resource management information and referral service for Seniors.
- Medicare Certified "People caring for people in the comfort of their homes."
- Home and community based waiver: Ill and handicapped waiver: AIDS waiver
   Frail and elderly waiver
  - MR Waiver

St. Anthony Regional Hospital	712-792-3581
S. Clark St., Carroll, IA 51401	
Education Services	712-794-5244
Social Services	712-794-5248
<ul> <li>Handles American Cancer Society loan closet equipment.</li> </ul>	
Toll Free	.1-800-792-6616
www.stanthonyhospital.org	
Vocational Rehabilitation Office	712-794-5428
See listing under Jobs.	

### HEALTH AND DENTAL CARE

### Medical

Family and Specialty Medical Center	712-792-4000
515 N. Main Street, Carroll, IA 51401	
McFarland Clinic	712-792-1500
405 South Clark Street, Suite 100, Carroll, IA 51401	
Eastside Clinic, 1246 HWY 30 East, Carroll, IA 51401	712-792-3311
St. Anthony Family Care Physicians	

405 S. Clark Street, Suite 230, Carroll, IA 51401	712-792-2222
Breda Medical Clinic, 221 Main Street, Breda, IA 51436	712-673-2301
Coon Rapids Medical Clinic, 215 Main, Coon Rapids, IA 50058	712-999-2237
Manning Medical Clinic, 221 Ann Street, Manning, IA 51455	712-653-2211
Wall Lake Medical Clinic, 311 West First Street, Wall Lake, IA 51466	712-644-2800
Wellendorf ENT, :PC	712-792-4368
405 South Clark Street, Carroll, IA 51401	

#### Manage Care Organizations (MCO)

Most lowans who get their health care from Medicaid will switch to a new managed care program called IA Health Link on April 1, 2016. Your care will now be covered by a managed care organization (MCO), or health plan, that you choose. Your plan will provide benefits for health care services from a network of doctors and other providers that work with your MCO.

Amerigroup phone:	1-800-454-3730
https://providers.amerigroup.com/IA/Pages/ia.aspx	
United Healthcare	800-464-9484
https://www.UHCCommunityPlan.com/IA	

#### Dental

Ahrens, Martin, DDS712-655-2385
215 Main Street, Manning, IA 51455
Berning, David, DDS712-792-4776
409 West 7 <sup>th</sup> Street, Carroll, IA 51401
Carroll Dental Clinic712-792-4375
703 Simon Avenue, Carroll, IA 51401
Cochrane, R, Bruce, DDS (Periodontist)712-792-6313
318 South Maple Street, Carroll, IA 51401
Evans, Elizabeth, DMD712-792-6455
2008 Hwy 71 North, Carroll, IA 51401
Fangman, Nicholas, DDS712-792-2630
818 North Main Street, Carroll, IA 51401
Halbur, Martin, DDS712-792-2528

### **Eischeid, Karl, DDS Sturm, Michelle, DDS** Carroll, IA 51401

Hillock, Justin, DDS 411 Main Street, Coon Rapids, IA 50058	712-999-5130
Langwith Hull & Roush (Orthodontists)	712-792-6057
318 South Maple Street, Carroll, IA 51401	
Oral Surgery & Associates	712-792-6086
<b>Oral Surgery &amp; Associates</b> 718 Simon Avenue, Carroll, IA 51401	712-792-6086

# Chiropractic

Coon Rapids Chiropractic	712-999-9000
121 Fourth Avenue, Coon Rapids, IA 50058	
Donovan J G DC	712-792-3716
410 W 3 <sup>rd</sup> Street, Carroll, IA 51401	
Family and Specialty Medical Center	712-792-4000
515 N. Main Street, Carroll, IA 51401	
Healing Arts Center	712-792-4600
715 North Clark Street, Carroll, IA 51401	
Lewis Chiropractic	712-999-2447
523 Main Street, Coon Rapids, IA 50058	712-999-2447
-	
523 Main Street, Coon Rapids, IA 50058	
523 Main Street, Coon Rapids, IA 50058 Pudenz Family Chiropractic	712-775-2418
523 Main Street, Coon Rapids, IA 50058 <b>Pudenz Family Chiropractic</b>	712-775-2418
<ul> <li>523 Main Street, Coon Rapids, IA 50058</li> <li>Pudenz Family Chiropractic</li></ul>	712-775-2418 712-792-6026
<ul> <li>523 Main Street, Coon Rapids, IA 50058</li> <li>Pudenz Family Chiropractic</li></ul>	712-775-2418 712-792-6026

## **EDUCATION**

Carroll Community Schools & Preschool	712-792-8010
Coon Rapids-Bayard Community Schools	712-684-2208
Glidden-Ralston Schools	712-659-3411
Happy Times Preschool	712-792-4683
Early Steps to Learning	712-792-1811
Kuemper Catholic High Schools	712-792-3596
Kuemper CARES before and afterschool & Summer	712-830-6134
IKM-Manning Community Schools	712-655-3761
Little Lamb Preschool	712-792-4354
Zion Lutheran Preschool	712-655-2352

Heartland Area Education Agency712-792-3102
906 N. Grant, Ste., 160, Carroll, IA 51401
Provides educational media and special education services to public and non-public schools
Carroll County ISU Extension and Outreach Service712-792-2364
1205 W. U.S. Hwy 30, Carroll, IA 51401
Provides agricultural, home economics, and 4-H services to the people of the community.

# New Opportunities, Inc.

Head Start/Early Head Start	712-792-9266 ext.400
	www.newopp.org

Des Moines Area Community College71	L2-792-1755
906 N. Grant Rd., Carroll, IA 514011-80	00-622-3334
<ul> <li>Iowa New Choices (see Children, Juveniles and Families)</li> </ul>	

## **EMERGENCY & CRISIS**

Child Abuse Reporting	1-800-362-2178
St Anthony Mental Health Services	
Outpatient Services	712-794-5435
Crisis Line	1-800-562-6060
Fax	712-794-5475
Carroll County Ambulance Service	

County-wide Emergency Services	911
Business Office	712-792-1335
City Hall of Manning	712-655-2200
Carroll County Emergency Management	
Carroll County Courthouse	
Carroll Co. Sheriff's Dept.	712-792-4393
114 E. 6 <sup>th</sup> St., Carroll, IA 51401	
Provides law enforcement	
Richmond Center	712-792-5728
Family Crisis Center	
24 Hr. Crisis Line	1-800-382-5603
Emergency/Crisis Care – Crisis Line	1-800-999-5101 or 712-792-6440
Family Resource Center	
Manning Family Recovery Center –	
24 Hour Crisis Line	1-800-656-6372
	Or 1-712-655-2300

## **VETERANS**

VA Central Iowa Health Care System	712-794-6780
Community Based Outpatient Clinics	Or 1-855-794-6780
Primary Care Services, Lab services, Pharmacy, Mental Health and Nutritio	n

<b>Carroll County Community Assistance</b>	712-792-1234
608 N. Court Street, Suite B, Carroll, IA	
Carroll County Veterans Assistance –	Emergency assistance for qualified wartime veterans

# HANDY 800 NUMBERS

AIDS Hotline	800-342-2437
CAASA(Sexual Assault Services)	877-362-4612
FCC (Domestic Violence Services)	855-983-4641
A1-Anon, Aleteen Family Group Hotline	800-344-2666
Alcohol and Drug Abuse	800-252-6465
Alliance for the Mentally III of Iowa	800-417-0417
Alzheimer's Association	800-272-3900
American Cancer Society	866-227-2345
American Diabetic Association	800-232-3472

American Red Cross	800-733-2767
Answer Line(Questions relating to home & family	800-262-3804
Association for Children for Enforcement of Support	888-229-9223
Attorney General (State of Iowa)	888-777-4590
Attorney Genreal (Consumer protection)	888-777-4590
Attorney Referral Service	800-532-1108
Bets Off (Gambling Council)	800-238-7633
Better Business Bureau	800-222-1600
Child Care Network	800-722-7619
Child Care Resource and Referral	800-945-9778
Child/Dependent Adult Abuse Hotline	800-362-2178
Carroll Co. Public Health	800-684-3020
Civil Rights Commission	800-457-4416
Continuing Education	800-262-0015
Crime Victim Assistance Program	800-373-5044
Department of the Blind	800-362-2587
Department of Human Services	866-937-3663
Department of Revenue	800-367-3388
Department of Transportation	800-532-1121
Elderbridge Agency on Aging	800-243-0678
Equal Employment Opportunity	800-669-4000
Family Resource Center	800-999-5101
Federal Information Hotline	800-688-9889
HAWK-I Health Insurance	800-257-8563
Healthy Families (ISU)	800-369-2229
Heartland Area Education	800-362-2720
Internal Revenue Service (IRS)	800-829-1040
Iowa Attorney Referral Service	800-532-1108
Iowa Concerns Hotline	800-447-1985
Iowa Client Assistance (Dept. of Human Rights	800-652-4298
Division of Disabilities	
Iowa One Call( Call before you dig)	800-292-8989
Iowa Compass (Disability Information)	800-779-2001
Iowa New Choices, DMACC	800-362-2127
Iowa Plains Area Mental Health	800-325-1192
Iowa Poison Center	800-222-1222
Iowa Protection and Advocacy for the Disabled	800-779-2502
Legal Services of Iowa (IA Legal Aid)	800-532-1275

Elderly (Legal Hotline for Older Iowans)	800-992-8161
Long Term Care Ombudsman (Dept. of Elder Affairs)	866-236-1430
NAMI	515-292-9400
New Opportunities, Inc	800-642-6330
PORKline	800-808-7675
Quit Line Iowa (quit smoking)	800-784-8669
Radon Line	800-383-5992
St. Anthony Home Health Care/Hospice	800-684-3020
Sexual Abuse Hotline	877-362-4612
Senior Health Insurance Information Program (Long Term Care ins).	800-351-4664
Small Business Resource Office	800-284-4424
Social Security Administration	800-772-1213
State Highway Patrol	800-525-5555
Teen Line	800-443-8336
United Network Organ Sharing	888-894-6361
Veterans Suicide Hotline	800-321-7772
West Central Mental Health	800-321-7772
Youth Law Center (Under 18)	800-728-1172
Youth & Shelter (24 hour help)	800-600-2330

# V. Detail Exhibits

[VVV Consultants LLC]

# a) Patient Origin Source Files

[VVV Consultants LLC]

Carroll														
	Discharge s	% of Discharges			Discharge s			Inpatien t Days	% of Inpatie nt Days		In	patier Day		
			<1	18	45-64	65-	75		,	<1	18-	45-	65-	75+
Ames, Mary Greeley	88	3.97 %	4	44	35	24	13	400	4.18 %	8	47	138	11	93
Atlantic, Cass	5	0.23 %	4	0	1	0	0	16	0.17 %	13	0	3	0	0
Audubon, Audubon Co	3	0.14 %	0	1	0	0	2	4	0.04 %	0	1	0	0	3
Carroll, St.	1452	65.52 %	204	314	246	18 2	506	5895	61.59 %	437	102 1	106 7	90 6	246 4
Cedar Rapids,	2	0.09 %	0	2	0	0	0	4	0.04 %	0	4	0	0	0
Cedar Rapids, St Luke's	1	0.05 %	1	0	0	0	0	14	0.15 %	14	0	0	0	0
Clinton, Mercy	1	0.05 %	0	0	1	0	0	7	0.07 %	0	0	7	0	0
Council Bluffs,	34	1.53 %	16	5	5	4	4	133	1.39 %	74	18	26	5	10
Council Bluffs,	11	0.50 %	1	8	1	0	1	39	0.41 %	2	31	3	0	3
Denison, Crawford Co	8	0.36 %	3	3	0	0	2	19	0.20 %	8	6	0	0	5
Des Moines, Broadlawns	1	0.05 %	0	0	0	0	1	26	0.27 %	0	0	0	0	26
Des Moines,	19	0.86 %	5	1	9	3	1	76	0.79 %	21	18	28	7	2
Des Moines,	134	6.05 %	37	24	43	16	14	670	7.00 %	134	88	262	92	94
Des Moines, Mercy Med	188	8.48 %	26	29	36	39	58	991	10.35 %	149	113	210	23 6	283
Dubuque, Mercy Medical	1	0.05 %	0	0	0	0	1	6	0.06 %	0	0	0	0	6
Dunes Surgical	4	0.18 %	0	0	0	4	0	10	0.10 %	0	0	0	10	0
Fort Dodge, Tripity	5	0.23 %	1	2	1	0	1	14	0.15 %	2	3	6	0	3
Guthrie Center,	12	0.54 %	0	0	0	2	10	49	0.51 %	0	0	0	10	39
Harlan, Myrtue Med	2	0.09 %	1	1	0	0	0	4	0.04 %	2	2	0	0	0
Iowa City, U	40	1.81 %	8	6	16	8	2	383	4.00 %	105	60	177	27	14
Jefferson , Greene	3	0.14 %	0	0	0	1	2	48	0.50 %	0	0	0	1	47
Lake City, Stewart Mem	28	1.26 %	13	12	0	0	3	63	0.66 %	23	25	0	0	15
Manning, Manning	87	3.93 %	0	8	17	16	46	371	3.88 %	0	18	47	66	240

Carroll														
	Discharges	% of Discharges		Disch	arge	S		Inpatient Days	% of Inpatien t Days		Inpat	ient Day	'S	
			<18	18-		- 65	75+		( 2 4)0	<18	18-	45-	65-	75+
Mason City, Mercy	2	0.09 %	0	44	6 1	4 <u> </u>	) 0	5	0.05 %	0	2	3	0	0
Sac City,	1	0.05 %	0		0 0	) 1	0	4	0.04 %	0	0	0	4	0
Sioux City, Mercy Med	2	0.09 %	0		1 (	) (	) 1	26	0.27 %	0	5	0	0	21
Sioux City, St Luke's	4	0.18 %	1		3 (	) (	) 0	42	0.44 %	22	20	0	0	0
Spencer, Spencer	3	0.14 %	0		2 1	0	) 0	20	0.21 %	0	9	11	0	0
Storm Lake, Buena Vista		0.23 %	0		0 0	) 1	4	64	0.67 %	0	0	0	12	52
Waterloo, Allen Hosp	1	0.05 %	0		0 1	( C	) 0	1	0.01 %	0	0	1	0	0
Waterloo, Covenant	5	0.23 %	0		3 1	∣ 1	0	20	0.21 %	0	9	8	3	0
West Des	50	2.26 %	2		1 18	3 16	5 13	93	0.97 %	6	3	25	25	34
West Des Moines	14	0.63 %	0		15	5 2	2 6	54	0.56 %	0	1	23	3	27
TOTAL	2216	100.00 %	327	440	438	3 320	691	9571	100.00 %	1020	1504	2045	1521	3481

Carroll																
	Discharge s	% of Discharges			Discharge s			Inpatien t Days	% of Inpatien t Days	batien		Inpatient Days				
			<1	18	45-64	65-	75		-	<1	18-	45-	65-	75+		
Ames, Mary Greeley	53	2.28 %	3	44	15	14	13	174	1.71 %	8	19	37	42	68		
Atlantic, Cass	8	0.34 %	4	3	1	0	0	17	0.17 %	8	5	4	0	0		
Audubon, Audubon Co	2	0.09 %	0	0	1	0	1	5	0.05 %	0	0	1	0	4		
Boone, Boone Co Hosp	5	0.22 %	2	3	0	0	0	12	0.12 %	5	7	0	0	0		
Carroll, St.	1476	63.62 %	223	346	241	15 1	515	5776	56.75 %	471	104 2	100	70 0	256 3		
Cedar Rapids, Mercy	2	0.09 %	0	0	0	0	2	7	0.07 %	0	0	0	0	7		
Cedar Rapids, St Luke's	4	0.17 %	1	3	0	0	0	14	0.14 %	2	12	0	0	0		
Clive, MercyOpe	10	0.43 %	0	0	2	2	6	107	1.05 %	0	0	19	15	73		
Council Bluffs,	40	1.72 %	8	6	6	13	7	124	1.22 %	37	16	12	33	26		
Council Bluffs,	13	0.56 %	0	6	6	0	1	60	0.59 %	0	23	32	0	5		
Denison, Crawford Co	13	0.56 %	5	7	0	0	1	31	0.30 %	10	18	0	0	3		
Des Moines, Broadlawns	2	0.09 %	0	1	1	0	0	12	0.12 %	0	3	9	0	0		
Des Moines,	21	0.91 %	3	0	9	3	6	122	1.20 %	12	0	62	6	42		
Des Moines,	106	4.57 %	24	18	36	15	13	627	6.16 %	127	44	211	13 8	107		
Des Moines, Mercy Med	274	11.81 %	25	35	74	50	90	1564	15.37 %	199	128	313	32 7	597		
Dunes Surgical	2	0.09 %	0	0	0	2	0	2	0.02 %	0	0	0	2	0		
Fort Dodge, Tripity	3	0.13 %	0	0	2	0	1	16	0.16 %	0	0	7	0	9		
Harlan, Myrtue Med	3	0.13 %	1	1	0	0	1	6	0.06 %	2	2	0	0	2		
Iowa City, U of	41	1.77 %	12	8	9	8	4	431	4.23 %	219	35	81	71	25		
Jefferson , Greene	5	0.22 %	0	0	1	0	4	22	0.22 %	0	0	3	0	19		
Lake City, Stewart Mem	17	0.73 %	4	6	1	0	6	39	0.38 %	9	13	1	0	16		
Manning, Manning	108	4.66 %	1	6	14	17	70	631	6.20 %	3	10	40	10 7	471		
Mason City, Mercy	4	0.17 %	0	2	0	2	0	34	0.33 %	0	3	0	31	0		

Carroll	Carroll																
	Discharges	% of Discharges		Discharges					% of Inpatien t Days		Inpatient Days						
			<18	18-	45-		75+		,	<18	18-	45-	65-	75+			
Mount Ayr,	1	0.04 %	0	44	64 0 0	1	0	10	0.10 %	0	0	0	10	0			
Sac City,	2	0.09 %	0		0 0	0	2	7	0.07 %	0	0	0	0	7			
Sioux City,	5	0.22 %	0	:	2 0	2	1	31	0.30 %	0	7	0	17	7			
Sioux City,	4	0.17 %	1		12	0	0	21	0.21 %	5	4	12	0	0			
Spencer, Spencer	4	0.17 %	0	;	31	0	0	18	0.18 %	0	17	1	0	0			
Spirit Lake	4	0.17 %	0		02	2	0	7	0.07 %	0	0	4	3	0			
Storm	6	0.26 %	1		1 1	1	2	38	0.37 %	2	2	2	7	25			
West	2	0.09 %	0	:	2 0	0	0	13	0.13 %	0	13	0	0	0			
West Des	58	2.50 %	3		3 19	25	8	120	1.18 %	6	6	37	47	24			
West Des Moines	22	0.95 %	0		28	5	7	80	0.79 %	0	7	40	19	14			
TOTAL	2320	100.00 %	321	473	452	313	761	10178	100.00 %	1125	1436	1928	1575	4114			

Carroll														
	Discharge s	% of Discharges			Discharge s			Inpatien t Days	% of Inpatien t Days		Ir	patier Day		
			<1	18	45-64	65-	75		,	<1	18-	45-	65-	75+
Ames, Mary Greeley	48	2.29 %	3	44	15	12	9	203	2.08 %	14	35	53	57	44
Atlantic, Cass	2	0.10 %	2	0	0	0	0	14	0.14 %	14	0	0	0	0
Audubon, Audubon Co	1	0.05 %	0	0	0	0	1	23	0.24 %	0	0	0	0	23
Bettendorf,	1	0.05 %	0	0	1	0	0	6	0.06 %	0	0	6	0	0
Boone, Boone Co Hosp	2	0.10 %	1	1	0	0	0	5	0.05 %	2	3	0	0	0
Carroll, St.	1337	63.73 %	197	329	237	15 8	416	5594	57.32 %	425	100 8	122	75 3	218 5
Cedar Rapids, St Luke's	1	0.05 %	1	0	0	0	0	5	0.05 %	5	0	0	0	0
Clive, MercyOpe	13	0.62 %	0	2	2	6	3	165	1.69 %	0	13	20	75	57
Council Bluffs, CHI Hith	17	0.81 %	8	5	0	1	3	80	0.82 %	46	17	0	3	14
Council Bluffs,	21	1.00 %	2	6	3	4	6	73	0.75 %	4	20	10	15	24
Davenport, Genesis	1	0.05 %	0	0	1	0	0	4	0.04 %	0	0	4	0	0
Denison, Crawford Co	6	0.29 %	2	2	1	0	1	14	0.14 %	4	5	4	0	1
Des Moines, Broadlawns	2	0.10 %	0	0	1	1	0	2	0.02 %	0	0	1	1	0
Des Moines,	14	0.67 %	4	0	5	3	2	110	1.13 %	16	0	45	34	15
Des Moines, IMMC	98	4.67 %	13	17	21	24	23	756	7.75 %	68	90	134	28 4	180
Des Moines, Mercy Med	251	11.96 %	23	41	79	46	62	1448	14.84 %	152	155	425	30 9	407
Dunes Surgical	1	0.05 %	0	0	0	1	0	1	0.01 %	0	0	0	1	0
Fort Dodge, Tripity	5	0.24 %	0	0	2	2	1	21	0.22 %	0	0	7	8	6
Grinnell, Grinnell Reg	1	0.05 %	0	0	0	0	1	2	0.02 %	0	0	0	0	2
Guthrie Center,	2	0.10 %	0	0	0	0	2	5	0.05 %	0	0	0	0	5
Harlan, Myrtue Med	2	0.10 %	1	1	0	0	0	8	0.08 %	4	4	0	0	0
Iowa City, U of	35	1.67 %	5	9	15	3	3	247	2.53 %	119	27	45	16	40
Jefferson , Greene	5	0.24 %	0	1	1	2	1	15	0.15 %	0	3	4	5	3

Carroll															
	Discharges	% of Discharges	Discharges				Inpatient Days	% of Inpatien t Days		Inpatient Days					
			<18	18-		65-	75+		•	<18	18-	45-	65-	75+	
Knoxville,	1	0.05 %	0	44	64 റ	1	0	1	0.01 %	0	0	0	1	0	
Lake City,	28	1.33 %	8	ę	93	0	8	73	0.75 %	15	22	5	0	31	
Manning, Manning	96	4.58 %	0	8	3 13	11	64	476	4.88 %	0	23	70	44	339	
Mason City, Mercy	3	0.14 %	0		11	0	1	16	0.16 %	0	3	4	0	9	
Ottumwa, Ottumwa	1	0.05 %	0		1 0	0	0	3	0.03 %	0	3	0	0	0	
Perry, Dallas Co	1	0.05 %	0	(	0 0	1	0	2	0.02 %	0	0	0	2	0	
Sac City,	1	0.05 %	0	(	) 1	0	0	7	0.07 %	0	0	7	0	0	
Sioux Center Sx	2	0.10 %	0	(	) 2	0	0	26	0.27 %	0	0	26	0	0	
Sioux City, Mercy Med	6	0.29 %	0		1 0	1	4	19	0.19 %	0	2	0	1	16	
Sioux City,	10	0.48 %	1	ł	53	0	1	64	0.66 %	2	24	24	0	14	
Spencer, Spencer	2	0.10 %	0	2	2 0	0	0	10	0.10 %	0	10	0	0	0	
Storm Lake, Buena Vista	4	0.19 %	0	(	0 0	1	3	46	0.47 %	0	0	0	10	36	
Waterloo,	3	0.14 %	0	(	) 3	0	0	20	0.20 %	0	0	20	0	0	
Waterloo,	4	0.19 %	1		10	2	0	29	0.30 %	2	8	0	19	0	
West Des	54	2.57 %	3		1 18	19	13	109	1.12 %	6	2	34	32	35	
West Des Moines	16	0.76 %	0	į	56	3	2	58	0.59 %	0	19	15	10	14	
TOTAL	2098	100.00 %	275	457	434	302	630	9760	100.00 %	898	1496	2186	1680	3500	

# b) Town Hall Attendees, Notes, & Feedback

[VVV Consultants LLC]

	MRHC 2022 CHNA Town Hall Attendees March 24th 5:30 - 7:00											
#	Table	Attend.	Lead	Last	First	Organization	Title					
1	Α	Х	##	Hodne	Julie	MRHC	RN - CHNA chairperson					
2	Α	Х		Zack	Sarah	DHS	SW Supervisor					
3	Α	Х		Hudson	Erin	Manning Senior Living	Director					
4	Α	Х		Spies	Paula	New Opportunities, Inc.	Health Services Director					
5	В	Х	##	Voege	Jean	MRHC Board of Directors						
6	В	Х		Lamp	Julie	MRHC	PARENT					
7	В	Х		Kusel	Pam	Manning News Journal						
8	В	Х		Block	Linn	MRHC	CEO					
9	С	Х	##	Vollstedt	Kimberly	Manning Pharmacy	Pharmacist					
10	С	Х		Folk	Larry	Manning Senior Living	Portfolio CRC					
11	С	Х		Hagedorn	Larry	MRHC	board member					
13	D	Х		Vonnahme	Becky	Board of Health	President					
14	D	Х		Nuzback	Kari	Puck Enterprises	HR					
15	D	Х		Braddy	Dawn	Community Member						
16	D	Х		Hodne	Scott	Community Member						

# MRHC Town Hall Event Notes - Carroll County, IA

Attendance: N=16

Date: 3/24/2022 – 5:30 p.m. to 7:00 p.m.

### Needs

- Mental/Behavioral Health
- Drug/Substance Abuse
- Alcohol Abuse
- Ambulance Services Staffing
- Tracking Preventative Care
- Rural HC Sustainability
- Lack of Reimbursements
- Child Care (Access / Staff)
- Obesity (Nutrition / Exercise)
- Underinsured / Uninsured

- Underutilized Senior Center
- Available / Affordable Housing
- Chronic Diseases
- Public Health
- Medicaid (Dental)
- Senior Care (Staff / Reimbursement)
- Suicide
- Transportation
- Domestic Violence

### **Strengths**

- Quality Providers
- Manning Reg. HC Rehab Center
- Scope of Local Services
- Access to Healthy Foods
- Pharmacy

- Community Garden
- School Health
- Economic Development
- Senior Facilities
- Hospital Facilities

### EMAIL #1 Request Message

From: Julie Hodne
Date: 1/31/2022
To: Community Leaders, Providers and Hospital Board and Staff
Subject: Carroll County Community Health Needs Assessment 2022

**MercyOne Manning Regional Healthcare Center (MRHC)** is partnering with other community health providers to update the 2019 Carroll County Community Health Needs Assessment. Therefore, MRHC is seeking input from the community regarding healthcare needs in order to complete the 2022 CHNA assessment update.

VVV Consultants LLC, an independent healthcare consulting firm from Olathe, KS, has been retained to conduct this countywide research. The goal of this assessment update is to understand progress in addressing community health needs cited in past assessment reports while collecting up-to-date community health perceptions and ideas.

To gather community feedback, a short and confidential online survey has been developed. Please utilize the link below to complete this request.

LINK: https://www.surveymonkey.com/r/CHNA2022 ManningReg CarrollColA

All community residents and business leaders are encouraged to complete the 2022 CHNA online survey by **Thursday, March 3<sup>rd</sup>.** In addition, please **HOLD the date** for the Town Hall meeting scheduled for Dinner on **Thursday, March 24<sup>th</sup>.** Please stay on the lookout for more information to come soon regarding the RSVP and Town Hall location.

Thank you in advance for your time and support!

If you have any questions regarding CHNA activities, please call Julie Hodne at (712)655-8179.

# PR#1 News Release

Local Contact: Julie Hodne Media Release: 1/15/22

# **Carroll County Seeks Community Input on Local Health Needs**

Over the next few months, **MercyOne Manning Regional Healthcare Center** (MRHC) will be working with area providers to update the 2019 Carroll County Community Health Needs Assessment (CHNA). We are seeking input from community members regarding the healthcare needs in order to complete the 2022 CHNA.

VVV Consultants LLC, an independent research firm from Olathe, KS has been retained to conduct this countywide research. The goal of this assessment update is to understand progress in addressing community health needs cited in the both the 2016 and 2019 assessment reports, while collecting up-to-date community health perceptions and ideas.

A brief community survey has been developed in order to accomplish this work. The survey can be accessed by visiting our website and social media sites if you would like to participate in providing this important feedback.

All community residents and business leaders are encouraged to complete the 2022 CHNA online survey by **Thursday, March 3<sup>rd</sup>, 2021**. In addition, please HOLD the date for the Town Hall meeting scheduled for Dinner on **Thursday, March 24<sup>th</sup>, 2022**. Please, stay on the lookout for more information to come soon. Thank you in advance for your time and support!

If you have any questions regarding CHNA activities, please call Julie Hodne (712)655-8179.

### EMAIL #2 Request Message

From: Julie Hodne Date: 03/01/2022 To: Community Leaders, Consumers, Providers and Hospital Board and Staff Subject: MRHC of Carroll County - Community Health Needs Assessment Town Hall Event

**MercyOne Manning Regional Healthcare Center** is hosting a scheduled Town Hall Meeting for the 2022 Community Health Needs Assessment (CHNA). The purpose of this meeting will be to review the community health indicators from the survey and gather feedback opinions on key community needs. This event will be held on **Thursday, March 24<sup>th</sup>**, from **5:30 p.m. – 7:00 p.m. at MRHC in Conference rooms 1 & 2.** 

All business leaders and residents are encouraged to join us for this important meeting. With COVID still among us, we must ensure the safety of our community first and foremost. Therefore, it is imperative that you complete an RSVP in order for us to adhere to proper safety guidelines. We hope you find the time to attend this important event by following the link below to complete your RSVP for <u>March 24<sup>th</sup></u>. Note> Those who RSVP, will receive additional information and confirmation a few days prior to the event.

LINK: https://www.surveymonkey.com/r/CHNA2022\_CarrollCoIA\_ManningRSVP

#### Thanks in advance for your time and support

If you have any questions regarding CHNA activities, please call Julie Hodne at (712) 655-8179

# MRHC of Carroll County Schedules Local Town Hall Event.

Media Release: 03/01/22

MercyOne Manning Regional Healthcare Center of Carroll County has scheduled the Town Hall meeting for the 2022 Community Health Needs Assessment on Thursday March 24<sup>th</sup>, from 5:30 p.m. – 7:00 p.m. at MRHC in Conference rooms 1 & 2. During this event, we will review the community health indicators from the survey and gather feedback opinions on key community health needs for MRHC of Carroll County, IA.

Due to Covid and state-wide guidelines, we must ensure the safety of our community members during this on-site event. Therefore, those who wish to attend must RSVP to adequately prepare for this social distanced gathering.

You may do this by visiting the MercyOne Manning Regional Healthcare Center website and/or Facebook to obtain the link to complete your RSVP or see link below.

Link: https://www.surveymonkey.com/r/CHNA2022\_CarrollCoIA\_ManningRSVP

We hope you can find the time to join us for this important event on March 24<sup>th</sup>, 2022.

Note> If you RSVP, additional information will be released to you via email a few days prior to the event.

Thanks in advance for your time and support!

If you have any questions regarding CHNA activities, please call Julie Hodne at (712) 655-8179

# From: Julie Hodne To: Community Leaders, Providers, Hospital Board and Staff Date: 3/18/2022 Subject: Carroll County CHNA Town Hall Goes VIRTUAL – March 24th

MercyOne Manning Regional Healthcare Center leaders have made the decision to go virtual for the Carroll County CHNA Town Hall being held on Thursday, March 24<sup>th</sup> from 5:00 p.m. – 7:30 p.m.

We hope you find time to join us for this important event. If you have already RSVP'd your attendance, please note this change to a VIRTUAL meeting. If you have not RSVP'd, we still have room for you to participate in this important meeting.

This virtual meeting will consist of reviewing the community health indicators and gathering feedback opinions on key community health needs. It is vital that all community members RSVP if they are planning to attend by clicking link below to complete your RSVP registration. If you RSVP, the ZOOM link will be sent out to you via email for this event a few days before.

LINK: https://www.surveymonkey.com/r/CHNA2022\_CarrollCoIA\_ManningRSVP

Thank you in advance for your time and support!

If you have any questions regarding CHNA activities, please call Julie Hodne at (712) 655-8179

# d.) Primary Research Detail

[VVV Consultants LLC]

	CHNA 2022 Community Feedback: Carroll Co, IA N=125							
ID	Zip	Rating	Movement	c1	c2	c3	In your opinion, what are the root causes of "poor health" in our community?	
1060	51455	Very Good	Not really changing much	AGE	EDU	ALC	Generational health trends- poor practices passed down to next generation. Same with substance abuse- kids view binge drinking as normal if parents are doing it.	
1098	51455	Average	Not really changing much	EDU	SERV		Poor education and outreach to at risk populations.	
1022	50025	Very Good	Increasing - moving up	EDU			poor buy in need to change- education	
1026	51455	Average	Not really changing much	FINA	INSU	PHARM	High cost of meds & doctor visits	
1083	51455	Very Good	Increasing - moving up	FIT	REC		encouraging exercise, even light hobbies for movement.	
1019	51455	Good	Not really changing much	INSU	FINA		High deductible healthcare	
1057	51455	Very Good	Increasing - moving up	OWN	PREV		I just think there are a number of people who don't pay attention to their health until it's almost too late to do anything, for example: high blood pressure and obesity.	
1047	51455	Very Good	Increasing - moving up	OWN	PREV		Neglect on the part of patients who delay seeking treatment until the problem has progress too far to treat.	
1054	51455	Good	Increasing - moving up	PREV	EDU	OWN	People struggle to appreciate how little choices made regularly set a long term trajectory for their lives. So, an emphasis on positive/healthy HABITS is important. We habit our way into new thinking and living. This is different than setting goals. This is building habits and setting trajectories. We need to help people see the daily opportunity cost of their health choices.	

	CHNA 2022 Community Feedback: Carroll Co, IA N=125							
ID	Zip	Rating	Movement	c1	c2	c3	Access to care is vital. Are there enough providers / staff available at the right times to care for you and our community?	
1101	51455	Good	Not really changing much	AMB	EMER		Ambulance crew shortage. If a large emergency should happen (school casualty, explosion, etc.) It would take much longer to assist all injuries	
1074	51455	Average	Not really changing much	ASLV			Assisted Living facility	
1072	51455	Good	Increasing - moving up	BH	DOCS		Mental health Lack of MD's	
1053	51455	Good		BH	STFF		Mental health staffing	
1060	51455	Very Good	Not really changing much	CLIN	HRS	ACC	Many people are seeking urgent care visits (UTI for example) in Carroll on Saturday afternoons and Sundays	
1030	51455	Good	Increasing - moving up	DOCS	APP		need more providers so the providers don't get burned out trying to cover all of the shifts	
1054	51455	Good	Increasing - moving up	DOCS	APP	STFF	Our providers do excellent work, but they are stretched thin. Getting providers to rural lowa is hard, but it needs to be a continual goal.	
1039	51455	Good	Increasing - moving up	DOCS	APP	STFF	the providers are available however, to prevent burn out, there could be additional providers to support them	
1007	51455	Very Good	Increasing - moving up	DOCS	HRS		need monday morning physicians	
1102	51455	Good	Increasing - moving up	DOCS			Another medical doctor	
1107	51454	Very Good	Increasing - moving up	DOCS			With the addition of a new provider, this will be improved	
1119	51455	Good	Not really changing much	EMER	ACC	OUT	1 provider in town doesn't have access to the ED, if you are that provider's patient you need to travel 25 miles to be seen in ED	
1120	51454	Good	Increasing - moving up	FEM			Need more women's health providers at MRHC.	
1033	51455	Good	Not really changing much	NURSE	STFF	HRS	triage nurse in the clinic is always the backup for staff when gone, seems there is always someone gone or understaffed should consider longer ER times on Saturdays with a scheduled provider and have ER scheduled with on call physician	
1082	51455	Very Good	Increasing - moving up	NURSE			Sometimes not enough nurses	
1002	50025	Good	Increasing - moving up	PEDS	DIAB		Pediatric, diabetes	
1089	51455	Very Good	Increasing - moving up	PRIM	STFF	EMER	We need more primary care physicians, PA's or Nurse Practitioners to cover clinic services and emergency room coverage 24/7 and we only have 2 DO's on staff	
1112	51455	Good	Not really changing much	QUAL	DOCS		The quality of providers, and their speed, and efficiency is what is in question	
1079	51455	Good	Increasing - moving up	SCH	HRS		Appreciate early/late appointments	
1083	51455	Very Good	Increasing - moving up	STFF	EMER	DOCS	Short staffing in ER and more providers are needed.	

			CHNA 2022 Co	mmu	nity	Feed	back: Carroll Co, IA N=125
ID	Zip	Rating	Movement	c1	c2	c3	What "new" community health programs should be created to meet current community health needs?
1108	51463	Very Good	Increasing - moving up	ACC	NUTR	DENT	increase access to fresh produce expand farmers market access to dental services for clients with Medicaid
1096	51455	Very Good	Increasing - moving up	ADOL	FIT	EDU	Offer more youth exercise opportunities and education
1059	51455	Very Good	Not really changing much	ADOL	REC		more activities for kids - update park equipment, rock climbing wall, etc.
1034	51455	Very Good	Increasing - moving up	ADOL	SH	SMOK	I'm not sure how to go about designing programs to reach jr. high and high school students, but feel that something needs to be adresssing the vaping and alcohol abuse that is happening.
1039	51455	Good	Increasing - moving up	AGE	REC		Additional activities for Seniors for socializing activities
1072		Good	Increasing - moving up	ALT	BH	OWN	Holistic approach education Mental health awareness Self care direct effects in health
1042	51455	Average	Not really changing much	ALT			holistic health opportunities
1121	51455	Very Good	Increasing - moving up	BH	ADOL		maybe something mental health related. Offer therapy for children and adults.
1033		Good	Not really changing much	BH	FAM		Mental Health and better family planning services the four counties in our area are desperately underserved
1054	51455	Good	Increasing - moving up	BH	FIT	NUTR	Cognitive behavioral programs for mental health (what you believe to be true affects what you feel affects what you do) Diet and exercise programs, challenges, incentives
1030	51455	Good	Increasing - moving up	BH	SUIC	AWARE	mental health and suicide awareness / prevention
1047	51455	Very Good	Increasing - moving up	BH			Increased mental health services
1111	51455	Very Good	Increasing - moving up	BH			mental evaluations
1100	51455	Good	Increasing - moving up	BH			mental health
1118	51455	Good	Increasing - moving up	BH			Mental Health Awareness
1102	51455	Good	Increasing - moving up	CANC			Screenings for cancer
1084	51455	Good	Increasing - moving up	CHRON	PHARM	NUTR	Teaching management of chronic conditions Teaching on medications by pharmacy Teaching on a healthy diet and fighting misinformation taught on internet.
1112	51455	Good	Not really changing much	CLIN	AWARE	SPEC	Urgent care. Community awareness. More specialty services. Speed of emergency assessment and care.
1060	51455	Very Good	Not really changing much	EDU	ALC	HEMA	Continue education to our community on healthy levels of alcohol consumption and mental health. Would be nice to have hematology/oncology in town.
1120	51454	Good	Increasing - moving up	EDU	BH	SUIC	Education, mental health, suicide prevention
1082	51455	Very Good	Increasing - moving up	EDU	NUTR		education on nutrition, lots of misinformation on the internet these days.
1028		Good	Not really changing much	EDU	SERV		A regular ongoing monthly topic educational program related to a health related issue/concern.
1002	50025	Good	Increasing - moving up	EDU			General health & wellness
1112		Good	Not really changing much	EMER	WAIT		Urgent care. Community awareness. More specialty services. Speed of emergency assessment and care.
1101	51455	Good	Not really changing much	EMS	BH	ADOL	EMT, first responder, family counseling services, adolescent counseling
1107	51454	Very Good	Increasing - moving up	FEM	NUTR	ADOL	Women's health, a nutrition program for youth.
1007	51455	Very Good	Increasing - moving up	HOUS			transitional housing for those that need it
1052	51401	Very Good	Increasing - moving up	ICU			ICU unit
1079	51455	Good	Increasing - moving up	NUTR	BH	ADOL	Healthy eating/cooking class Therapy (other than just SLS) More attention to Mental health with our teens (suicide prevention, cutting, substance abuse, etc)
1098	51455	Average	Not really changing much	NUTR	DIAB	EDU	Public education on diet habits More fresh food farmers markets Diabetes education classes mandatory for new diabetics but also available to community members.
1026	51455	Average	Not really changing much	NUTR	FIT		Healthy eating !!! and Exercise
1025	51455	Good	Not really changing much	NUTR	FIT		nutrition and exercise programs
1075	51455	Very Good	Increasing - moving up	NUTR			Nutrition
1081	51455	Good	Not really changing much	OBES	SMOK		obesity control smoking/vaping control
1060		Very Good	Not really changing much	ONC			Continue education to our community on healthy levels of alcohol consumption and mental health. Would be nice to have hematology/oncology in town.
1062	51454	Good	Increasing - moving up	OTHR			there is a program that is being piloted regarding memory that I would highly suggest here at MRHC - Saving Your Brain
	50025	Very Good	Increasing - moving up	SH	ВН	ADOL	more programs in the schools to prevent bullying, improve acceptance of diversity, positive role models in the administration and teachers, actually modeling good behaviors and not just talking about them.Counseling students who bully or degrade other students instead of seeming to accept the behavior because of who the student is and not putting a stop to the behavior.
1021	51455	Very Good	Not really changing much	TRAN			more transportation

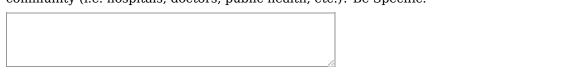
In 2019, Manning Regional Healthcare surveyed the community to assess health needs. Today, we request your input again in order to create a 2022 Carroll County, IA Community Health Needs Assessment (CHNA).

To gather current area feedback, a short online survey has been created to evaluate current community health needs and delivery.

While your participation is voluntary and confidential, all community input is valued. Thank you for your immediate attention! Deadline to participate is <u>March 3rd, 2022</u>

community?		Deem
Very Good Good	Average Poor Ver	Poor
2. When considering "ove	rall community health quality", i	s it
2. When considering "ove	rall community health quality", i	s it Decreasing - slipping downward
-		O Decreasing - slipping

3. In your own words, what is the general perception of healthcare delivery for our community (i.e. hospitals, doctors, public health, etc.)? Be Specific.



4. In your opinion, are there healthcare services in our community/your neighborhood that
you feel need to be improved, worked on and/or changed? (Be specific)

ified as priorities. Are any ll that apply.
ncare Policy / Advocacy
stance Abuse
of Healthcare Services
)
eases
130

6. Which past CHNA needs are NOW the "most pressing" for improvement? Please select top three.

Mental Health (Diagnosis, Treatment, Aftercare, Physicians)	Rural Healthcare Policy / Advocacy		
Obesity (Nutrition / Exercise)	Providers		
Transportation	Drugs / Substance Abuse		
Senior Care			
Dentists	Awareness of Healthcare Services		
Access to Health Services / Education	Chronic Diseases		
Smoking / Vaping			
Ambulance Staffing / Training			

7. In your opinion, what are the root causes of "poor health" in our community? Please select top three.

Chronic Disease	Limited Access to Mental Health
Lack of Health & Wellness	Family Assistance programs
Lack of Nutrition/Exercise Services	Lack of Health Insurance
Limited Access to Primary Care	Neglect
Limited Access Specialty Care	
Other (Be Specific).	

### 8. How would our community area residents rate each of the following health services?

	Very Good	Good	Fair	Poor	Very Poor
Ambulance Services	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Child Care	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Chiropractors	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Dentists	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Emergency Room	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Eye Doctor/Optometrist	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Family Planning Services	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Home Health	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Hospice/Palliative	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Telehealth	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

#### 9. How would our community area residents rate each of the following health services?

	Very Good	Good	Fair	Poor	Very Poor
Inpatient Services	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Mental Health Services	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Nursing Home/Senior Living	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Outpatient Services	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Pharmacy	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Primary Care	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Public Health	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
School Health	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Visiting Specialists	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Walk-In Clinic Access	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

### 10. Community Health Readiness is vital. How would you rate each of the following?

	Very Good	Good	Fair	Poor	Very Poor
Behavioral/Mental Health	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Emergency Preparedness	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Food and Nutrition Services/Education	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Health Screenings/Education	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Prenatal/Child Health Programs	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Substance Use/Prevention	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Suicide Prevention	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Violence/Abuse Prevention	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Women's Wellness Programs	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

11. Do you have any Covid-19 worries and/or concerns in regards to Community Health delivery?

◯ Yes	◯ No
If yes, please specify your thoughts.	

12. Over the past 2 years, did you or someone in your household receive healthcare services outside of your County?

◯ Yes	🔵 No
If yes, please specify the services received	

13. Access to care is vital. Are there enough providers/staff available at the right times to care for you and our community?

O Yes		

If NO, please specify what is needed where. Be specific.

14. What "new" community health programs should be created to meet current community health needs?



15. Are there any other health needs (listed below) that need to be discussed further at our upcoming CHNA Town Hall meeting? Please select <u>all that apply</u>.

Abuse/Violence	Health Literacy	Poverty
Access to Health Education	Heart Disease	Preventative Health/Wellness
Alcohol	Housing	Sexually Transmitted Diseases
Alternative Medicine	Lack of Providers/Qualified	Suicide
Behavioral/Mental Health	Staff	Teen Pregnancy
Breastfeeding Friendly	Lead Exposure	Telehealth
Workplace	Neglect	Tobacco Use
Cancer	Nutrition	Transportation
Care Coordination	Obesity	Vaccinations
Diabetes	Occupational Medicine	Water Quality
Drugs/Substance Abuse	Ozone (Air)	
Family Planning	Physical Exercise	
Other (Please specify).		

16. For reporting purposes, are you involved in or are you a....? Please select <u>all that apply</u>.

Business/Merchant	EMS/Emergency	Other Health Professional
Community Board Member	Farmer/Rancher	Parent/Caregiver
Case Manager/Discharge	Hospital/Health Dept.	Pharmacy/Clinic
Planner	Housing/Builder	Media (Paper/TV/Radio)
	Insurance	Senior Care
College/University	Labor	Teacher/School Admin
Consumer Advocate	Law Enforcement	Veteran
Dentist/Eye Doctor/Chiropractor	Mental Health	
Elected Official - City/County		
Other (Please specify).		
L		

17. What is your home ZIP code? Please enter 5-digit ZIP code; for example 66544 or 65305

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**VVV Consultants LLC** is an Olathe, KS based "boutique" healthcare consulting firm specializing in Strategy; Research and Business Development services. We partner with clients. Plan the Work; Work the Plan