



MANNING REGIONAL  
HEALTHCARE CENTER

An Affiliate of **MERCYONE**

# Workforce Partnerships



## YOUR PRIORITY = Top Notch Employees

OUR PRIORITY = Healthy People. Healthy Communities.

**A**t Manning Regional Healthcare Center, we believe in supporting the health and wellness of the communities we serve. That's why we employ trusted providers to deliver top-notch healthcare services close to home.

We recognize that as business owners and managers you're expected to wear many hats, but the health and well-being of your employees may not always be the easiest issue to identify. Research shows, though, that good health is beneficial for business and safe workplaces have improved financial results.

At MRHC we will customize a program or training to meet your employee and business needs. We address numerous community healthcare needs including physical, mental, and emotional health. Together, we can:

- Reduce workplace accidents
- Improve attendance and productivity
- Improve quality of life and staff retention
- Decrease worker's compensation claims

### Medical Offerings

As the primary regional hospital that services the greater Manning community, we are committed to making it easy for you and your employees to receive medical care close to home. Same day clinic appointments are offered with a variety of specialty clinic providers visiting Manning on a monthly basis. Additional medical services can be tailored to fit the needs of your workplace and discounts may be given when committing to a full employer-sponsored clinic, including:

#### Employee Wellness Clinic

- \$30 screening or \$60 w/ PSA
- Immunization & Flu Shot Clinic, Hepatitis B, Tdap
- Vitamin D (\$30)
- We can even visit your facility quarterly and conduct wellness screens at your location.

#### Evaluations & Screenings

- Back Evaluations
- Substance Abuse Evaluation
- Urine Drug Screenings
- Titers - Antibody and Immunity Screening

#### Physicals

We provide pre-employment screenings and DOT exams/physicals with a DOT Certified Medical Examiner so that you can get in and get back to your day.

#### Physical & Occupational Therapy

We evaluate employees' ability to perform job functions and offer capacity training geared to specific job duties.

#### Other Services

- Specialty Clinic Services
- Recovery Center
- Senior Life Solutions

*Your Trusted Experts Close to Home*

1550 6th Street Manning, Iowa 51455 • (712) 655-2072 • [www.mrhcia.com](http://www.mrhcia.com)



## Health Education

Our MRHC Community Health Education Coordinators will tailor educational trainings to fit your workplace needs. Choose topics relevant to your workforce. Then determine whether one session, a series of workshops, or even a health fair will work best for your team. Example topics include:

- Men's Health
- Women's Health
- Keeping Your Family Well
- Know Your Numbers
- Annual Screenings For Everyone
- Substance Abuse
- Proper Hand Washing
- Healthy Eating
- Becoming a Caretaker
- Blood Borne Pathogens
- Other Topics Available Upon Request



## Health Fair Topics

- Wellness, annual checks, immunizations
- Opioid education
- Infection control practices
- Screening (b/p, blood sugar, ect)
- Time is muscle
- Stroke prevention (FAST)
- Coping with stress
- Work life balance
- Blood borne pathogen
- Proper lifting
- 1st aide

## Training Courses

Prepare your team with the trainings that could ultimately save a life. By understanding potential hazards and effectively training your team, it's possible to keep employees safe and healthy, minimize loss of life, and decrease risk of revenue loss. Reinforce your team's understanding of health and safety management best practices by participating in any of these trainings. All courses can be offered on-site or in our MRHC training facility.

### Prime for Life (12-hour course)

The State of Iowa requires OWI offenders to complete this two-day class as well as a substance abuse evaluation, both of which are offered by the Recovery Center. To learn more, call (712) 655-2300.

### CPR/AED/First Aide (4 hour course)

Prepare your team to respond to emergencies properly. Designed and taught by our experts, American Heart Association first aid certification courses are OSHA compliant and affordable. This course trains participants to provide first aid, CPR, and use an automated external defibrillator (AED) in a safe, timely, and effective manner.

### Basic Life Support



## Partner with MRHC

- Convenient access to health care services will **reduce lost productivity** that results from a worker taking 3-4 hours to leave the worksite, travel, wait for and see health care providers and to obtain medications and services.
- Provide low- or no-cost resources to increase the use of preventive and wellness services, **lessening the severity of common illnesses**, decreasing chronic conditions that require regular checkups, improving medication compliance and improving overall patient outcomes.
- Investing in the well-being of employees can help **attract and retain employees**.
- Deliver trusted medical services direct to your employees will **reduce overall costs** and improve patient/provider relationships which result in identifying health concerns earlier.

### Proper Lifting Seminar

Teach your team how to lift properly to avoid pain and injuries. According to the 2018 Liberty Mutual Workplace Safety Index, injuries related to overexertion (lifting, pushing, pulling, holding, carrying or throwing) were the leading cause of workplace injuries accounting for more than 20 percent of all injuries and costing businesses more than \$13.6 billion

### Stop the Bleed Course

### Education of Facility Choice *Bi-Annually*



## Partner with MRHC to Improve Your Workforce

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